

## **CURRICULUM VITAE**

### **SAJITHA VARGHESE**

sajithavarghese007@gmail.com



Mob - +91-9207468910

#### **Personal Details**

DOB: 02/07/1993  
Gender: Female  
Marital Status: Married  
Nationality: Indian  
Religion: Christian

#### **Contact Address**

Pulikkapunnathil (H)  
Thirumarayoor PO  
Arakunnam via  
Ernakulam Dist  
Kerala  
PIN:682313

#### **CAREER OBJECTIVE:**

I aim to achieve professional experience by working in the most modern infrastructure atmosphere where I will be able to put in a lot of what I have learned into practice. I aspire to attain a rewarding career, both in terms of monetary level as well as in terms of job satisfaction. I wish to see myself placed in a position wherein I get to see the latest technology and the most efficient hands co-operated to save and help human lives.

#### **ACADEMIC PROFILE**

##### **Exam passed – Board/University – Year**

- Secondary School Education - General Education Department, Govt. of Kerala – 2009
- Higher Secondary School Education - Board of Higher Secondary Education, Govt. of Kerala – 2011

#### **PROFESSIONAL QUALIFICATION**

##### **Exam passed – Board/University – Year**

- B.Sc.Nursing -The Tamil Nadu Dr. M.G.R. Medical University – 2015

#### **PROFESSIONAL EXPERIENCE**

- Worked as a Registered Nurse in KIMS Hospitals Secunderabad, Telengana from 16th December 2019 to 1st February 2022 in N.I.C.U and P.I.C.U Department.
- Worked as a Nursing Aide in NTUC Health, Singapore from 26th July 2017 to 10th January 2018.
- Worked as a Staff Nurse in Rainbow Mother and Child Care Unit Nashik, Maharashtra from 1st May 2016 to 9th July 2017 in N.I.C.U Department.

**Languages Known**

English, Malayalam, Hindi

**Passport Details**

Passport No : U4565680

Place of Issue : COCHIN

Date of Issue : 26/06/2020

Date of expiry : 25/06/2030

**Hobbies**

➤ Listening to Music

**PROFESSIONAL AFFILIATIONS:**

- The Tamil Nadu Nurses & Midwives Council Reg no: 167143
- Kerala Nurses & Midwives Council Reg no: KL04202201280

**PROFESSIONAL SKILLS**

- Strong Supervisory and Managerial Skills
- Good Communication
- Team Spirt, Empathetic, competitive nature & capable to adapt various environment.
- Strong ability to find various approaches for problem solving
- Efficient and strong expeditor.

**TECHINICAL SKILLS**

Expertise in handling the following equipments

- ECG Machine
- Defibrillator and ventilators
- Multipara monitors
- Pulse Oximeter
- Oxygenator and incubators
- Syringe Pumps
- Infusion Pumps
- Central Oxygen & Suction system
- Laryngoscope
- Glucometer
- AMBU bag
- Nebulizer
- Electronic needle and Syringe destroyer

**My Strength**

I am self-motivated with good interpersonal relationship. I have a good level of emotional intelligence to get along with colleagues and I can keep myself cool in hard times. I am trained to be proactive.

Procedures/Assisted.

- Intubation
- Blood Transfusion
- Oxygen therapy
- Tracheostomy care
- Central venous catheterisation and care
- Nasogastric tube insertion
- Colostomy care
- Cardio Pulmonary Rresuscitation
- IV Cannulation
- Enema
- Collection of specimen
- ICD Drainage and care
- Pre & Post-Operative care

**DUTIES AND RESPONSIBILITIES EXERCISED**

- Admission and Discharge of the patient.
- Planning and managing patient care according to each patient's needs.
- Interviewing patients and recording their medical history.
- Obtaining patient vital signs and escorting patients to their rooms.
- Dressing wounds and prepare equipment for procedures.
- Monitoring fluid and food intake and output.
- Assist patients with transitions and ensure they understand their options.
- Providing emotional support.
- Assisting with daily needs such as bathing and dressing.
- Observation of patient's skin for potential bed sores.
- Scheduling appointments.
- Keeping medical records current.
- Billing patients.
- Assessing patient's mental health.

**Personal Attributes**

- Industrious
- Adapt to new working environment easily
- Good Team Member
- Empathetic and understanding
- Able to handle emergency situations
- Devoted to service

**REFERENCE**

1. Haritha Vijayan  
GM Nursing  
KIMS Hospitals  
Secunderabad
2. Dr. Pravin S Kale  
MBBS DCH Fellowship in Neonatology  
Rainbow Mother and Child Care Unit  
Nashik
3. Saraswathi N  
Principal  
Sri K. Ramachandran Naidu College of Nursing  
Paruvakudi  
Tamil Nadu

**DECLARATION**

I Sajitha Varghese hereby declare that above furnished details are true and correct to the best of my knowledge and belief.

Place :Thirumarayoor

Date: 25/ 05/2022

Sajitha Varghese