

## CV

### **A. PERSONAL INFORMATION**

Name: Minu Mary William

Gender: Female

DOB: 25/01/1998

Marital Status: Single

Address: Kochi, Kerala

E-mail: minumary523@gmail.com

Phone: 7306089310

LinkedIn: <https://www.linkedin.com/in/minu-mary-william-53311b1b0>

### **B. Career Objective**

Aspiring medical and psychiatric social worker looking forward to bring positive changes in the lives of people through empowerment. Goal oriented, hardworking and open to new experiences. Passionate about working in the field of mental health.

### **C. ACADEMIC QUALIFICATIONS**

<b><u>Programme</u></b>	<b><u>Year</u></b>	<b><u>Institute</u></b>	<b><u>University</u></b>	<b><u>Score</u></b>
Master of Social Work (Medical and Psychiatric Social Work)	2019-2021	Rajagiri College of Social Sciences, Kalamassery	Mahatma Gandhi University, Kottayam	4.02/5 SGPA
Bachelor of English Language and Literature	2016-2019	St. Teresa's College, Ernakulam	Mahatma Gandhi University, Kottayam	8.13/10 CGPA
Plus Two	2017-2019	St. Paul's International School, Kalamassery	CBSE	90%

### **D. ADDITIONAL QUALIFICATIONS**

1. Programme: Psychological First Aid

Institution/University: John Hopkins University

Year: 2020

2. Programme: Positive Psychiatry and Mental Health

Institution/University: The University of Sydney

Year: 2020

## **E. INTERNSHIP AND EXPERIENCE**

**Working as Project Counsellor in Ophthalmology Department, Little Flower Hospital and Research Centre, Angamaly from 22-08-2022.**

<b>Sl. No</b>	<b>Institution</b>	<b>Duration</b>	<b>Duties</b>
1.	Cochin Corporation	2 months	Counselling and Psychosocial support for people infected with COVID-19 and their families
2.	Sanjeevani Life Beyond Cancer (NGO)	3 months	Organising webinars and creating awareness about Cancer Prevention and Healthy Lifestyle.
3.	Guardian Angel's School	4 months	Counselling, Casework and Groupwork
4.	Lakshya Jeevan Jagriti (NGO)	3 months	Fundraising, Content Writing

## **F. PUBLICATIONS**

1. Title: Parent Education: A Tool to Prevent Child Abuse and Promote Child Protection  
Journal (ISBN No.): Educere - BCM Journal of Social Work, ISSN 2249-1090  
Month & Year: June, 2020

## **G. PAPER PRESENTATIONS:**

1. Title: Social Connectedness, Anxiety and Coping Strategies in Widowed Elderly during Covid 19  
Event: Rajagiri Research Conclave 2021  
Organized by: Rajagiri College of Social Sciences, Kalamassery  
Date: 1<sup>st</sup> and 2<sup>nd</sup> July 2021
2. Title: Post-Traumatic stress Disorder, Insomnia and Wellbeing in COVID-19 Survivors  
Event: Swaraj Online Conference 2021  
Organized by: Rajagiri College of Social Sciences, Kalamassery  
Date: 25<sup>th</sup> and 26<sup>th</sup> June 2021

## **H. SEMINARS/ WORKSHOPS/ CONFERENCES ATTENDED:**

1. Training on "Mental Health and Psychosocial issues in COVID19" by NIMHANS
2. Workshop on Solution Focused Brief Therapy organised by Rajagiri College of Social Sciences (Autonomous)
3. Webinar on Social Status and Legal Rights of Women organised by Madras School of Social Work from 1 June – 6 June 2021
4. Course on Technical Writing and Effective Communication

**I. AWARDS/ACHIEVEMENTS**

1. Student coordinator of DYUTI 2020, a National Conference on Migration and Social Inclusion: Perspectives for Human Rights and Social Work Practice
2. Organising member of Rajagiri Research Conclave 2021 organized by Social Work students Rajagiri College of Social Sciences
3. Term Paper on Postpartum Depression
4. Aster Volunteer for Good Touch Bad Touch Campaign – A Body Talk Series for Students and Parents

**J. SKILLS**

Active Listening	Communication Skills	Team player
Leadership Skill	Interpersonal Skills	Documentation Skills

**K. LANGUAGES KNOWN**

English, Malayalam (Read, Write and Speak)

**L. REREFENCE**

1. Mr. Justin Jose

Project Manager

Little Flower Hospital and Research Centre, Angamaly

Mob: 894332174

2. Dr. Anish K R

Assistant Professor, Department of Social Work

Rajagiri College of Social Sciences, Kalamassery

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