

CURRICULUM VITAE



SONA SADANANDAN

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Personal Details:

Father's name :Sadanandan

Mother's name :Shiny

Date of Birth : 20-01-1998

Sex : Female

Marital Status : Unmarried

Religion : Hindu

Nationality : Indian

Address for

Communication:

VARUPARAMBIL (H)
ALATHUR P O
ALATHUR
THRISSUR-680741
KERALA

OBJECTIVES:

To become a competitive and flexible staff and to widen my spectrum of knowledge to reach top of my professional growth.

EDUCATIONAL QUALIFICATION:

Course	Institution	Board/ University	Year	% of Marks
SSLC	SNDPHSS PALISSERY	State Board, Kerala	2014	79
PLUS TWO	SNDPHSS PALISSERY	State Board, Kerala	2016	72
B.SC (Nursing)	PRESIDENCY COLLEGE OF NURSING	RAJIV GANDHI University of health sciences,karnataka	2021	-

PROFESSIONAL EXPERIENCE:

Period	Hospital	Beds	Designation	Area of Experience
3 Month	CLOUDNINE Hospital,Banglore, Karnataka India	500	Training	Ward, Emergency ward,OT
3 Month	Motherhood Hospital Banglore	200	Training	Ward,Emergency ward,OT

PROFESSIONAL EXPERIENCE

- ❖ **Conducted an individualized patient assessment of the infants in the intensive care.**
- ❖ **Prioritized the data collection based on the infant and child's immediate condition.**
- ❖ **Performed assessment as determined by the infant and child's condition.**
- ❖ **Developed plan of care that is individualized for the infant and child.**
- ❖ **Performed appropriate treatments as ordered by physician.**
- ❖ **Ensured**
- ❖ **Provided care in a non-judgmental, non-discriminatory manner.**
- ❖ **Reported patient condition to appropriate personnel during each shift.**
- ❖ **Initiated emergency resuscitative measures according to infant, child resuscitation and advanced life support protocols.**
- ❖ **Responded to nursing intervention and progress towards problem resolution.**
- ❖ **Maintained confidentiality concerning patient, family and client facility staff.**
- ❖ **Ensured to maintain current competency in infant and child critical care nursing.**

EQUIPMENTS USED:

- ❖ **Defibrillator**
- ❖ **ECG Machine**
- ❖ **Syringe Pumps & Infusion Pumps**
- ❖ **Suction apparatus**
- ❖ **Mechanical Ventilators**
- ❖ **Glucometer & Nebulizer,**
- ❖ **Sphygmomanometer & Thermometer**
- ❖ **Cardiac monitors**
- ❖ **Laryngoscope**
- ❖ **Ambu Bag**

Areas of Nursing care Given

- ❖ Receiving the patient .
- ❖ Arranging all IV lines and drains.
- ❖ Monitor vital signs.
- ❖ CPR.
- ❖ Check RBS by using Glucometer.
- ❖ Administrating Medicine,TPN through infusion and syringe pump.
- ❖ Assisting in intubation and extubation, IV therapy.
- ❖ Assisting in NG and NJ tube.
- ❖ Assisting in Lumbar Puncture.
- ❖ Insertion of urinary catheter and care.
- ❖ Tracheostomy care &Nebulisation.
- ❖ Sample collection-Blood, Urine, Sputum and ABG studies.
- ❖ Aseptic wound management.
- ❖ Central Oxygen and suction
- ❖ Teaching breathing and coughing exercises.
- ❖ Pain and fever management.
- ❖ Monitoring I/O Chart.
- ❖ Blood Transfusion.

LANGUAGE PROFICENCY

Language	Read	Write	Speak
English	✓	✓	✓
Hindi	✓	✓	✓
Tamil			✓
Malayalam	✓	✓	✓

DECLARATION

I here by declare that the above mentioned information are true correct to the best of my knowledge and belief.

Sona Sadanandan

Date:10-01-2022

Place:THRISSUR