

## **PERSONAL DETAILS**

### **ADDRESS:**

D/O Idiculla Varghese  
Vaippana Thekkethil Alen Villa  
Nedumpuram P.O  
Thiruvalla, Pathanamthitta. Kerala

### **PHONE NUMBER:**

8606338369

### **EMAIL:**

anjuv1997@gmail.com

**Date of Birth:** 13<sup>th</sup> August 1997

**Place of Birth:** Kerala

**Gender:** Female

**Nationality:** Indian

**Marital Status:** Unmarried

**LinkedIn:** <http://linkedin.com/in/anju-varughese-57a654200>

## **LANGUAGE SKILLS**

- English
- Malayalam
- Basic knowledge in Hindi, Kannada, and Tamil.

## **SOFTWARE LITERACY**

MS Word, MS Excel, MS PowerPoint

## **AREA OF INTEREST**

Clinical pharmacy practice  
Pharmacovigilance  
Clinical Research  
Clinical Pharmacologist  
Physician Assistant  
Medication Error Management



**Dr. ANJU VARUGHESE**  
**DOCTOR OF PHARMACY (PHARM D, RPh)**

## **CAREER OBJECTIVE**

An accountable and responsible individual with a strong focus on patient wellness seeks placement in an organization that provides opportunities for challenging and rewarding career by applying my knowledge, skills and potential to improve the quality of patient care through clinical pharmacy services.

## **ACADEMIC QUALIFICATIONS**

**Doctor of Pharmacy (PharmD)** with **76.6%** (2015-2021) Bapuji Pharmacy College, Davangere. Karnataka (Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka).

**HIGHER SECONDARY-SCIENCE** with **91%** (2015) Syrian Christian Seminary Higher Secondary School, Thiruvalla, Pathanamthitta. Kerala.

**HIGH SCHOOL** with **95%** (2013) ST. Thomas E.M.H.S.S Neerattupuram, Alappuzha. Kerala.

## **STRENGTH AND ADDITIONAL QUALIFICATIONS**

- Good motivational and communication.
- Ability to maintain effective working relationship with co-workers, management and clients.
- Flexibility to do any type of work related to subject.
- Ability to interact patients of different age groups.
- Excellent time management and logical thinking skills.
- Ability to lead the team and willingness to learn.

- Eager learner, adoptive and able to grasp new ideas & concepts quickly
- Dedication and consummate skill towards work.
- Interested to work for patient safety

### **WORK EXPERIENCE**

- **PURSUED 12 MONTHS OF INTERNSHIP AS CLINICAL PHARMACIST IN SS INSTITUTE OF MEDICAL SCIENCE AND RESEARCH CENTRE, DAVANGERE. KARNATAKA.**
- Provided clinical and hospital pharmacy services in
  - General Medicine (6 months)
  - Pediatrics (2 months)
  - Surgery (2 months)
  - Orthopedics (2 months)
- Provided **patient care and clinical pharmacy services for COVID patients during COVID duty.**
- Involved in **drug dispensing** and providing exceptional care to patients in **hospital pharmacy.**
- **Reporting ADR** in consultation with the physicians and reporting literatures.
- Attended **medical camps** in rural areas of Davangere along with medical team.
- **Treatment Chart Review**
- **Patient Counselling**
- Identified **IV Incompatibilities** and closely monitored **drug interactions**

### **DISSERTATION**

COMMUNITY BASED STUDY ON PREVALENCE AND PATTERN OF SELF-MEDICATION PRACTICE AND ITS ASSOCIATED FACTORS IN S.S LAYOUT, DAVANGERE.

### **INTERNATIONAL PUBLICATIONS**

- Nazish Fathima, Anitta Mariam Jacob, Anju Varughese, Arpitha Abraham, Asha Mathew. Community based study on prevalence and pattern of self-medication practice and its associated factors in S.S Layout, Davangere. (Asian Journal of Pharmaceutical and Clinical Research).

- Dr. Nazish Fathima, Arpitha Abraham, Anitta Mariam Jacob, Anju Varughese. Depression and its associative management in Cardiovascular disease. (European Journal of Pharmaceutical and Medical Research)

### **CLERKSHIP**

- Attended pre-ward rounds and ward rounds.
- Conducted patient history interviews and patient counselling.
- Presented case studies focusing the pharmacotherapy of certain diseases.

### **CONFERENCES/SEMINARS**

- One-day National seminar on “Modern Trends in Pharmacy Practice” on 11<sup>th</sup> November 2017 at SSIMS & RC Davangere, Karnataka.
- Two days international conference on “Skilling pharmacist for Global Health Care Challenges” on February 17<sup>th</sup> and 18<sup>th</sup> 2018 at Rajiv Gandhi Kala Mandir, Ponda. Goa.

### **DECLARATION**

I hereby declare that the above furnished details are true to the best of my knowledge and belief

place: PATHANAMTHITTA

**Dr. Anju Varughese**

### **REFERENCE**

Dr.A.P.Basavarajappa, M.Pharm, PhD, Principal of Bapuji Pharmacy College, Davangere. Karnataka.  
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Dr. J. Thimmasetty, M. Pharm, Ph.D, Professor and HOD ,  
Department of Pharmaceutics, Bapuji Pharmacy College,  
Davangere. Karnataka.  
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