

#### **ABOUT INFO**

MALE
04/11/1997
VATTAPARAMBAN H NAYATHODE
P.O ANGAMALY, ERNAKULAM
KERALA, PIN CODE 683572
9539502683

#### SKILLS

#### LANGUAGES

- ENGLISH
- MALAYALAM
- KANNADA
- HINDI

### CLINICAL SKILLS

- HANDLING PRE AND POST OPERATIVE PATITENTS
- STROKE REHABILITATION
- MOBILISATION TECHNIQUES
- CARDIO-THORACIC AND CRITICAL CARE UNIT
- SPORTS INJURIES
- ERGONOMIC ADVICES
- NEURO-REHABILITATION
- MUSCULOSKELETAL DISORDERS
- GERIATRICS

# PERSONAL SKILLS

- PATIENT HANDLING SKILL
- PROFESSIONAL MANNERISM
- ACTIVE LISTENING
- TIME MANAGEMENT
- SINCERITY AND CONFIDENCE

#### REFERENCE

Dr. VIJAY SAMUEL PRINCIPAL, SHREE DEVI COLLEGE OF PHYSIOTHERAPY MANGALORE vijaypt72@gmail.com 9448205025

# ALVIN VARGHESE

# PHYSIOTHERAPIST

#### **OBJECTIVE**

Seeking for a position in the field of physical therapy as a clinical physiotherapist where my knowledge and abilities will be employed in providing comprehensive care to patients and supporting the mission, vision and value of the organization while achieving career growth and development as add on to my achievements.

#### **WORK EXPERIENCE**

#### INTERNSHIP

#### -INDIANA HOSPITAL AND HEART RESEARCH INSTITUTION

- REHABILITATION OF COVID PATIENTS IN ICU
- PRE AND POST OPERATIVE REHABILITATION
- OPD PATIENT MANAGEMENT

# -GOVERNMENT WENLOCK DISTRICT HOSPITAL, MANGALORE DEPARTMENTS COVERED

- OUT PATIENT DEPARTMENT
- ORTHOPAEDICS AND TRAUMATOLOGY
- GENERAL MEDICINE
- NEUROLOGY AND NEURO-SURGERY
- PAEDIATRICS
- INTENSIVE CARE UNIT
- BURNS WARD
- COVID DEPARTMENT

# -SAI PHYSIOTHERAPY CENTER, MANGALORE

- -LADY GOSCHEN GOVERNMENT HOSPITAL, MANGALORE
- -LITTLE SISTERS OF POOR, OLD AGE HOME, MANGALORE
  -SHREE DEVI COLLEGE OF PHYSIOTHERAPY CLINIC, MANGALORE
- STIRLE DEVI COLLEGE OF FITTSTOTTLERAFT CLINIC, MANGALOR

# **EDUCATION**

# BACHELOR OF PHYSIOTHERAPY

RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCE SHREEDEVI COLLEGE OF PHYSIOTHERAPY, MANGALORE |2016-2021 HIGHER SECONDARY

ST. THOMAS HSS MALAYATOOR 2014-2016

# WORKSHOPS AND CONFERENCES ATTENDED

- MANAGLORE PHYSIOCON 2022
- CONFLUENCE 2019, NATIONAL PHYSIOTHERAPY CONFERENCE
- IAP CONFERENCE BANGALORE 2019
- WORKSHOP ON PHYSIOTHERAPY IN INDIA, FITNESS AND SPORTS MEDICINE AND LATEST TECHNIQUES OF QUICK RELIEF -MANGALORE PRECONFERENCE 2017
- MANGALORE PHYSIOCON 2017