VIMAL THOMAS

CONTACT ME AT

- Thaiparambil House, Pathirappally P.O, Alappuzha,Kerala, India
- vimalthomassocialworker@gmail.com
- @vimal thomas
- 8921339178

PROFILE

Final year Medical and Psychiatry Social Work student in Roshni Nilaya, School of Social Work, Autonomous, Mangalore.

I am a passionate social worker, looking forward to working in schools , hospitals and in other organizational settings to assist the people to enhance the quality and happiness quotient of their lives by helping them to deal with the situations and problems radically and with professional expertise.

SKILLS AND PROFICIENCY

- Communicative skills
- Problem solving skills
- Leadership skills
- Fluent in English
- High Literacy Skills (Writing,Spelling,Vocabulary)
- Eye for detail
- Organizing and Time management skills
- Interpersonal Skills
- Computer skills
- Team player, Empathic, Social, Patient, Diligent, Punctual

EXPERIENCE

- Internship of one month in Soft Mind Counselling Centre, Kochi, Kerala, India (17,February 2022 –25, March 2022)
- Research on 'Psycho-Emotional Status of Post Covid-19 Patients' conducted in the partial fulfillment of the requirements for Post Graduation in Social Work. (April 2022)
- Participated in the 24 hours 'National Level Intensive Training on Clinical Social Work Practice' (18, October 2021 – 18, November 2021)
- Field Work Practice of 22 days in Link De-Addiction and Counselling Centre (21, November 2020 – 24, March 2021)
- Worked as an English tutor in a parallel College for two years (2018-2020)
- Trained more than 300 students in Spoken English through online classes (2020-2022)

EDUCATION HISTORY

Masters in Social Work	(MEDICAL & PSYCHIATRY)	2020-2022

**Roshni Nilaya
School Of Social Work, Mangalore**

-Specialized in Medical and Psychiatric Social Work.
- Gained extensive training and field work experience in Medical and Psychiatric Social Work

BA in English Literature		2017-2020

**Indira Gandhi National
Open University**

- Academic Excellence in English and Literature
-Gained proficiency in English Language