# **CURRICULAM VITAE**

# **PROFESSIONAL OBJECTIVES**

LOOKING for an opportunity in prestigious Organization Where I Can expose My experience and in nursing besides improving my skill and learning new technologies.



### PERSONAL PROFILE

NAME : ASWATHY B S

Father's Name : K.Balachandran

Date of Birth : 29/04/1995

Sex : Female

Marital Status : NA

Nationality : Indian

Religion & Caste : Hindu, Sambava

Present address : Sabari Bhavanam, Ozhukupara, Polachira PO

Paravur, Kollam Dist,

Kerala State, India.

Pin: 691334

Languages Known : English, Hindi, Malayalam

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## **EDUCATIONAL QUALIFICATION**

Course	Year	Nameof Institution/University	Board/University
SSLC	2010	GOVERNMENT .HS ,NEDUNGOLAM	KERALA
PLUS TWO BSc.Nursing	2012 2012 to 2016	NSS HSS CHATHANNOOR CHITRA COLLEGE OF	KERALA KUHS
		NURSING ,PANDALAM	

#### PROFESSIONAL EXPERIENCE

Sl.No	Name of Hospital	Place of worked	Period
1.	Ramaroa Govt Taluk Hospital ,Nedungolam,Kollam District	Casualty ,Ward	Six Months from 16/03/2017 to 28/09/2017.
2.	Max Super Speciality Hospital	Neuro Surgery Ward	Two years from
	,Saket New Delhi.		09/10/2017 to 05/10/2019.
3	Rajagiri Hospital, Chunangamvely,	Oncology, Cardiology	Eight Months from
	Aluva.Ernakulam.	Ward.	18-11-2019 to 1- 07-2020

### **NURSING SKILL AND PROCEDURE**

- \* Admission of patient and orientation of units
- ❖ Maintain good interpersonal relationship with patients, colleagues and supervisors.
- Physical and Psychological support to the patients.
- ❖ Monitoring vital signs, B.P and Cardiac Monitoring.
- ❖ IV line insertion and IV infusion.
- Medicine administration by veins, muscles, dermal subcutaneous, orally and inhalation etc.
- \* Ryle's tube insertion and feeding.
- Monitoring saturation, CVP and Arterial BP.
- ❖ Foley's Catheterization and Catheter care.
- Bed making, Bed side care.
- Wound dressing.
- ❖ Suture removal.
- Bladder wash.
- CPR, Ambuing
- Gastric Gavage.
- Preventing patient from bedsore.
- Maintain input and output chart.
- Ward Management.
- Care of Ventilator patient.
- ❖ Preparation of patient for surgery and diagnostic procedure.

- **&** ECG Monitoring.
- ❖ Defibrillation.
- ❖ Assisting for intubation and CVP line insertion.
- Discharge procedure's.

# TYPE OF EQUIPMENT HANDLED

- ❖ Pulse Oxymeter, Centralized Oxygen & Suction.
- ❖ Nebulizer, steam inhaler, glucometer.
- Defibrilation
- High frequency ocillator
- Ambubag
- Ventilator
- ECG Machine
- Syringe and infusion pumps
- Bubble CPAP
- Cardiac Monitors
- Arterial pressure monitoring
- Weighing Machine
- ABG Machine

### PROCEDURE ASSISTED

- CVP Line insertion
- **❖** Arterial line insertion
- Oxygen administration through Nasal cannula facemask
- Infant feeding
- Checking RBS with glucometer
- Femoral Sheath insertion
- Blood Transfusion
- \* Ryle's Tube insertion
- Assisting CPR
- Urinary catheterization
- Incision and Drainage
- Lumbar Puncture
- ICD
- Bladder irrigation
- Stomach wash
- Endotracheal intubation and Extubation

### SPECIAL PROCEDURES DONE/ASSISTED

- 1. CPR technique
- 2. Catheterization
- 3. Wound dressing
- 4. Peritoneal Dialysis
- 5. Blood transfusion
- 6. Enema
- 7. ECG

# FAMILIAR WITH THE FOLLOWING MACHINES AND EQUIPMENTS

- 1. Cardiac monitor
- 2. Pulse oxymeter
- 3. ECG machine
- 4. Oxygen cylinder
- 5. Suction apparatus
- 6. Defibrillator
- 7. Ventilator

### **DUTIES AND RESPONSIBILITIES**

- 1. Checking vital signs
- 2. Inform the patient before whatever doing
- 3. Punctuality
- 4. Putting IV cannula
- 5. Check the medicines label before giving
- 6. Get the co-operation from the patient by explaining the procedure
- 7. Right time right dose of medicine to right patient
- 8. Transfusion of blood product with close monitoring
- 9. Suctioning –oral, endotracheal tube, tracheostomy tube
- 10. NGT feeding
- 11. Giving health education and psychological support to patients and parents

## **DECLARATION**

I hereby declare that the information given above is true and correct to the best of my knowledge and belief.

Place: Kollam, Aswathy BS

Date: 29/09/2020.

