RESHMA THUNDIL THANKAM

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PROFESSIONAL SUMMARY

WORK HISTORY

To obtain a registered nurse position at an organization, which will create opportunities to expand my practical experience and knowledge while at the same time providing quality healthcare and discharging my duties effectively, also enhancing the institution reputation.

10/2017 - 04/2022	 INTERNSHIP Kerala Institute of Medical Science (KIMS) – Trivandrum Monitored patient conditions, continuously assessing vitals to ensure ongoing quality care. Cooperated with multidisciplinary teams to deliver health care plans. Worked with family and carers to understand and assess patients' health needs. Provide nursing care of Acutely ill patients.
09/2019 - 11/2019	 INTERNSHIP Government Mental Hospital – Peroorkada, Trivandrum Gained understanding of health inequalities affecting disadvantaged and vulnerable people. Proactively applied safeguarding principles to maximise patient safety. Provided first-class nursing care in assigned units. Supported large caseloads with limited hospital resources.
SKILLS	

- Flexible and Adaptable
- Decision Making
- Problem-Solving

- Self-Motivated
- Multitasking Abilities

- Planning and Coordination

EDUCATIONAL DETAILS

QUALIFICATION	BOARD/UNIVERSITY	YEAR OF PASSING	PERCENTAGE/GRADE
B.sc Nursing	Kerala University	2022	First Class
	of Health Sciences		
Higher secondary (12 th)	Kerala Board of Higher Secondary Education	2017	93%
SSLC(10 th)	Kerala Board of Public Examination	2015	94%

HOBBIES

Travelling **Reading Books**

PASSPORT DETAILS

Passport No: V2732499 Place of Issue : Trivandrum Date of Issue : 10-09-2021 Date of Expiry : 09-09-2031

PROJECTS

Knowledge regarding basic life support among young adults.

The objectives of the study were to assess the Knowledge regarding Basic life support among young adults and to find out the association between knowledge regarding basic life support among young adults and the socio*-demographic variables.

ACCOMPLISHMENTS

- Achieved 75% Score in the world TB Day e-Quiz competition organized by Department of Community Health Nursing, Kims hospital.
- Proficient in MS Office.

DECLARATION

I hereby declare that the details and information given above are complete and true to the best of my knowledge.