

## Curriculum Vitae



### **ASHA GEORGE**

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Permanent Address:

C/O Jinu Varghese,  
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Pathinamthitta Dist,  
Kerala State-689543  
India

### **Personal Details:**

Date of Birth : Mar 17, 1983

Sex : Female

Nationality : Indian

Religion : Christian

Marital Status: Married

Pasport No : V0871733

Date of Issue : 08/04/2021

Date of Expiry: 07/04/2031

Place of Issue: cochin

Languages : English,

Malayalam, Arabic, Hindi

### **Objective:**

I am polite, sincere, and self motivated person. I will try my best to be a successful nurse in my challenging career in nursing profession. I enjoy my profession and I will be able to deliver a safe and quality care to ill patient and clients .I am desirous of taking up challenging jobs and executing them in time and to the satisfaction of the clients under my care

### **Educational Qualifications:**

- Diploma Nursing (GNM) from Medical Trust Institutions-Cochin, Kerala Nursing Board(University), (2002-2005) -- 68%
- XII<sup>th</sup> from Kerala State Board of Secondary Education (2001) -- 82%
- X<sup>th</sup> from Kerala State Board of Secondary Education (1999) -- 64%

### **Professional Registration:**

- Kerala Nurses and Midwives Council-Reg No: **45190**

### **Professional Experience:(Total-16yrs) (Gulf-7yrs)**

- 4 years working in Muscat as senior staff nurse in medical surgical ward and clinical auditor is the last designation.

- 4 Years Nearly in Yashomati Hospitals (P) Ltd, Bangalore,300 Bedded,Bangalore, India as Senior Nurse(Medical Surgical ICU& Ward) March2013-January 2017) Still.
- 2 years in Meridian Hospital, Bangalore as Staff Nurse in Medical ICU dept from April 2011 to March 2013)
- 3 years in Prince Abdul Rahman Al-Sudairy Hospital Sakaka, K S A ,450 beded Superspeciality Hospital) as a Staff Nurse in Neurology ICU from(April 2008- Mar 2011)
- 1 year as a Staff Nurse in ICU dept in Mercy hospital, Kanoor,India (Mar 2007- Mar 2008)
- 2 years as a Staff Nurse ICU dept- Neurology at Medical Trust Hospital from (Mar 2005-Mar 2007)

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### **Camps Attended:**

- Cardiology camp organized by Govt General Hospital Ernakulam,India
- Blood donation camp organized by NSS
- Polio eradication programe organized by govt of India
- Vitamine A Prophylaxis programe organized by P H C Ernakulam,India

### **Job details:**

- Maintaining strict control of stock and supplies
- Reporting and ensuring that equipments are in good position
- Performing concurrent patient record and discuss with all
- Ensuring the safe keeping of the patient belongs
- Controlling and checking of schedules medications
- Providing health education to the patient and family
- Education directing assessing and supervising staff regarding work performance
- Management of the patient care under doctor's orders
- Keeping all the documents confidential
- patient care regarding medical and surgical cases , treatment ,
- short and long term maintenance.
- Preparation of patient records and handover to sister in charge
- Lesion with physician and staff
- Resuscitation procedure;
- Infection control managements of ivf, blood transfusion
- Oxygen administration, suctioning, steam inhalation,
- mobilization, care one patient on ventilator,
- Collecting of specimen
- Nasogastric feeding, maintain input and output chart
- Wound dressing, back care, mouth care, care of eyes and ears,
- bathing positioning the patient.
- Assisted in intubation, extubation, lumbar puncture, suturing and
- removal wound dressing, cardiac monitoring

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### **Duties & Responsibilities as Registered Nurse :**

#### ***(Brief Description of Clinical Duties):***

- Pain management
- Pressure area care as appropriate
- Mobilization of the patient
- Bathing, feeding, and other activities that pt is unable to do so
- Monitoring vital signs
- Blood glucose testing
- Doing urine analyzing
- Monitoring intake and output chart
- Care of urinary catheter
- Care of unconscious patients

### **Equipments / Instruments Familiar:**

- Thermometer pulse oxymeter,
- Cardiac monitor, nebulizer,
- Steam inhaler, infusion pumps,
- Multipara monitor,
- Ventilator,
- Suction apparatus,
- Blood transfusion set,
- Syringe pump,
- Oxygen apparatus (wall and portal)
- Ambubag with mask,
- Arterial blood gas analyser

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### **Professional Training Acquired:**

- Dedicated and patient-focused Registered Nurse with Proven strengths in acute patient care staff development and family advocacy.
- Exceptional capacity to multitask; manage numerous, often competing priorities with ease while fostering the provision of superior patient care.
- Administrative and referral experience including admissions, assessment, treatment, referral and education for a wide range of patients.
- Widely recognized as an excellent care provider and patient advocate.
- Outstanding interpersonal and communications skills; superior accuracy in patient history, charting and other documentation

### **Strengths & Other Activities:**

- Team spirit
- Patience
- Punctual
- Effective communication skills
- Expects in perfection in every work
- Optimistic
- Hard working
- I have sufficient computer skills in MS & Internet surfing.

### **References:**

- |   |   |
|---|---|
| 1. Dr. Radhakrishnan<br>Consultant Neurologist<br>Medical Trust Hospital<br>Ernakulam, Kerala, India<br>+91- 484 2358001. | 2. Capt. Icy Joseph<br>Nursing Superintendent<br>Medical Trust Hospital<br>Ernakulam, Kerala, India<br>+91- 484 2358001 |
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I hereby declare that the above mentioned details are true to my knowledge and my conscious.

Date:15/05/2022

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Place: INDIA

**ASHA GEORGE**