



Joyal Sebastian

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An enthusiastic & high energy-driven professional, targeting assignments in **Clinical Pharmacy/ Pharma / Healthcare / Medical / R&D** with an organisation of high repute
Location Preference: Bengaluru, Chennai, Coimbatore, Kochi, Mumbai & Gulf

PROFILE SUMMARY

- Result-oriented professional with **4.3 years** of experience as **Clinical Pharmacist**
- Skilled in Pharmacotherapy, Pharmacology, Clinical Trials, Clinical Research, Biopharmaceutics, Pharmacokinetics, ADR reporting
- Capable of answering drug information queries to healthcare professionals
- Possess excellent interpersonal, critical & analytical thinking, leadership and team building skills

CORE COMPETENCIES

Clinical Pharmacy
Clinical Research
Pharmacotherapeutics
Pharmacokinetics

Pharmacovigilance
Clinical Trials
Pharmacology
Drug information services

Patient Counseling
Biotechnology
Evidence Based Medicine (EBM)

WORK EXPERIENCE

Sep'19-Jan 22 Present with Rajagiri Hospital(JCIA), Aluva, Kochi as Clinical Pharmacist

Role:

- Reviewing and evaluating medication orders prior to processing for appropriateness and completeness with respect to patient data including age, height, weight, diagnosis, allergy, laboratory values, and other pertinent patient information in a timely manner
- Assuring that the patient profile presents no significant problems in regard to drug interactions, incompatibilities, therapeutic duplications or patient safety
- Performing all functions according to established policies, procedures, regulatory and accreditation requirements, as well as applicable professional standards
- Participating in quality improvement activities
- Participating in patient care ward rounds in various multidisciplinary units and interacting with patients, physicians and other health care providers in selecting the cost effective evidence based medication therapy which meets the patients needs and contributes effectively to the overall therapy goals
- Undergoing prescription auditing which includes, check for right drug, dose, dosage form, route of administration, strength and frequency, generic and therapeutic duplications, allergies, contraindications, dose adjustments in renal, hepatic, paediatric and geriatric populations based on PK parameters, drug interactions and IV incompatibilities
- Performing medication reconciliation at the time of admission, transfer and discharge of a patient in order to avoid medication errors such as; failure to prescribe clinically important home medications while in hospitals ; duplicate therapy at discharge ; & misses or duplicated doses resulting from inaccurate medication records
- Facilitating safe medication management practices for medications by utilizing efficient and effective systems to reduce potential errors and adverse drug events
- Assessing appropriateness of chemotherapy with patient related factors and safe compounding of various regimens of chemotherapy within Bio safety cabinets

- Monitoring the issue, usage, storage and disposal of Narcotics as well as other high alert medications in the wards as per organisational policy
- Providing advice to patients on proper usage & effects of medicines
- Active role in ADR reporting and monitoring programs
- Antibiotic stewardship programme; its monitoring and reporting

Significant Accomplishments:

- Enhanced awareness of diseases and medicines
- Established & maintained strong relationship with nurses and doctors
- Played a key role in educating medical professionals on the advantages of drugs of the organization
- Enhanced clinical pharmacy services skills

Jun'17-Jul'19 with Apollo Hospitals Enterprise Limited(JCIA, 700 bedded Hospital), Chennai as Clinical Pharmacist

Role:

- Checked prescriptions for appropriate dosage, drug interactions, allergies and contra-indications before indenting & dispensing medications
- Adjusted dosage for renal & hepatic patients and educated them on proper medication use
- Conducted routine inspections of medication storage in bed side areas
- Displayed patient-oriented and comprehensive clinical pharmacy services & pharmaceutical care
- Communicated regularly with physicians, nurses & dietitians and managed online drug related queries
- Monitored high alert medications & narcotic usage; verified the Narcotic Indents on daily basis ; exhibited proficiency in chemo admixing
- Maintained & monitored crash cart / emergency cart medicines, ward stocks, kit box medicines & ambulance kit medicines
- Reconciled medication during admission, transfer and discharge
- Prepared & reported antibiotic consumption on monthly basis ; monitored consumption of high end antibiotics, ADR Reporting, Defined Daily Dose (DDD) and Days Of Therapy (DOT)
- Tracked & reported Medication errors (Prescription, transcription, administration & dispensing errors) ; submitted Medication Error Daily Report to concerned department Head office (DMS, ND) as per policy
- Examined the home medications for appropriateness and registering them in a prescribed format whenever approved by DTC convener
- Counseled patient in OP Pharmacy regarding safe & rational use of drugs
- Audited prescription & submitted monthly reports to Clinical Pharmacologist

EDUCATION

- Pharm.D. from **The Tamil Nadu Dr. M.G.R. Medical University, Chennai** with 74.1% in 2016
- 12th from **St. Joseph Higher Secondary School, Pulincunoo**, KSEB Board with 85.1% in 2010
- 10th from **Government Higher Secondary School, Kidangara**, KSEB Board with 93% in 2008

INTERNSHIP

Dec'13-Dec'16 with Government Hospital, Erode, Tamil Nadu as Intern

Key Learnings:

- Developed clinical pharmacy skills including patient therapy & drug information through inpatient and outpatient hospital services and clinical ward rounds
- Enhanced communication skills by interacting with doctors, other healthcare professionals and patients in a professional yet relatable way
- Broadened skills in monitoring ADR, finding drug interactions, patient counseling, medication adherence and various drug related error

IT SKILLS

- MS Office
- SPSS Software
- POISINDEX
- MICROMEDEX
- UpToDate

CERTIFICATIONS

- Certificate of Participation in 6th Edition of JCIA Auditing, Apollo Hospital, Chennai (Dec'17)
- Antimicrobial Stewardship Certified (Jul'19)
- Chemo-Admixture Certificate (Jul'19)
- Certified by Apollo Hospital, Chennai on Basic Life Support (BLS) (Jun'17) and Fire Safety & HAZMAT (Jun'17)
- Previously Registered Pharmacist (Registered Pharmacist No 167/A) under Tamil Nadu Pharmacy Council(TNPC) from 31/08/2017
- Currently Registered Pharmacist (Registered Pharmacist No. 69528) under Kerala Pharmacy Council(KPC) from 19/10/2019

PUBLICATIONS

- "Impact of Pharmacist Intervention in Type-2 Diabetes Mellitus Counseling Program in Rural Community" Indian J Pharm Sci 2017; 79(5):701-706
- "Impact of Pharmacist Intervention on Blood Pressure Screening Promotion and Education in Rural Area" Asian J Pharm Clin Res. 2016; 9(3): 1-5
- "Clinical Pharmacist Roles in Nephrology Unit: A Multifocused Approach" Wjpps. 2016; 5(11): 1-16
- "A review on Esophageal Cancer and Monitoring the Adverse Drug Reaction of Chemotherapeutic Agents Prescribed for Treating Esophageal Cancer" Journal of Pharmacreations. 2014; 1(3); 1-4

PRESENTATION

- Presented "Impact of Pharmacist Intervention on Quality of Life among Hypertensive Patients" in Indian Congress of Pharmacy Practice & 2nd Convention of IACP, Coimbatore (Apr'16)

CONFERENCES/SEMINARS

- Symposium on Oncotherapeutics held at HCG Bangalore (Mar'19)
- CEP on "Dimensions of Pharmaceutical Care Skills", J.K.K. Nattraja College, Kumarapalayam (Jul'16)
- IACP Conference on "The Responsible Pharmacist: Transforming Patient Care", Coimbatore (Apr'16)
- Participated in national level seminar on "Role of Clinical Pharmacist in India towards Safe and Better Medicines", J.K.K. Nattraja College of Pharmacy, Kumarapalayam (Apr'16)
- Attended IACP Conference on "Pharmacy Practice Module - Advanced Learning Series 4, on Infectious Disease", Salem (Jul'15)
- National level seminar on "Applied Pharmacokinetics", JSS College of Pharmacy, Ooty (Jun'15)
- IACP conference on "Advancing pharmacy practices in India: The next generation Pharmacist" held at Sheraton hotel, Bangalore(Feb'14)
- Workshop on "Rational Use of Drugs and Essential Medicines", Nandha College of Pharmacy, Erode (Aug'13)
- Seminar on "Widening the Horizons for Practicing Pharmacist in Industry and Hospitals", PSG College of Pharmacy, Coimbatore (Jul'13)

EXTRACURRICULAR ACTIVITIES

- Volunteered in Blood Donation Camp at The Tamil Nadu Dr. MGR Medical University, Chennai (Jun'13)

PERSONAL DETAILS

Date of Birth: 28th Feb 1993
Language Known: English, Tamil, Hindi & Malayalam
Address: Vadakara Puthenparambil House, Kidangara, Alappuzha – 686 102, Kerala
Nationality: Indian
Marital Status: Single
No. of Dependents: 0
Passport No.: N5170436
Visa Status: N/A
Driving License: N/A