

# SAPNAL SARAH VARGHESE

Arayalummottil house Puthencavu po Chengannur Alaphuzha Kerala  
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## Objective

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To enhance my professional skills capabilities and knowledge in an organisation which recognises the value of hardwork and trusts me with responsibilities and challenges

## Experience

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- **Life care polyclinic thiruvegapura**  
Physiotherapist

- **Iqraa international hospital and research centre**  
Intern

- **City hospital and charitable trust**  
Student Physiotherapist

- **Sanidhya special school, Mangalore**  
Student Physiotherapist

## Education

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- **Rajiv Gandhi University of Health Science**  
Bachelor of physiotherapy

- **Mar Dionysius Senior Secondary School**  
Higher secondary

- **Mathews Mar Athanasius Residential School**  
Secondary education

## Skills

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- Evaluated , planned and administrated treatments for individuals through collaboration with physical therapist
- Performed prognostic and diagnostic tests to examine muscle, nerve , joint and functional abilities
- Updated and maintained charts to reflect on patient progress and their treatment. Pursues on going professional development

## Achievements & Awards

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- Attended international physiotherapy conference organised by south canara physiotherapy teachers association in year 2018
- Attended national physiotherapy conference organised by laxmi memorial college

## Language

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- MALAYALAM (native/bilingual proficiency)
- ENGLISH(full professional proficiency)
- Hindi(elementary proficiency)
- Kannada(elementary proficiency)

## Additional Information

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DOB :19th April 1998  
Father : A.G VARGHESE  
Mother : THRESIA VARGHESE  
Gender : Female  
Marital status : single  
Nationality : Indian

## Declaration

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- I have ensured that the above mentioned statements are true to best of my knowledge and belief



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