

# CURRICULU

**MS. JIFNA P.S.**

THAZHUTHEKUDY (H)

ADIMALY (P.O)

IDUKKI, KERALA, INDIA

Ph:98 713 58 713

**POST APPLIED FOR: STAFF NURSE**

**CARRIER OBJECTIVE :**

To achieve success & knowledge in Modern Health Care field & to strive hard for carrier development there by benefiting the institution & serve to the best of my ability.

**PERSONAL DATA :**

Name	: Ms.Jifna P.S.
Name of the Father	: Mr. Stephen
Date of Birth	: 26 June 1995
Sex	: Female
Religion	: Christian
Nationality	: Indian
Mother Tongue	: Malayalam
Marital Status	: Married
Language Known	: English, Malayalam & Hindi

**PASSPORT DETAILS :**

Passport Numbers	: R8066088
Date of Issue	: 25/1/2018
Date of Expiry	: 24/1/2028
Place of Issue	: Cochin

**EDUCATIONAL QUALIFICATION :**

Course	Institution	Board	Year of Passing	% of Marks
S.S.L.C	GOVERNMENT H.S.S MARAYOOR.	Govt. of Kerala	2011	70%
Plus Two	GOVERNMENT H.S.S. MARAYOOR	Govt. of Kerala	2013	68%

**PROFESSIONAL QUAIFICATION :**

Course	Name of Institution	Board/University	Year of Passing	% of Marks
Bsc.Nursing	Assisi College Of Nursing, Kottayam, Kerala.	Kerala University Of Health Science, Thrissur, Idukki.	2017	60%

**PROFESSIONAL LICENSE :**

Name of the Council	Registration No.	Date of Registration
Delhi Nursing Council	73489	01/03/2018

**WORK EXPERIENCE :**

Name of the Hospital	Designation	Department	Duration
Indraprastha Apollo Hospital, New Delhi	Staff Nurse	CCU	05/03/2018 to 30/5/2020

**ROLES & RESPONSIBILITIES :**

- To practice nursing within the professional code of ethics
- To take responsibility for a caseload of serves and their care
- To develop clinical expertise, leadership and teaching skills through an evidence based approach to care delivery.
- Follow appropriate lines of authority within the nurse's management structure.

- Participated in the setting of professional standards. Understand and co-operate with the need to measure and audit as required and develop teaching skills.
- Caring for patients using evidenced based practice enduring the highest professional standards and maintained.
- Perform cardiac nursing procedure and treatments. Maintain appropriate of the nursing care given of the patient's condition and their responses to treatment.
- Report on the condition of patients to nurse in charge to medical staff
- Communication with relative of patients with their condition
- Assist in organization the admission and discharge of patients
- To report and record all clinical incidents according to hospital policy
- Maintain a safe environment for patients, relatives, staff and members of the public informing appropriate personal of risks and take appropriate action.
- Assist the Nurse incharge in the preparation of Competency Assessment report on Student Nurse.
- Foster good working relationship between colleagues and other staff by maintaining a high professional standard.
- Participated in education, safety and other hospital committees. Contributes to the formulation and development of Multidisciplinary guidelines, policies and procedure.
- Orientate new staff to the Cardiac Unit.

<b>EQUIPMENTS HANDLED:</b>
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- |  |   |
|--|---|
| <ul style="list-style-type: none"> <li>▪ Ventilator</li> <li>▪ Defibrillator</li> <li>▪ Pulse Oxymeter</li> <li>▪ Cardiac Monitor</li> <li>▪ Glucometer</li> </ul> | <ul style="list-style-type: none"> <li>▪ Infusion Pump</li> <li>▪ Ambu Bag</li> <li>▪ ECG Machine</li> <li>▪ Suction Apparatus</li> <li>▪ Humidifier</li> <li>▪ Computer</li> <li>▪ CVP Manometer</li> <li>▪ Warner</li> <li>▪ A&amp;C Machine</li> </ul> |
|--|---|

- Crash Cart Trolley
- Nebulizer
- Laryngoscope
- Ophthalmic Scope
- IABP Machine

#### **ACTIVITIES AND PROCEDURES PERFORMED:**

- |                                   |   |
|-----------------------------------|---|
| ▪ Insertion of Cannula            | ▪ Stomach Wash                          |
| ▪ Blood Transfusion               | ▪ Bladder Wash and Irrigation           |
| ▪ Emergency Resuscitation & CPR   | ▪ Bowel Wash                            |
| ▪ Collection of Blood Specimens   | ▪ Assist in Lumbar Puncture             |
| ▪ CVP Monitoring                  | ▪ Assist Central Venous Line            |
| ▪ Electro Cardiogram              | ▪ Assist in Intubation                  |
| ▪ Tracheotomy Care                | ▪ Ryle's Tube Insertion                 |
| ▪ Non Invasive Cardiac Monitoring | ▪ Assisting IABP Insertion              |
| ▪ Nebulizer and Oxygen Therapy    | ▪ ICD Insertion                         |
| ▪ Catheterizations                | ▪ Assist Central Venous Lines insertion |
| ▪ Wound Dressing                  | ▪ Assist in Pleural Tapping             |

#### **DUTIES AND RESPONSIBILITIES :**

- Functions independently in providing care of specific number of patients.
- Set priorities and implementing nursing care based on nursing process approach.
- Evaluating the outcome
- Managing the emergency situation
- Carry out the doctor's order making rounds administer medication, coordinate units activities, referring, explanation of procedure maintain of therapeutic environment.
- Give health teaching and provide information to the patients regarding home care, health promotion, retention if recurrence and reduce the complication.

- Maintain orientation and clinical and clinical teaching to new personals.
- Monitoring ECG, Pulse Oxymeter

**TYPES OF PATIENTS HANDLED:**

In the coronary care unit handled the patients such as myocardial infection, hypertension, cardiomyopathy, pulmonary embolism, post PTCA patients, CABG, IABP patients, post PPI & TPI patients, congenital cardiac problems etc.

**REFERENCES:**

**MRS. CAPT. USHA BANERJEE**

Nursing Director  
Indrapastha Apollo Hospital  
Mathura Road, Sarita Vihar  
New Delhi-110076.

**MRS. GRACY PHILIP**

Nursing Superintendent  
Indrapastha Apollo Hospital  
Mathura Road, Sarita Vihar  
New Delhi-110076.

**DECLARATION:**

I hereby declare that above statements are true and correct to the best of my knowledge.

**Place :**

**Date :**

**(MS.JIFNA P.S.)**