

# **RESUME**

## **BESSY YACOB**

Thozhuthingalparampil(H).  
North mazhuvennur po  
valamboor  
Ernakulam (dist)  
Kerala india  
Mobile 7025376402  
bessyacob@gmail.com



### **Career Objective:**

A Position as a Registered Nurse in a Health Care facility where I can make the most of my nursing education and training in addition to my interpersonal skills to provide the highest level of patient care .I also believe in setting high standards and achieve them under any circumstances.

### **Personal Information**

Date of Birth	:	22/02/1995
Sex	:	Female
Nationality	:	Indian
Languages Known	:	English ,Tamil ,Hindi, Malayalam
Marital status	:	unmarried
Father's Name	:	YACOB TK
Present Address	:	BESSY YACOB Thozhuthingalparampil(H). Valamboor North mazhuvennur po Ernakulam
Passport details	:	2696923

## **Educational Qualification**

- Passed +2 mar Curilose memorial of Higher Secondary Pattimattom Examination Kerala with marks in 81% march 2012
- Completed SSLC /10<sup>th</sup> Std from mar Curilose memorial Pattimattom with 91% marks in March 2010

## **Professional Qualification**

- Diploma in Nursing and Midwifery from school of nursing Ernakulam

## **Professional Experience**

<b>Institute</b>	<b>Designation</b>	<b>Department</b>	<b>Year</b>
Primary health center CHEMBUMUKKU	Staff Nurse	medical ward	20/12/2016 To 18/04/2017
General hospital Ernakulam	Staff Nurse	Medical ward Nephology ward	18/04/2017 To Still working.

## **Personal Skills:**

- Excellent interpersonal relationship with patient and others.
- Willingness to hardworking and strong beliefs in team effort.
- Assisting doctors during procedures.
- Ability to grasp new knowledge and ideas.
- Providing compassionate and motherly nursing care

## **Workshop And Seminar Attended:**

- Participated in extended role programs Pulse Polio immunization programs,family planning Motivation Camps,Schools Health Programs.
- Participated in Programs Conducted by govermnental & non-govermental agencies Eye camps,Blood Donation Camps,Diabetes Camps, Well Baby Clinics Burns and Awareness Programs.

## **Duties And Responsibilities:**

### ***As a Staff Nurse***

#### ***Nursing Care in Medical -Pediatric ward***

- Receiving the patient to the unit.
- Providing safe environment.
- Admission of patient according to hospital Policies.
- Assessment of the patient
- Identification
- Prepare short and long term goals.
- Check the vital signs and record it correctly
- Maintain accurate intake and output chart.
- Assist the patient to achieve self care.
- Health education to the patient and relatives.
- Maintain cleanliness and aseptic techniques during care
- Maintain clear air way by performing tracheal and oral suctioning.
- Monitor the condition of heart with the help of ECG.
- Monitor the fluid electrolyte balance with the help of blood pressure central venous pressure monitoring drainage level lab test and maintains adequate date of intake and output.
- Feeding seriously ill patients via nasogastric tube feeding

- Procedures related to personal hygiene like sponge bath ,Mouth care Nail care Back care Eye care etc.
- Procedures like catheterization ,suture removal Collection of samples (Blood,Urine),stomach wash,Enema etc.
- Administering the medication as per doctor order and observe for side effect.
- Maintain proper documentation.
- Prepare the patient for discharge and home care.
- Performing various type of dressing sutures and clip removal .
- Anticipation and prevention of complication.
- Prepare the patient for procedures like X-rays Ct scan ,ECG,IVP,barium meal Sonography as ordered.
- Send a diet chart to the chart to the dietician according to the doctor's order.
- Keep the dignity and status of the profession reports verbally by going .
- Bed to bed writing the progress of the patient at each shift charge.

## **Care For Infected Patients**

- Insolate the patient from other patient.
- Checking vital signs.
- Proper hand washing and using aseptic techniques to prevent infection.
- Avoiding contact
- Sending samples for culture and sensitive according to the doctor

## **Care for The Risk Patient /Patient With Prolonged Ventilator Support**

- Assessing the condition of the patient
- Maintaining clear airway performing tracheal and oral suctioning .
- Changing dressing ,IV lines canula and catheter regularly.

- Observe for infection informing the doctor at the correct time .
- Assessing for pressure sore and taking appropriate action.

## **Emergency Patient care**

- Assessing the condition of the patient.
- Asking for help and informing the doctors.
- Assisting and performing CPR

## **Equipments Handled**

- Infusion pumps
- Pulse Oxymeter.
- Cardiac Monitor
- Gluometer
- Nebulizer
- Sunction Apparatus
- Sphygmomanometer
- Thermometer
- Nelson's stem inhaler
- Arterial blood pressure monitoring
- Oxygen cylinder

## **Hobbies**

- Travelling
- Listening Music

**References:**

BESSY YACOB

Thozhuthingalparampil(H).

North mazhuvennur( po )

Valamboor  
Pin 686669

Superintendend of  
General Hospital  
Ernakulam  
Pin 682011

**DECLARATION**

I hereby declare that the above mentioned statements are true to the best of my knowledge and belief.

**Date:**

**BESSY YACOB**

**Place: ERNAKULAM**

