

RESUME

NEENAMOL P JACOB

Pullolikkal (H), Pulikkanni
Kattilapoovam.
Thrissur 680028
neenamolpjacob91@gmail.com
PH.+91 9567817937

CAREER OBJECTIVE

An experienced and fully qualified registered nurse who is efficient, thorough and passionate about delivering the best levels of care to patients. Mary possesses extensive healthcare experience in a wide range of key nursing fields and has the required physical, mental and emotional strength to stand up to the rigours of this demanding profession. She is able to work autonomously and has vast knowledge of using the latest state of the art medical equipment to treat, observe and record the condition of patients. As a driven individual who wants to progress she is now looking for a suitable nursing position with a reputable, exciting and modern healthcare provider.

EMPLOYMENT HISTORY

DISTRICT COVID HOSPITAL KOZHIKODE, KERALA

Staff nurse October 2020- November 2020

Coordinated care with physicians and other medical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services during covid pandemic conditions in kerala

LIFE LINE HOSPITAL, OMAN.

Staff Nurse December 2017- December 2019

Accountable for assessment, planning, implementation and evaluation of nursing care in order to provide a personalized nursing care to all In patients. Initiates emergency treatment where necessary and coordinates other staff in this process.

St. Thomas Hospital, Punalur
Staff Nurse October -2016 – June-2017

Assess patients and provide necessary and prescribed treatments for stabilization.

Developed and contributed strategic plans to advance standards on the unit, improve overall patient care, and outcomes.

KIMS Hospital ,Secunderabad
Staff Nurse August-2014 – September-2016

Responsible for being the main point of contact for patients, and contributing to the provision of the high standards of patient care. Working shifts alongside expert consultants and a multi disciplinary team of other healthcare specialists, observing and recording the condition of patients, assisting with tests and evaluations, & carrying out routine investigations

DUTIES

- Caring for patients who are suffering from acute and long-term illnesses and diseases.
- Administering drugs, medication and injections to patients.
Treating patients with respect and dignity, and giving attention to individual needs and wishes.
Prioritising workloads and allocating patients appropriately.
- Maintaining high clinical standards and high levels of quality care delivery.
- Working in community outreach programmes
- Providing information, emotional support and reassurance to patients and relatives

NURSING SKILLS

- Implementing and participating in vaccination and immunisation programmes for both adults and children.
- Taking patient samples, pulses, temperatures and blood pressures
- Experience of Chronic Disease management i.e. diabetes and asthma, etc
- Responding calmly to emergency situations.
- Reviewing and evaluating the effectiveness of nursing interventions.
- Organising junior staff and prioritising busy workloads.
- Able to liaise with social services and other care agencies.
- Preparing beds, rooms, sterilizing instruments, equipment and supplies, and ensuring that an essential stock of supplies is maintained.

ACADEMIC PROFILE

Bsc Nursing From Dr.NTR University of Health Science on 2014 with 82.3%

+2/PUC From GHSS Kattilapoovam School Thrissur on 2009 64.2%

SSLC From GHSS Kattilapoovam School Thrissur on 2007 with 77%

STRENGTHS

- Good at organizing functions
- Willing to take up any responsibility
- Can communicate well with people both in English, Kannada, Malayalam & Hindi
- Self confidence
- Good team worker

PERSONAL INFORMATION

- Date of Birth : 19 December 1991
- Gender : Female
- Father Name : Jacob
- Nationality : Indian
- Mother tongue: Malayalam
- Marital Status : Single
- Languages known: English ,Malayalam,Hindi,Telugu,Arabic

DECLARATION

I do here by declare that the particulars of information and facts stated herein above are true, correct and complete to the best of my knowledge and belief.

Place: Thrissur

Date:

NEENAMOL P JACOB