

# CURRICULAM VITAE

## **ANNA RANI ISAAC**

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## **POST APPLIED FOR : STAFF NURSE**

### **OBJECTIVE**

Seeking full challenging full nurse position where education and practical experience will allow for personal growth and development along with the firm through performances. To provide tender loving care for patients and to work for the prosperity of the institution.

### **INTERPERSONAL SKILLS**

Self motivated professional with commitment to provide quality nursing care with strong organizational and communication skills.

### **PERSONAL DETAILS**

Full Name	:	Anna Rani Issac
Husband Name	:	Mr.Sabin Pauls
Date of Birth	:	19 <sup>th</sup> November 1993
Age	:	28 Years
Gender	:	Female
Marital Status	:	Married
Religion	:	Christian
Nationality	:	Indian
Languages Known	:	English,Hindi,Malayalam,Arabi

## **PASSPORT DETAILS**

Passport No. : N5424572  
Date of Expiry : 14/12/2025  
Date of Issue : 15/12/2015  
Place of Issue : Kollam

## **EDUCATIONAL QUALIFICATION**

Name of Course	Board/University	Name of Intituton	Year	% of Marks
S.S.L.C	Secondary Board of Examination, Kerala	St. Therasas Bethany Convent H.S.S Chenganoor	2009	60%
Plus Two	Higher Secondary Board of Examination, Kerala	St. Therasas Bethany Convent H.S.S Chenganoor	2011	68%
B.Sc. Nursing	Kerala University of Health Science	MGM Muthoot College of Nursing Pathanamthitta	2016	58%

## **PROFESSIONAL EXPERIENCE**

Specialty Area	Name of Organization	Duration	Job Title
Medical \$ Surgical Ward including Cardiac \$ Neuro Ward	Max Super Speciality Hospital, Shalimar Bagh, Delhi	2010/2016 to 31/01/2019	Staff Nurse
Medical and Surgical Ward including Emergency Department	Al Mudhalylif General Hospital Qunfudha, Yeddah, Saudi arbia	17/02/2019 to 03/08/2021	Staff Nurse

### **DUTIES AND RESPONSIBILITIES**

- ◆ Perform nursing assessment of patients, plans implement and evaluates nursing care rendered.
- ◆ Giving total patient care and administration of drugs
- ◆ Collection blood samples for investigations
- ◆ Insertion of nasogastric and Foley's catheter
- ◆ Performs I.V cannulation and IV therapy
- ◆ Implement isolation nursing precautions
- ◆ Renders total nursing care to bed ridden patient
- ◆ Initiation and maintaining care plans
- ◆ Maintaining records and reporting to physician
- ◆ Nursing documentations in brief, accurate and complete manner

### **PROCEDURES PERFORMED**

- ◆ Cardiac monitor
- ◆ Maintain electrolyte balance
- ◆ Personal hygiene
- ◆ Care of bed ridden patients
- ◆ Blood transfusion
- ◆ IV insertion
- ◆ ET and Oral suction
- ◆ Preparation of IV fluid
- ◆ Nasogastric tube insertion
- ◆ Nasogastric lavage
- ◆ Foley's catheterization
- ◆ ABG sample



## **TYPES OF CASES AND PATIENTS HANDLED**

- ◆ Care of patients with cardiac problems, neurological, respiratory, endocrine and organ phosphorous compound poisoning patient.
- ◆ Patient with septicemia, burns, poison consumption, renal failure, diabetes mellitus, keto acidosis, Head injury, left ventricular failure.
- ◆ All post operative patients who are critically ill.
- ◆ Monitoring intake and output.
- ◆ Care of patients with indwelling catheters.
- ◆ Case of patients with acute and chronic renal failure.
- ◆ Monitoring vital signs.
- ◆ Care of patients with ECG monitoring.
- ◆ Assisting technique of IV cannulation and blood extraction over the registered nursing during their initial orientation period.
- ◆ Bladder Catheterizations.
- ◆ Incision and drainage.

## **CASES HANDLED**

- ◆ Neuro Cases Like
  - ✓ Laminectomy
  - ✓ Discectomy
  - ✓ CVA
  
- ◆ Nephro & Uro Cases Like
  - ✓ Renal Transplant
  - ✓ Nephrectomy
  - ✓ Trans urethral resection of Prostate(TURP)
  - ✓ Holmium laser prostate surgery (HOLEP)
  
- ◆ Ortho Cases Like
  - ✓ Total Knee replacements
  - ✓ Total Hip Replacements
  - ✓ Open Reduction and Internal Fixation (ORIF)

- ◆ Cardiac Cases like
  - ✓ CAG
  - ✓ PTCA
  - ✓ CABG
  - ✓ ASD & VSD Closure
  - ✓ Valve Repair
  - ✓ Arrhythmias
  - ✓ Cardio Myopathies
  - ✓ Myocardial Infarction
  
- ◆ General Surgery Cases Like
  - ✓ Laparotomy
  - ✓ Lapcholecystectomy
  - ✓ Appendectomy

### **NURSING SKILLS AND PROCEDURE**

- ◆ Admission of patients and orientation of units.
- ◆ Monitoring vital signs, B.P. and cardiac monitoring.
- ◆ IV line insertion and IV fusion.
- ◆ Medicine administration by veins, muscles, dermal subcutaneous, orally and inhalation etc.
- ◆ Rylestube insertion and feeding.
- ◆ Monitoring saturation.
- ◆ Wound dressing.
- ◆ Suture removal.
- ◆ Bladder wash.
- ◆ CPR, Ambuing.
- ◆ Stomach Wash.
- ◆ Preventing patient from bedsore.
- ◆ Blood transfusion.
- ◆ ECG monitoring.
- ◆ Suctioning.

### **TYPES OF EQUIPMENTS HANDLED**

- ◆ Sphygmanometer.
- ◆ Pulse Oxymeter.
- ◆ Nebulizer.
- ◆ Glucometer.
- ◆ Steam Inhaler.
- ◆ Centralized Oxygen and Suction.
- ◆ Ambubag / BIPAP Ventilator
- ◆ ECG Machine.
- ◆ Thermometer.
- ◆ Weighing Machine.
- ◆ Digital Thermometer
- ◆ Cardiac Monitor
- ◆ Suction Apparatus
- ◆ Infusion Pump
- ◆ Syringe Pump
- ◆ Laryngoscope and different size of blades
- ◆ Oxygen tools
- ◆ Knee harmer
- ◆ Cord light
- ◆ Doppler
- ◆ Foetoscope 1
- ◆ Crash Cart

### **PROCEDURES ASSISTED**

- ◆ Suturing.
- ◆ Blood Transfusion.
- ◆ Ryles Tube Insertion.
- ◆ Assisting CPR.
- ◆ Sponge Bath.

- ◆ Ryles tube Feeding
- ◆ Baby bath
- ◆ Breast Feeding

## **AREAS OF INTERESTED**

Medical Surgical Ward,General Ward,Neurological Ward,Emergency Department

## **REFERENCES:**

1.Mrs.Teena Thomas

Max Super Speciality Hospital

Shalimar Bagh

Delhi-110088

## **COMPUTER SKILLS**

Ms Word,Ms Power Point&Internet

## **DECLARATION**

I hereby declare that all the above information are true and correct the best of my knowledge and belief.

Date:

**ANNA RANI ISSAC**

Place: