

## CURRICULUM- VITAE



Full Name : TWINKLE GEORGE

Father Name : BABY GEORGE

Date of Birth : 02/07/1996

Nationality : Indian

Address : Paickattu (H)  
Vadacodu P.O, Muvattupuzha,  
Ernakulum Dist, Kerala, India  
PIN- 686670

Contact No : 9562548199, 9562360127

Marital Status : Married

Professional qualification : Staff Nurse

Total Work Experience : 1 year

E mail Id : twinklegeorgepaickattu600@gmail.com

Languages Proficiency : English, Hindi and Malayalam

Educational qualification : Passed S S L C with 86% on March 2012 from Carmel CMI Public School,  
Vazhakulam  
Passed Plus Two with 83% on March 2014 from MKNMHSS, Kumaramangalam  
Passed BSc Nurse with 1<sup>st</sup> Year 64% 2<sup>nd</sup> Year 64% 3<sup>rd</sup> Year 67.4% and 4<sup>th</sup> Year 68% on 2018 from Holy Family College of Nursing, Muthalakodam

Professional qualification : Worked as a community Health Nurse, serving a special rural health care assignments.  
Pulse polio vaccination in Nation-wide programme for child health career

### **CLINICAL AND INTERNSHIP POSTING**

<b>NAME OF INSTITUTE</b>	<b>DURATION</b>	<b>AREAS WORKED</b>
Holy Family Hospital ,Muthalakodam,Kerala, India	2 Year	General Ward
Scred Heart Hospital, Painkulam, Kerala, India	2 Months	Psychiatric Ward
Taluk Hospital,Thoduouzha, Kerala, India	2 months	OBG
Taluk Hospital, Adimaly, Kerala, India	2 months	OBG
Regional Cancer Center, Trivandrum,Kerala, India	1 months	Oncology

### **WORK EXPERIENCE DETAILS**

<b>NAME OF INSTITUTE</b>	<b>POSITION HELD</b>	<b>DURATION</b>	<b>AREAS WORKED</b>
<b>V P S Lakeshore Hospital, Nettoor, Kerala , India</b>	Staff Nurse	<b>1 Year</b>	<b>Gastro Surgical ward</b>

### **DUTIES AND RESPONSIBILITIES**

- Attending and managing all emergencies and emergency equipments preparation and administration of medicines like cardiac drug, antibiotic, narcotics, Intropics, Emergency, drugs etc.
- Immediate post operative care for surgery patient.
- Specially trained in old age care.
- Got special training in taking care for mentally challenged and drug addicted patients.
- Assisting doctors in procedure like Endo Tracheal intubation, insert chest tube, brachial and femoral artery line, cvp line, dialysis line insertion, tracheostomy etc.
- Perform CPR Defibrillation, administration of oxygen etc.
- Assessment of patient's condition and referral services and dealing with patients relatives.

- Care of patients on ventilators and pacemakers.
- Continues besides monitoring of patient with the help of cardiac monitor.
- Continues monitoring of arterial blood pressure, CVP, left arterial pressures pulmonary arterial pressure etc.
- Interpretation of ECG and ABG, Care of narcotic and high alert drugs.
- Collection specimen and blood and sending pneumatic tube system.
- To provide isolated patient care with various life support devices.
- To provide psychological and spiritual support to the patient.
- Keep strict aseptic technique and clean patient area and good patient hygiene.
- Participate in- services education programe.
- Monitoring vital signs ,Urinary catheterizations
- Preparation of nursing care plan and nursing diagnosis.
- Member of cod blue team.
- Bed sore assessment, RT Feeding, Peg feeding.
- Assessment works of the department.
- File works ,reports, and recording of electrolyte positive and negative ,vitals and lab values
- Orientation programme.
- Assisting in paramedical services.
- Dietary management and assisting in physiotherapy.
- Proper handing over the patient to the next staff
- Wound dressing and suture removal.
- Care of tracheostomy patients.
- Phlebotomy and iv line insertion by iv cannula, silicon cath and Leader cath.
- Steam inhalation and nebulisation procedures.
- O2 administration through O2 mask, Nasal prong , Ventury mask , rebreathing mask

### **TYPES OF CASES AND PATIENTS**

ALL , neuro and ortho, COPD ,CRF, GIBleed , UTI, Diabetics ,Pneumonia, RTA, Hepatitis, HIV, TB, Food Poisoning, Respiratory acidosis, and alkalosis, Hyper and Hypokalemia, sepsis, Alcoholism, anemia, Chronic liver disease, metabolic disorders, Jaundice, thrombocytopenia. Case with Stroke ,CVA, Seizure, GB Syndrome, Encephalitis , Brain abscess , Cardiac patients , Subdural Hematomas, acute ischemic Stroke, Meningitis, and IC Bleed Behavioral/Cognitive syndromes, Cerebral palsy disorders of peripheral nerves ,Muscle(myopathy) and neuromuscular junctions ,stupor and coma, speech and language disorder , neuro case like SDH,SAH, Aneurysm, Gleoma , ICS , And neuro surgery cases like craniotomy ,bur hole ,aneurysm coiling etc.

## **EQUIPMENTS USED**

- ❖ Ventilators (Siemens, and Pb Gallelio, Dragon, Servo, Engstrom care station).
- ❖ External Pace Maker.
- ❖ Cardiac monitors (Hewallet Packard - Mini shoot and Omni care with ECG, NBP, ABP, CVP, PAP, SAO2 monitoring).
- ❖ Defibrillator (Code Master, Code Mster XL and Code Master XL Plus).
- ❖ External temporary Pace Maker.
- ❖ Suction apparatus, Oxygen cylinder.
- ❖ Nebulizer, different procedure instruments.
- ❖ Infusion Pump and syringe pumps (Terumo, Baxter, Nipro, B Broun).
- ❖ E C G machine, weighing machine.
- ❖ Glucometer, bed pan, urine pot, Reclainer chair and stand.
- ❖ Bipap & Epap Machine and ambu bag.
- ❖ Na+K+ Analyzer (ABG).
- ❖ Computer, Remote bed.
- ❖ Water bed, Alpha bed, Nimbus bed, Pressure bag, Tracheostomy equipments like steriach, trachivent Etc.
- ❖ CVP monitor, DVT pump, Pulse oxymeter.

## **ASSISTED IN AND EXPERIENCE IN CARE**

- ❖ Insertion of central line.
- ❖ Arterial line insertion.
- ❖ Lumbar puncture.
- ❖ Fluid tapping.
- ❖ Catheterization.
- ❖ Intubation.
- ❖ Tracheotomy.
- ❖ Dialysis.
- ❖ Perform CPR.
- ❖ Insertion of chest tubes.

- ❖ EEG, USG scanning, MRI, CT scanning, X ray.
- ❖ Major dressing and sutures.
- ❖ Intubation and extubation.
- ❖ Silicon urinary cath insertion NG frica insertion.
- ❖ Bone marrow aspiration.

### **PASSPORT DETAILS**

- Passport no : T0412838
- Nationality : Indian
- Date of issue : 14/12/2018.
- Date of expiry : 12/12/2028.

### **LANGUAGE KNOWN**

LANGUAGE	TO SPEAK	TO READ	WRITE
English	✓	✓	✓
Hindi	✓	✓	✓
Malayalam	✓	✓	✓

### **COMPUTER EFFICIENCY**

- ✓ Hospital Information System.
- ✓ Basic computer knowledge

### **HOBIES**

- ✓ Reading to keep knowledge update.
- ✓ Listening to music and watching T.V.

### **MY STRENGTHS**

- ✓ Positive, Proactive and Professional in working. Confident enough to work with the team.
- ✓ Dedicate and patient focused with proven strengths in acute patient care, staff development and family advocacy.

- ✓ Exceptional capacity to multitask.
- ✓ Outstanding interpersonal and communication skill, superior accuracy in patient history, charting and other documentation.
- ✓ Ability of teaching

## **REFERENCES**

**V P S Lakeshore Hospial**  
**NH-66 Bypass Maradu**  
**Nettoor P.O Kochi-682040, Kerala**  
  
**PH:04842701033**

**CELINE MATHEW**  
**General Manager- Nursing**  
**Lakeshore Hospital and Research Centre**  
**Kochi - 40**

## **DECLARATION**

I hereby declare that the information furnished above is authentic to the best of my knowledge and belief

Date :

Place :

**TWINKLE GEORGE**