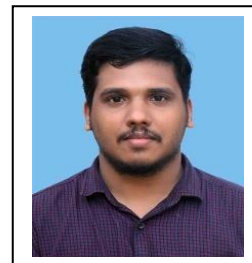


Jerry P. Mathew

B.Sc. Psychology, M.Sc. Psychology (Clinical), SET
Completed M.Phil. Clinical Psychology (RCI Recognized)
+919048495697, +917012074654
jerrymathews14@gmail.com
Sex Male | Date of birth 27/10/1995 | Nationality Indian



An ambitious and diligent professional looking forward to enriching experiences in the field of clinical practice in Clinical Psychology. Completed M.Phil. in Clinical Psychology at Amrita Institute of Medical Sciences (AIMS), Kochi (Awaiting results).

Professional Experience

- Assistant Professor, Department of Psychology, PCAS, Puthenvelikkara*

(From October 2018 to August 2019)

Worked as an Assistant professor of the department. Proven to be hard working and result oriented in those duties assigned to me. Promoted as the head of the department from June 2019. Resigned from the post to pursue higher studies

- Clinical Psychology Trainee, AIMS, Kochi (August 2019- April 2022)*

2-years clinical practice in AIMS, Kochi which consisted on the intensive training and practice of psychological evaluation, assessment and psychotherapy

Internships

Organization	Designation	Duration
St. Gregorios Multi Speciality Hospital, Parumala	<i>Psychologist Intern</i>	24 th April 2017 - 06 th May 2017
General Hospital, Ernakulum	<i>Psychologist Intern</i>	09 th April 2018- 14 th May 2018

Educational Qualification

Year	Institution	Course	CGPA/%
2022	Amrita School of Medicine	<i>M.Phil. Clinical Psychology (RCI recognized)</i>	Awaiting results
2018	Union Christian College, Aluva	<i>M. Sc Psychology (Clinical)</i>	3.40/4.00
2016	Union Christian College, Aluva	<i>B.Sc. Psychology</i>	7.69/10
2012	Abraham Mar Thoma Memorial Higher Secondary School, Edayaranmula, Pathanamthitta	<i>HSE (Kerala State)</i>	85%
2010	Abraham Mar Thoma Memorial Higher Secondary School, Edayaranmula, Pathanamthitta	<i>SSLC (Kerala State)</i>	>90%

Additional Qualification

Qualified State Eligibility Test- Feb 2018

Research Experience

Post PG Level (M.Phil. Clinical Psychology)

Title	Personality, Perceived social support psychological well-being and excessive smart phone use among emerging adults
Description	M.Phil. Dissertation submitted to Amrita Vishwa Vidyapeetham University, under the guidance of Mr. Sreehari R., Clinical Assistant Professor, AIMS, Kochi
Duration	October 2019 – April 2022

Post Graduate Level (M.Sc. Clinical Psychology)

Title	<i>Psychological correlates of drug abuse among young adults</i>
Description	PG Dissertation submitted to Mahatma GAANDHI university, Kottayam under the Guidance of Dr. Malini R (Assistant Professor, Department of Psychology, Union Christian college, Aluva)
Duration	November 2015 - March 2017

Under Graduate Level

Title	<i>Emotional Maturity and Loneliness as Correlates of Life Satisfaction among Adolescents</i>
Description	UG Dissertation submitted to Mahatma GAANDHI university, Kottayam under the Guidance of Dr. Seena M. Mathai (Assistant Professor, Department of Psychology, Union Christian college, Aluva)
Duration	November 2015 - March 2017

Research Guidance

Guided Students in the given below dissertations submitted as the UG dissertation to Mahatma Gandhi University, Kottayam

- Emotional Intelligence and Social Adjustment of Adolescents in Relation with Working Status of Mothers (2018)
- Personality Correlates of Marital Satisfaction Among Young Adults (2018)

Publications

Published a paper on *Emotional Maturity and Loneliness as Correlates of Life Satisfaction among Adolescents* in the international journal of management and social science

Link: <http://dx.doi.org/10.21013/jmss.v3.n3.p16>

Conferences and Presentation

Presented a paper on *Life satisfaction, affectivity and love attitude among adolescents* in the 4th international and 6th national psychological science congress held at Punjab University

Achievements and Awards

Second Rank in the Mahatma Gandhi University M.Sc. Psychology (2016 -18 Batch)

Extra-Curricular Activities

Served as the Volunteer Secretary of National Service Scheme Units of Union Christian College, Aluva (2014)

Personal Skills

Language Skills

Malayalam (Professional Proficiency)

English (Professional Proficiency)

Computer Skills

Statistical Package for Social Sciences (SPSS)

MS Word, MS PowerPoint, MS Office, MS Excel

Job-related Skills

- Excellent skills to design and coordinate programmes related to the field of Clinical Psychology
- Expert in diagnosis and management of different psychiatric disorders
- Expert in Counselling and Psychotherapy
- Expert in Neuropsychological assessment and rehabilitation

- Expert in Intellectual assessment
- Expert in Personality assessment
- Able to teach effectively, the various fields of Psychology
- Excellent communication skills
- Excellent Interpersonal skills
- Excellent group leadership Skills
- Maintain a visionary outlook and the ability to tackle situations with empathy, flexibility, warmth, and critical thinking

Areas of Interest

Cognitive behaviour therapy, Acceptance and commitment therapy, Relapse prevention and Psychosocial Rehabilitation

Declaration

I hereby declare that the details furnished above are true and correct to the best of my knowledge and belief and I undertake to inform you of any changes therein, immediately.

In case any of the above information is found to be false or untrue or misleading or misrepresenting, I am aware that I may be held liable for it.

Edappally

24/07/2022

Jerry P. Mathew

References

- Dr. Gitanjali Natarajan
Clinical Psychology Professor and Head
Department of clinical Psychology
AIMS, Kochi, gitanjalin@aims.amrita.edu
- Mr. Sreehari R
Clinical Psychology Assistant Professor
Department of clinical Psychology
AIMS, Kochi, sreeharir@aims.amrita.edu

- Dr. Seena M Mathai

Asst. Professor

Dept. of psychology

Union Christian College, Aluva

seenaby2000@gmail.com

- Dr. Marikkutty P.J

Asst. Professor & Clinical Psychologist

Dept. of psychology, Union Christian College, Aluva

marykutupj@yahoo.com