



## Aleena Gigi

Thuruthel (H), Manimooly (PO), Malappuram (DT), Kerala, India. Pincode-679333  
+91 9980035646 | aleenagigi9@gmail.com

### Personal Details

- Date of Birth : 02/11/1998
- Marital Status : Single
- Nationality : Indian

### Objective

A qualified, dedicated, skillful Anaesthesia Technologist with good experience providing high quality health care service with an aspiration to achieve excellence and thus serve mankind with highest potential. Professional qualification that I have is a completed Bachelor's Degree in Anaesthesia Technology course (2020) from National Institute of Mental Health and Neuro Sciences (NIMHANS) - An Institute of National Importance (under ministry of health and family welfare-Govt. of India) Bangalore .

### Healthcare Registration

- *Association of Allied Health Professionals (AAHP)*  
Registration number : OT981802  
Valid upto : 31/12/2050

### Education

- **National Institute of Mental Health and Neuro Sciences (NIMHANS) , Bangalore , Karnataka**  
Bachelor's Degree in Anaesthesia Technology 2020  
Second class
- **Little Flower English Higher Secondary School , Nilambur , Malappuram**  
HSC 2017  
82%
- **De Paul Public School , Kalpetta , Wayanad**  
SSLC 2015  
80%

### Experience

- **National Institute of Mental Health and Neuro Sciences** 04/02/2021 - 03/02/2022  
Anaesthesia Technologist  
The National Institute of Mental Health and Neuro-Sciences is a premier medical institution in Bengaluru, India.  
NIMHANS is the apex centre for mental health and neuroscience education in the country. It is an Institute of National Importance, operates autonomously under the Ministry of Health and Family Welfare.

### Professional Experience

• ***Duties and responsibilities in anaesthesia phase :***

1. Assist anesthesiologists during the procedure in the operation theatre and Intensive Care Unit.
2. Preparing the anaesthesia workstation and required monitor for anaesthesia.
3. Keep the anaesthesia drugs and equipments ready for the procedure.
4. Understanding the anaesthetic requirements of different surgical procedures and management of crisis.
5. Checking the functionality of gas delivery system and ensure safe administration of anaesthetic gases.
6. Cleaning and maintaining of equipment used for anaesthesia and sterilizing it for next case usage.
7. Ensuring availability of anaesthesia drugs and another consumable used for anaesthesia procedure.
8. Periodic maintenance of anaesthesia ventilator, monitor and other equipments used in operation theatre.
9. Ensuring safe disposable needles and biomedical waste management.
10. Assisting the anesthesiologist in radiology suite during MRI and interventional procedure.
11. Part of the trauma resuscitation team in management of traumatic brain injury and cardiac resuscitation team.
12. Assisted the anesthesiologist for providing Local Anaesthesia, General anaesthesia, Regional anaesthesia (spinal and epidural anaesthesia).
13. Assisted the anesthesiologist during videolaryngoscopy, fiberoptic intubation,
14. LMA insertion and difficult airway management.
15. Trained to place Endotracheal intubation, Oral and nasopharyngeal airway and mask ventilation.
16. Familiar in handling anaesthesia machine: Dragger, Philips, Intellivue, Spacelab monitoring.
17. Familiar in handling advanced multipara monitoring: GE carescape, Philips, Intellivue and Spacelab monitoring.
18. Maintenance of electronic Anaesthesia record management system.
19. Worked in radiology intervention suite and Intra Operative MRI facility (IOMRI).

- ***Duties and responsibilities in recovery phase :***

1. Takes the patient to the recovery room.
2. Monitor the patient until they recover from the effects of surgery and the anesthetics.
3. Checks the complications such as patient airway, breathing, circulation, disability, exposure.
4. Monitoring vital signs(heart rate, blood pressure, temperature, and respiratory rate) and Invasive monitoring such as arterial lines, central venous lines, and ventriculostomies.
5. Preparation and administration of intravenous, epidural, or perineural infusions.
6. Monitoring surgical site for excessive bleeding, mucopurulent discharge, swellings, hematomas, wound healing and infection.
7. Providing anti-sickness medication as necessary.
8. Providing pain relief as necessary.
9. Providing warming device as necessary.
10. Liaising with wards and other departments.
11. Liaising with theatres and Anaesthesiologists.
12. Decides when the patient is ready to return to their ward and providing a detailed handover patient's operation to the ward staff.
13. Also experience in Med Surg, Critical Care, PACU, SICU, recovering post-surgical patients.

## Professional Exposure

---

- ***NATIONAL INSTITUTE OF MENTAL HEALTH AND NEURO SCIENCES ( NIMHANS ) - Under direct ministry of health govt.of India***

*Assisted the anesthesiologist for the following cases :*

1. Neurosurgery
2. Emergency Operation Theatre
3. Intensive Care Unit ( Emergency ICU and Medical and Surgical ICU, Covid ICU and Post Anaesthetic Care unit).
4. Radiology - Digital Substraction Angiography (DSA), MRI and CT, Recovery phase ).
5. Electroconvulsive therapy ( ECT ).

## Skills

---

- Caring and compassionate nature.
- Ability to work well as part of a team.
- Being able to work in a highly technical area.
- Excellent problem solving organisational skills.
- Being able to concentrate for lengthy periods of time.
- Very good communication skills.
- Thoughtful and conscientious approach to working.
- Being able to adapt to the environment including the potential to stand for long periods and react quickly in an emergency within a confined area.

## Languages

---

- English , Malayalam , Kannada

## Reference

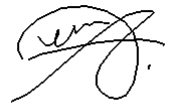
---

- **Dr. Sriganesh Kamath - "National Institute of Mental Health and Neuro Sciences ( NIMHANS )"**  
Professor and Head of the department  
drsri23@gmai.com  
+91 9480829727
- **Dr. K R Madhusudan Reddy - "National Institute of Mental Health and Neuro Sciences ( NIMHANS )"**  
Professor in Neuroanaesthesia and Neuro Critical Care  
madhu@nimhans.ac.in  
+91 9880703088
- **Mr. Sanjib Mohanty - "National Institute of Mental Health and Neuro Sciences"**  
Senior Anaesthesia Technician  
mohanty63@rediffmail.com  
+91 9743027601

## Declaration

---

- I hereby declare that all the particulars given above are true and correct to the best of my knowledge and belief.
- 



ALEENA GIGI