

CURRICULUM VITAE

**ARATHY REGHUNATH
ANANDABHAVAN (H)
AREEPARAMPU P. O
KOTTAYAM, KERALA
INDIA – 686501**



Email - arathyreghunath20@gmail.com

OBJECTIVE

Graduate nurse seeking for an opportunity to utilize the knowledge of patients care, understanding and good familiarity of the advanced technology to provide excellent health care service to the patient

PERSONAL DETAILS

Father's Name : A. N. Reghunath
Date of Birth : 04.03.1994
Sex : Female
Religion : Hindu
Marital Status : Single
Nationality : Indian
Languages Known : English, Hindi & Malayalam
Present Address : Anandabhavan (H)
Areeparampu P. O
Kottayam, Kerala
India – 686501

ACADEMIC PROFILE

Year of Passing	Market	Board/University	Institution	Course
2009	79%	Govt. of Kerala	Govt. H.S.S. Areeparampu P. O. Kottayam	S.S.L.C

2011	83%	Board of higher secondary Examination	St. Mary's H.S.S. Manarcadu, Kottayam	Plus Two
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PROFESSIONAL DETAILS

% of Marks	Year of Passing	Duration of Course	Board/University	Discipline	Course
70%	2017	4 years	All India Institute of Medical Science Bhopal	Nurse	BSc (hons) Nsg.

1st year : 70%
 2nd Year : 69%
 3rd Year : 72%
 4th Year : 69%

KEY SKILLS

● Assessing physical, psychological and psychosocial needs of the patient.
● Evaluating daily individual patient care.
● Monitoring vital signs of the client.
● Administering drugs
● Meeting nutritional and elimination need.
● Dressing (bed sore, surgical wounds, etc.)
● Emergency patient care.
● Performing admission, discharge, and transfer of the patient.
● Maintaining record & reports.
● Compassion for family and patient.
● Comfortable answering queries and giving instructions to patient and family.

PROFESSIONAL REGISTRATION NURSING COUNCIL REGISTRATION

Name of Nursing Council : Kerala Nurses and Midwives Council
 Registration Number : KL04202102988
 Date of Registration : 22nd September 2021

WORK EXPERIENCE

List employment experience with most recent employment

1. EMPLOYER

Dates of employment : 22/11/17 TO 23/10/20
Name of Hospital : AIIMS BHOPAL
City/State : Madhyapradesh
Bed Capacity : 960
Job Title/Designation : Staff Nurse
Department/Ward Allocation : Orthopedic ward
Nurse Patient Ratio : 1:6

Duties and Responsibilities:

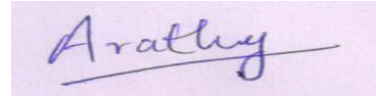
- Managed all post orthopedic surgery cases
- Monitored patients closely for changes in condition
- Managed pain effectively
- Implementing position changing and cold therapy
- Helped in patients for ambulation
- Assisted doctors in procedure
- Perform preop assessment for stable trauma and ortho patients
- Cases handled _ all pre operative and post operative orthopedic cases
- Providing mental support and health education to the patient and relatives
- Proper biomedical waste management.
- Cared patients in wards and ICU settings

GAPS IN EMPLOYMENT

Date : 24 October 2020 to till date

DECLARATION

I, above mentioned particulars are true to the best of my knowledge and belief. All the relevant documents can be furnished as when required.

A handwritten signature in blue ink on a light purple background. The signature reads "Arathy" in a cursive script, with a horizontal line underneath the name.

ARATHY REGHUNATH