



**ABDUL SHIJAS**

Phone : +91 9747784814

Gmail: [shijushijas111@gmail.com](mailto:shijushijas111@gmail.com)

DoB : 21<sup>st</sup> November 1997

Address: Puthiyakath (H)  
Chandakunnu (P.O)  
Nilambur  
Malappuram  
Kerala - 679329

Interests:

- Photography.
- Reading.
- Music.

Additional Skills:

Basic Computer Knowledge.  
Microsoft office functions,  
Typing skill

**ABOUT ME**

Seeking a growth oriented and challenging carrier in respiratory therapist and patient care in well reputed hospital where I can increase my knowledge and improve my skills for the best of my patients.

**ACADEMIC BACKGROUND**

**BSc Respiratory Care Technology:**

JSS Higher Education and Research Center, Mysuru (2017-2021)

**Higher Secondary Education:**

MTHSS Chungathara, Malappuram (2015-2017)

**Secondary Education:**

MTHSS Chungathara, Malappuram (2015)

**CORE COMPETENCIES**

**DEPARTMENT OF CRITICAL CARE:**

- Initial Setup of Ventilators (Adult, Pediatric and Neonates Type).
- Performing Endotracheal Intubation
- Assisting Tracheostomy (Percutaneous and Surgical Tracheostomy).
- Initiation and Weaning of Mechanical Ventilation.
- Non- Invasive Ventilator – BIPAP, CPAP, HFNC.
- Arterial Blood Gases (Sampling and Interpretation).
- Assisting Performing Pleural Tapping and Intercostal Drainage Tube (ICD).
- Reading Chest X-rays and ECG.
- Airway Maintenance (Placement of Artificial Airways), Care of Tracheostomy Tubes and Special Airways.
- Oxygen Therapy Devices (Both Fixed and Variable Performance Devices)
- Chest Physiotherapy and Pulmonary Rehabilitation.
- Aerosol (Teaching, Demonstration and Administration).
- Emergency Care Unit – Code Blue Team and Rapid Response Team Member.
- Prone Ventilation.
- Basic Ultrasonography.

**DEPARTMENT OF PULMONOLOGY:**

- Pulmonary Function Test, DLCO.
- Assisting Bronchoscopy.
- Polysomnography (Testing, Titrating and Interpretation).
- Multiple Sleep Latency Test.
- 6 Minute Walking Test.
- Chest Physiotherapy and Postal Drainage (Teaching and Demonstration).

**WORKING EXPERIENCE**

Fresher

1 Year Internship

- 1 Year Internship: JSS Higher Education and Research Center, Mysuru, Karnataka

## **ACHIEVEMENTS**

---

Completed The Cognitive and Skill Evaluation in Accordance with The Curriculum of,

- The American Heart Association BLS and ACLS.
- Phlebotomy.

## **NATIONAL CONFERENCE, WORKSHOP AND SEMINAR ATTENDED**

---

- Rescare 2019 National Conference of IARC held at A,J Hospital Mangalore.
- First Regional Conference of LARC held at Mysuru (Crice 2020).

## **REFERENCE**

---

- Dr. LOKESH K S  
(MBBS, DNB)  
Pulmonary and Critical Care Medicine,  
Asst. Professor in Pulmonology, JSS Medical College and Hospital,  
Mysuru, Karnataka.  
Mobile No: +91 7795 007 795
- Dr. JAYRAJ B S  
(MBBS, MD, DNB)  
Pulmonary and Critical Care Medicine,  
Professor in Pulmonology, ISS Medical College and  
Hospital, Mysore, Karnataka  
Mobile No: +91 9945 671 286

## **LANGUAGE**

---

- ENGLISH.
- MALAYALAM.
- KANNADA.
- HINDI.
- TAMIL.

## **DECLARATION**

---

I hereby solemnly affirm that all the information furnished by me is true to best of my knowledge.

Date :  
Place :

ABDUL SHIJAS