

**PRASOON P NAIR**  
**ARACKAL HOUSE**  
**KARUKADOM**  
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## Curriculum Vitae

I have been working as, a part of **EMERGENCY ROOM and AMBULANCE SERVICES** in Amrita Institute of Medical Sciences and Life Care Hospital.

In Emergency Room we mainly receive Cardiology, General Medicine, Neuro Medicine, Pulmonary Medicine, Endocrinology, Nephrology, Trauma, Orthopaedics, Gastro Medicine, Pain& Palliative & Medicine cases. I am able to meet emergencies: tackle crashes, give effective cardiopulmonary resuscitations, provide ventilator support and assist in Intubations (ET Tube) Arterial and central line insertion, insertion of intercostal drain, etc.

The Mobile Intensive Care/Mobile Cardiac Unit of AIMS is equipped with Advanced Cardiac Life Support equipment's as per the guidelines of American Heart Association ECC Guidelines 2000. It has the ACLS and ATLS supplies and is managed by a well trained professional team, including Emergency medicine doctors, RN's (Registered Emergency Nurses) & EMT (Emergency medical technician) and a active member in **CODE BLUE TEAM**

**TOTAL YEAR OF EXPERIENCE** : **6 YEARS**  
**POST APPLIED** : **STAFF NURSE / EMT**  
**Name** : **PRASOON P NAIR**  
**Age & Date of Birth** : **37/M, 05/10/1984**  
**Marital status** : **Unmarried**  
**Languages known** : **English, Hindi, Malayalam.**  
**Religion & Caste** : **Hindu, Nair**

### ACADEMIC QUALIFICATION

COURSE	INSTITUTION	BOARD/UNIVERSITY	YEAR OF STUDIES
SSLC	SOBHANA ENGLISH MEDIUM SCHOOL	BOARD OF PUBLIC EXAMINATIONS, KERALA	2001
PLUS TWO	FJM H.S.S PUTHUPPADY	BOARD OF HIGHER SECONDARY, KERALA	2001-2003

## **PROFESSIONAL QUALIFICATION**

<b>COURSE</b>	<b>INSTITUTION</b>	<b>BOARD/UNIVERSITY</b>	<b>YEAR OF STUDIES</b>
DIPLOMA IN NURSING	HILL SIDE SCHOOL OF NURSING	RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCE, BANGLORE	2007-2011
POST Bsc NURSING	K.R. COLLEGE OF NURSING	RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCE, BANGLORE	2012-2014

## **CLINICAL EXPERIENCE**

<b>NAME OF THE INSTITUTION</b>	<b>BED CAPACITY</b>	<b>POSITION HELD</b>	<b>PERIODS OF EMPLOYMENT</b>
AMRITA INSTITUTE OF MEDICAL SCIENCE & RESEARCH CENTRE, COCHIN, ISO 9001:2000 CERTIFIED, NABH AND NABL APPROVED	1500	STAFF NURSE IN EMERGENCY DEPARTEMENT & AMBULANCE SERVICES / EMT	FROM NOVEMBER 2015 TO MAY 2019
LIFE CARE HOSPITAL MULAVOOR	CLINIC	STAFF NURSE	FROM JUNE 2019 TO OCTOBER 2021

## **CASES FAMILIAR WITH**

<b>DEPARTMENT</b>	<b>CASES FAMILIER WITH</b>
<b>Neuro Medicine</b>	C.V.A, Diabetic Neuropathy, GBS with respiratory failure, Myasthenia Gravis with respiratory failure, Aneurysms, Seizure Disorders, Epilepsy, Parkinson's Disease, Meningitis etc.
<b>Neuro Surgery</b>	Head Injuries, Spinal Cord Injuries, Brain Tumours, S.A.H, Intra Cranial Aneurysms, Hydrocephalous.
<b>Cardiology</b>	Unstable Angina, Acute MI Needing thrombolysis, PTCA & PTMC Cases, Cardiac Arrest, Cardiac Arrhythmias, Acute Pulmonary edoema etc.

<b>Nephrology</b>	ARF, CRF, Diabetic Nephrology, Nephrotic Syndrome,
<b>Gastro Medicine</b>	Alcohol Liver Disease, Hepatic Encephalopathy, Hepatitis etc.
<b>Gastro Surgery &amp; Urology</b>	Acute Abdomen, Blund injury Abdomen , Liver/Spleen injury. Urinary retention with Bladder outlet obstruction, Acute Intestinal Obstruction etc.
<b>Orthopedics</b>	All Accident and Emergency cases with Bone Fracture.
<b>General Medicine</b>	Malaria, Tetanus, Leptospirosis, HIV Thrombocytopenia, Poisoning Cases, Snake/Insect Bite, Hypertensive Crisis, Septicemia etc.

## **EQUIPMENTS FAMILIAR WITH**

<b>NO.</b>	<b>PARTICUARS</b>	<b>JUSTIFICATION</b>
<b>1</b>	Bio-Medical Equipments & Accessories Mp5, Mcare, Philips Multi-Parameter monitor (portable) [DASH 3000 (with ECG, NIBP, IBP, Temperature, SP 02 monitoring)]	Inevitable equipment of Continuous monitoring of cardiac patient's vitals & other unstable patients through out the journey.
<b>2</b>	AED / Defibrillator [Code Master (With Percutaneous Pacing Option & accessories)]	Inevitable equipment fir ACLS as per AHA
<b>3</b>	Ventilator [CROSS VENT-4/ACHIEVA, LEGENDER, ENGSTROM, MAQUET, DUTEX OMEDA, DELMA] Portable I-vent , Siemens 900, Servo, Nellcore	Helps to Transport ventilated Adults & neonates with multi-parameter settings.
<b>4</b>	Helps to Transport ventilated Adults & neonates with multi-parameter settings.	For assessing oxygenation level of the patients out side the Unit
<b>5</b>	Laryngoscopes (Adult & Peadiatric)	For Incubating the patients on Respiratory failure
<b>6</b>	Cardiac Stethoscope	For assessing the patient on trip
<b>7</b>	Nebulae (Aero family model AT 104)	Emergency Nebulisation purpose
<b>8</b>	Syringe Pump (Broun)	For administering Infusions like Dopamine/NTG/Sodium Nitroprusside
<b>9</b>	Glucometer [One Touch Optimum	To check the blood glucose level to rule out poglycemia/Hyperglycemia.
<b>10</b>	Medical Gas accessories Oxygen Cylinder [7000 liters]	For patient's Oxygenation
<b>11</b>	Oxygen Flow Meter	For controlling the Oxygen Flow
<b>12</b>	Portable Oxygen Supply cum Resuscitator	For transporting the critically ill with oxygen supply.
<b>13</b>	Suction Apparatus	For Suctioning the mouth & Endotracheal secretions.

## **AMBULANCE ACCESSORIES:**

\* First AID kit, ACLS Drug kit

\* ATLS Kit (with Splints, C-collar, Hare Traction Splint, Spine Board, Emergency Stretcher, Scoop stretcher).

- \* Resuscitation Kit ( Ambubag with Mask, Airway, E T tube, Guidel Airway).

### **Equipment Familiar in Emergency Room and Ambulance Services**

- \* Space Labs Multi Parameter Haemodynamic Monitors.
- \* Defibrillator Cum Pacing Machine.
- \* AED
- \* Anti shock trousers
- \* Rapid Infusion pumps
- \* Suction Pumps
- \* Glucometer
- \* Palavix-Doppler
- \* Syringe pumps and Infusion Pumps
- \* ECG Machine
- \* Nebulizer system
- \* Ventilator [Crossvent, Univent, Seimens, Purittan-Benett, Medysis]
- \* Hospital information system
- \* Magic view & Magic web

### **Duties and Responsibilities**

- \* Transporting critically ill patients in well equipped Ambulance from various hospitals In south India.
- \* Performing CPR
- \* Providing care for ventilator patients (Equipped ambulance and Emergency Room)
- \* Application of cervical traction
- \* Teaching of different topics in unit
- \* Triaging
- \* Care of narcotic drugs & their records
- \* Discharge and Transfer of Patients
- \* Monitoring a patient's airway, Breathing and circulation
- \* Intravenous Canulization
- \* Taking informed consent before procedures and preparing for procedures
- \* Maintaining records and report
- \* Psychological supports to the patients and maintaining a therapeutic relation with patients
- \* Dressing of surgical wound
- \* Monitoring Glasgow Coma scale & Pupillary response and notifying immediately if any changes occur

### **Assisting Procedures**

- \* Application of Cervical Traction
- \* Assisting Emergency Intubations
- \* Team of Code Blue and Code Yellow
- \* Central venous Catheter Insertion
- \* RT Insertion
- \* Administration of enema and suppositories, Urinary catheterization etc.
- \* Preparing patients for various procedures:- MRI, CT Scan, Doppler study, Echo, EEG, CAG, and PTCA
- \* Lumbar Puncture
- \* Tracheostomy
- \* Major and Minor suturing
- \* Epidural Catheterization.
- \* Application of POP

## **INSERVICE TRAINING**

- \* Online Examinations
- \* BLS Training
- \* IV Therapy
- \* Diabetic Foot Training
- \* Fire and Safety
- \* Chemotherapy

## **Hobbies**

Reading, Writing, Listening Music

## **REFERENCES**

### **AMRITA**

Dr. Sreekrishnan T P  
Asst. Professor, Emergency Medicine, AIMS, Cochin  
Ph: 0484 280 1234 (Extn: 2825)

### **LIFE CARE**

Shaji N Shahul Hameed  
Administrator  
H.R Department

## **Declaration**

I hereby declare that the entries made in this form as above are true and correct to the best of my knowledge and ability.

Place:

Date:

**PRASOON P NAIR**

