CURRICULUM VITAE

RINSU ZAIRA RAJ KAVUMTHUNDIL HOUSE ANAPARAMPAL (N) P.O. THALAVADY KERALA INDIA PHONE : 0477 – 221048, Mob: 9947839145 Email: <u>rinsuraj89@gmail.com</u>



Objective

I am Miss Rinsu Zaira Raj, presenting my CV for the post as Staff Nurse in your esteemed prestigious institution. I offer my whole hearted service to the institution and confident to exceed myself in the same capacity with the experience I have acquired. I expect a favourable response to present me before you.

Personal Information

Name	:	RINSU ZAIRA RAJ
Father's Name	:	Rajan K. Thomas
Date of Birth	:	21-05-1989
Sex	:	Female
Permanent Address	:	Kavumthudiyil (H) Anaparampal (N) P.O. Thalavady Kerala 689 572
Phone	:	0477 2210418
Email	:	rinsuraj89@gmail.com
Marital Status	:	Single
Nationality	:	Indian
Religion	:	Christian
Languages Known	:	English, Malayalam



Qualification	Name of Institution	University	Remarks
Bachelors of Science	Pushpagiri College of	Mahatma Gandhi	55%
in Nursing 2007-	Nursing Thiruvalla, kerala	University	
2011		Kottayam, Kerala	

Academic Qualification

Course	Name of Institution	Board	Year	Marks
10 th	St. Thomas English Medium	State	2005	82%
	H.S. School Neerattupuram	Syllabus		
12 th	SCS H.S.S. Thiruvalla	State	2007	60%
		Syllabus		

Additional Qualification

Course	Name of Institution	University	Year	Marks
P.G. Certificate	Name of institution centre for	University	2016	1 st Class
course in	adult continuing education	of Kerala		
Counseling (6	and extension			
Months)	Thiruvananthapuram			

Professional Experience

Date of Employment	Employer Name & Address	Clinical Area	Position Held
2-07-2012 to	Pushpagiri Medical College,	Dialysis	Staff Nurse
10-2-2016	Thiruvalla Kerala, India	Unit	(Shift in-charge Post)

Professional Registration

Kerala Registration No.	:	57545
Date of Registration	:	30/5/2012
TNAI Registration	:	235950 LMT

Procedure Known in Dialysis Unit

- Haemodialysis
- Continous Veno Venous Haemo Filtration or Haemo dialysis
- Haemoperfusion
- Continous Arterio veno Haemodialysis (CAVH)
- Peritoneal Dialysis
- Emergency Dialysis
- Jugular and Femoral Catheter Assisting
- Dressing AVF Fistula
- Surgical care of AVF Fistula
- Procedure related with Kidney biopsy
- Also Caring the patient in Nephrology ICU after Kidney transplantation
- Care or AVF
- Needle insertion in AVF
- Jugular Catheter Dressing
- Jugular catheter care
- Dialysis through Jugular and Femoral Catheter
- Care of patient with permanent catheter etc.

Equipments Known in Dialysis

- NIPRO Haemo dialysis Machine
- Nikkiso Haemo dialysis Machine
- Fresenius Haemo dialysis Machine

Duties & Responsibilities Taken

- Nurses Prayer
- Taking over the report from previous shift
- Nurses bedside rounds
- Assisting Physical & Psychological need of Patient
- Planning Nursing Care
- Monitoring Vital Sign
- Meeting the basic need of patient
- Client & family teaching
- Checking central venous pressure
- Cardiac Monitoring
- Administration of Blood, Blood products & IV fluid
- Suctioning
- Medicine Administration
- Maintain intake output chart
- Checking Blood Sugar with Glucometer
- Performance of CPR
- Connecting the Client to ECG Monitor
- Communication with Physician & Family
- Dressing
- Bandaging
- Assisting Endotrachel intubation
- Assisting in central venous cannulation
- Maintenance of arterial and venous lines

- Safe Administering of drugs
- IV Cannulation
- Naso Gastric Feeding & Insertion
- Controlling & Educating Junior Staff
- Maintaining Order in Unit
- Maintenance things and Things over

DECLARATION

I hereby declare that all the statements are true and correct to the best of my knowledge and belief.

Place: Egnakulam

Signature

Date : 15-04-2022

RINSU ZAIRA RAJ