

CURRICULUM VITAE IN SUPPORT TO THE POST OF CONSULTANT NEPHROLOGIST

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I am a young, industrious, empathetic and dedicated nephrologist with special interest in transplant nephrology , keen on staying updated and prepared to evolve with upcoming evidence in medical technology / evidence, eager to collaborate with other clinical disciplines to optimize patient outcomes.

CURRENT JOB POSITION

Consultant Nephrologist ,West Fort Hi Tech hospital, Thrissur

EDUCATION

Degree	Institution	Tenure
MBBS	Government Medical College, Thrissur	2006 - 2011
M.D (General Medicine)	Bangalore Medical College and Research Institute	2014 - 2017
D.M (Nephrology)	Government Medical College, Thiruvananthapuram	2018 - 2021

PROFESSIONAL APPOINTMENTS

Designation	Institution	Tenure	Duration
Academic Junior Resident	Department of Internal Medicine, Bangalore Medical College and Research Institute	2014 - 2017	3 yrs
Senior Resident	Department of General Medicine, Government Medical College, Thrissur	2017 - 2018	1 yr
Academic Senior Resident	Department of Nephrology, Government Medical College, Thiruvananthapuram	2018 - 2021	3 yrs
Consultant	West Fort Hi-Tech Hospital Ltd., Thrissur	2021 to	6 months

Nephrologist		continuing	
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PROFESSIONAL SOCIETY MEMBERSHIPS

Indian Medical Association - Life Member - KRL/21238/104/49/227141/2017-18/CL
International Society of Nephrology - Associate member

MEDICAL LICENSURE

Travancore Cochin Medical Council - 47142

HONORS/AWARDS

All India Winner - 6th Nephrology TYSA (Torrent Young Scholar Award) - 2020-21

RESEARCH

Poster Presentations

World Congress of Nephrology 2021

“Single Low Dose Rituximab As Induction Agent In Kidney Transplantation”

E.Mathew, J.George, N.Gracious, S.Kumar, N.S.Vineetha

Clinical Research

Comparison of estimated glomerular filtration rate at the end of one year of transplantation in patients receiving low dose rituximab as induction agent with historic controls who did not receive rituximab.

VOLUNTARY ACTIVITY

Member of team delegated by Government of Kerala to organize first Covid hospital of Kasargod district, Kerala state during COVID -19 pandemic (April 2020)

SKILLS AND PROCEDURES

1. Performed more than 100 Temporary hemodialysis catheter insertion (Internal Jugular Vein and Femoral vein)
2. Performed more than 40 Permanent catheter insertion (Internal Jugular Vein and Femoral vein)
3. Skilled in Ultrasound guided central venous catheter insertion
4. Performed more than 50 Ultrasound guided renal biopsy
5. Inserted more than 20 Percutaneous Continuous Ambulatory Peritoneal Dialysis (CAPD) catheters
6. Skilled in inserting Peritoneal dialysis catheters for Acute Intermittent peritoneal dialysis
7. Good working knowledge in performing Continuous Renal Replacement Therapy (CRRT)
8. Carried out hemoperfusion for treating patients with specific poisonings (paraquat)
9. Performed plasmapheresis for patients with Renal transplant rejection, Demyelinating diseases, Goodpasture's syndrome.

10. Involved in live and cadaver renal transplant program (Recipient selection, Donor matching, Organ retrieval, Post transplant care, Managing graft rejection, Diagnosing and treating opportunistic infections etc.)

REFERENCES

Dr Jacob George
Professor & HOD, Department of Nephrology,
Govt. Medical College, Thiruvananthapuram
#9447143992

Dr Noble Gracious,
Associate Professor, Department of Nephrology,
Govt. Medical College, Thiruvananthapuram
#9446390313, 6282355114

DETAILS OF POSTS AND DUTIES

Consultant Nephrologist - West Fort Hi-Tech Hospital, Thrissur.

West Fort Hi-tech Hospital, Thrissur is a leader in renal transplantation in central Kerala, lone center in Thrissur. The center performs roughly 3 - 5 transplantation surgeries in a month. We, as a team, work to optimize our patient outcomes through careful patient preparation and close monitoring, early intervention in post-transplant patients. Our clinics have a large caseload of referred cases, pediatric patients and long term follow-up patients following renal transplantation. Nephrology ICU at West Fort Hi - Tech is equipped with a dialysis facility for the critically ill patients. I have also been running independent Out Patient Department Clinics at MA-Care Poly Clinic, Valappad, Kattoor, Vadanappally .

Senior Resident, Nephrology, GMC, Thiruvananthapuram

Department of Nephrology at GMC, Thiruvananthapuram offers nephrology services to Medical College hospital, Sree Chitra Thirunal Institute of medical sciences and technology, Regional Cancer Centre and SAT Hospital for women and children. Apart from intermittent hemodialysis, we also manage patients with Continuous Ambulatory Peritoneal Dialysis, Continuous Renal Replacement Therapy. Training at GMC , TVM also involves being part of the clinical and administrative tasks involved in the Kidney Transplant Programme. My doctoral research was in the field of transplant nephrology and helped me gather further insight in the subject, both theoretically and practically. Case discussions and bedside teaching at the college has helped me cover the subject widely and in - depth helping me win the All- India Torrent Young Scholar Nephrology quiz.

Senior Resident, GMC, TCR

Government Medical College , Thrissur is a tertiary teaching hospital in central Kerala receiving patients from districts of Thrissur, Palakkad and Malappuram. Apart from clinical duties in the outpatients department and casualty, I was actively involved

in academic activities for undergraduate as well as postgraduate (MD,Medicine) students.During my tenure, I was also assigned administrative responsibilities including organization of Practical examination for undergraduate and postgraduate students.

Junior Resident (Academic). BMCRI

Bangalore Medical College and Research Institute is a Government run medical college in the city of Bangalore comprising 5 teaching hospitals with a total bed strength of around 3000. During my residency at BMCRI, I was involved in handling cases that required patient history taking , complicated diagnostic algorithms and prolonged follow - up. My interest in nephrology was initiated by the rigorous posting in Institute of Nephro - urology.