

## RESUME

ATHIRA.A.R  
KUNNAPPILLIL HOUSE  
KANYANNOOR  
CHOTTANIKKARA.P.O  
ERNAKULAM, PIN-682312  
Mob No:7306547829



### CARRIER OBJECTIVE

A challenging opportunity and active involvement in a progressive organization offering the opportunity to fully utilize my proven communication skills, nursing hospitality skills and nearly 7 years of work Experience as staff nurse.

### PERSONAL PROFILE

Father 's Name : A.G.Radhakrishnan  
Mother's Name : Prassana Radhakrishnan  
Husband Name : Rajeev.K.R  
Permanent Address : Kunnappillil house  
Kanyannoor  
Chottanikkara.p.o  
Ernakulam, pin-682312  
Nationality : Indian  
Religion : Hindu  
Sex : Female  
Marital Status : Married  
Date of Birth : 25.10.1987

### LANGUAGES KNOWN

To Speak : English, Malayalam, Hindi, Tamil, Telegu, and Gujarati

## ACADEMIC QUALIFICATION

- S.S.L.C : 1 Year from St.Mary's GHSS Pala, Kottayam District, Kerala With Second Class.
- Plus Two : Duration of 2 Year Science Group with Second Class N.S.S.H.S.S, Kidangoor, Kottayam
- Professional Qualification : During 3 ½ Year Diploma in General Nursing at Midwifery from Dileef School of Nursing Nelloore, Andrapradesh.
- Experience Summary : Total Experience 7 Years

## PROFESSIONAL EXPERIENCE

<u>INSTITUTION</u>	<u>DESIGNATION</u>	<u>DEPARTRMENT</u>	<u>PERIOD</u>
Sterling Hospital Ahamadabad	Staff Nurse	Critical Care Unit (CCU)	01.10.2010 to 13.03.2013
High Land Hospital Thane	Staff Nurse	ICU/CCU	15.11.2016 to 30.12.2020.

## DUTIES AND RESPONSIBILITIES

- ❖ Handled all Kind of the Emergency and Performed BLS effectively.
- ❖ Attended pre and Post operative patients. Patients with CRF, ARF, GI Bleed, Hamato onco, Trauma, COPD, Asthma, Burns infected etc...
- ❖ Looking after safety of the patients and solving queries of the patients and Relatives, Giving them health Education.
- ❖ Proper hand washing before and after every Procedure.
- ❖ Care of Patient on a ventilator



- ❖ Preparation the patient for Endo Tracheal intubation and assist for Endo tracheal intubation
- ❖ Extubation of the Endo Tracheal Tube.
- ❖ Care of the Endo Tracheal Tube.
- ❖ After extubation Endo tracheal tube can send for culture and sensitivity
- ❖ Providing chest physiotherapy for the patient  
ECG Monitoring
- ❖ Assist doctor's in performing diagnostic and therapeutic procedure like IV canul insertion of centre line catheterisation.
- ❖ Exchange transfusions
- ❖ Cardio pulmonary resuscitations
- ❖ Nasogastric tube insertion for feeding and stomach wash
- ❖ Prepare the patient for procedures like X-Ray and CT scan
- ❖ Continuous monitoring of ECG. Arterial Blood Pressure Pulmonary Arterial pressure. Respiration, Temperature and saturation.
- ❖ Collection of blood samples and other sample like urine stool sputum ear swab and throat swab
- ❖ Administation of humidified oxygen
- ❖ Nebulisation
- ❖ Steam inhalation
- ❖ Help the patient for feeding and basic needs.
- ❖ Assisting for pleural tapping
- ❖ Assisting for the insertion and removal of the chest tube drains
- ❖ Assist the patient for mobilization
- ❖ Health education of the patient about post operative care.
- ❖ Assisting for lumbar puncture
- ❖ Assisting for Intra Thecal Injections
- ❖ Psychological support to the parents.

## **CASE ASSISTED**

- ❖ Tracheostomy procedure
- ❖ Central line insertion
- ❖ Intubation
- ❖ Bronchoscopy
- ❖ GI Scopy
- ❖ Cavafix insertion
- ❖ Arterial line insertion
- ❖ Dialysis catheter insertion
- ❖ Tapping
- ❖ Major dressings.

## **TYPE OF EQUIPMENTS HANDLED**

- ❖ Ventilator
- ❖ Syring pump
- ❖ Infusion pump
- ❖ ECG machine
- ❖ LP
- ❖ Bone Marrow aspiration
- ❖ Major Dressings.

## **TYPE OF EQUIPMENTS HANDLED**

- ❖ Syring pump
- ❖ Infusion pump
- ❖ ECG machine
- ❖ LP Bone Marrow aspiration



- ❖ Defibrillator
- ❖ One touch machine for Blood glucose monitoring
- ❖ Stethoscope
- ❖ Ambu bag
- ❖ Laryngoscope with different size of blade
- ❖ Portable suction machine
- ❖ Digital thermometer (oral and rectal)
- ❖ Central wall oxygen and suction
- ❖ Endo tracheal tube
- ❖ Steam inhaler
- ❖ Nebuliser
- ❖ Pulsoxy meter
- ❖ Sphygo manometer
- ❖ Monitor with ABP. PAP. ECG. NIBP. Temperature respiration Spo2

**REFERENCE**

Dr. Amrish patel  
MB (Chest D.T.C.D)  
Pulmonologist  
Mob: 9898024742

**Declaration:-**

I do hereby state that all the information furnished above is true to the best of my knowledge.

Place: Chottanikkara

Date:

  
**ATHIRA A.R**