

# CURRICULUM VITAE

JENITTA JOSE



## CAREER OBJECTIVE

Seeking a position as a nurse in a reputed hospital where I can get learning environment along with using my skills for the profitability of the hospital and in addition to my interpersonal skills to provide the highest level of patient care .

## ACADEMIC QUALIFICATION

| Course      | Institution                                  | University/Board                        | Year of passing | Percentage Of Mark |
|-------------|--|---|-----------------|--------------------|
| Bsc Nursing | Indira Gandhi College of Nursing,Kadavanthra | Kerala University of Health And Science | 2015            | 75 %               |
| HSE         | Govt Higher Secondary School,Puliyanam       | Kerala Higher Secondary Board           | 2011            | 73 %               |
| SSLC        | St.Joispeh's Girls High School,Karukutty     | Kerala State Board                      | 2009            | 83 %               |

## PROFESSIONAL QUALIFICATION

### ➤ REGISTERED NURSE

The Kerala Nurses and Midwives Council

## WORK EXPERIENCE

**1. Staff Nurse in MEDICAL & SURGICAL WARD in FORTIS FLT.LT.RAJAN DHALL HOSPITAL ,ARUNNA ASIF ALI MARG,Vasant Kunj,New Delhi**

**[From 02/05/2016-to-20/12/2017]**

**2 Staff Nurse in ORTOPAEDIC AND RHEUMATOLOGY MEDICAL & SURGICAL WARD is 20 bedded in ASTER MIMS HOSPITAL,CALICUT**

**[From 14/01/2019 to 14/01/2020]**

## PERSONAL DETAILS

**Email Id :**  
jenittajose10@gmail.com

**Phone No:** 8512083403 /  
9188442195

## ADDRESS:

D/o. P D Jose  
Puthussery House  
Karukutty P O  
Besleham  
Ernakulam  
PIN-683576  
Kerala

Date of birth : 12.10.1993

Gender : Female

Marital Status : Married

Nationality : Indian

Religion : Christian

## PASSPORT DETAILS :

Passport number: R9755183  
Date of expiry : 06/03/2028

## HOBBIES :

- Listening Music
- Travelling
- Time spend with friends
- Reading Books

## **COMPETENCIES**

- Motivates and manage work force
- Work effectively with diverse group of people
- Ambitious,hardworking and committed to excellence.
- Committed to deadlines and schedules.

## **MY STRENGTHS**

I myself motivated, I can communicate reasonably well.

I have a good level of emotional intelligence of get along with different types of personals and colleges and I can keep myself cool in hard times

## **PERSONAL ATTRIBUTES**

- Industrious
- Adapts to new working environment easily
- Sociable
- Good team member
- Empathetic and understanding nature
- Utilizes all educational opportunities

## **ACHIEVEMENTS**

- Attended a free checkup camps for poor people organized in various villages
- Member of the student cultural committee during my college

## **SUMMARY OF EXPERINCES:**

- **Department Handled : Medical, Surgical, Gynec, Nephro and pediatric ward**
- Mainly handled medical conditions,Mother and child,Pediatric cases,Oncology,Rheumatology
- Pre and Post OP care of cardiac surgery,Kidney transplant,Mas and bariatric surgery,Neuro surgery,Ortho surgery and cardio thorasic surgery
- **Duties and Responsibilities:**
- Admission of patients and orientation of units.
- Emergency management of critically ill patients with general and cardiac problems.
- Preparation of patient's surgery.
- Monitoring vital signs , electro cardio graph(ECG), arterial blood pressure, venous pressure & central venous pressure.
- Catheter care for patients
- Admission of drugs in emergency
- Providing cardio pulmonary resuscitation
- Performing electro cardio graph under emergency situations
- Performing Ryle's tube insertion and feeding
- Experienced in all other general procedure such as intra venous infusion, blood transfusion, preparation and care of patients with bed sores.
- Catheterization care of mother and new born baby
- Care of patient after kidney transplantation.
- Cannulation,taking sample for lab investigation
- Sugar monitoring
- Wound dressing
- Coordination all work as a team
- Documentation of nursing activities
- Monitoring accurate intake and output of the patient

## **TRAININGS**

- Six months training in medical surgical ward from Ernakulam government hospital, where I was assisting the doctors in attending the patients and their checkups.
- Three Months training in psychiatric ward from Sacred Heart hospital Thodupuzha.
- Three month training in pediatric ward from Ernakulam government hospital
- Six month training in obstetrics and gynecology department from District hospital,Aluva.
- One month training in Operation Theatre from Sun Rise hospital,Ernakulam.
- Two month training done in various community centers in Ernakulam,PHC.etc.

## **PARTICIPATIONS**

- Workshop on wound care management by Smith and Nephew
- Participated on oncology nurses training programme
- Workshop on nursing leadership role in caring of patients with dementia conducted by Angela Butt, manager, international Post Graduate, nursing Programme, Niagara college Canada held at Indira Gandhi college of nursing, Kadavanthra on 17/08/2015

## **PROCEDURES HANDLED**

- ICD management
- CPR, Defibrillator
- Wound suturing
- Chemotherapy
- Blood and blood product transfusion
- ABG, VBG
- Foleys and nasogastric tube insertion

## **BIOMEDICAL EQUIPMENTS HANDLED**

- Syringe Pump
- Pulse Oximeter
- Nebulizer
- Suction Apparatus
- Continuous Monitoring
- Doppler for fetal heart rate
- Laryngoscope
- Tracheostomy tube
- Warmer
- Other general equipments
- Infusion Pump
- CPAP
- Cardiac monitors (DASH MONITOR 2500, PHILIPS <MAXIMO, OHMEDA 3800)
- Defibrillator (BPL DF 2509)
- ECG Machine
- Oxygen cylinder
- Ambu Bag

## **SOFTWARE/TECHNICAL SKILLS**

Packages : MS Office  
DOS & fundamentals, Microsoft Windows, Internet

## **LANGUAGE KNOWN**

- To write: Malayalam, English and Hindi
- To speak: Malayalam, English, Hindi and Tamil
- To Read: Malayalam, English and Hindi

## **REFERNCES**

- Mr.Vikrant  
HR department  
FORTIS Hospital, Vasant Kunj  
PH-8860201428
- Indira Gandhi college of nursing  
Kadavanthra  
Ph-04842203787,9446106026

## **DECLARATION**

I hereby declared that the above furnished details are true to the best of my knowledge. If I selected I shall give my best to the organization.

Place : Karukutty

Date :

JENITTA JOSE