

LINSA M THOMAS

REGISTERED NURSE (NEUROSURGERY)

Kinattukara House, Pada South, Karunagappally P.O , Kollam-690518

Mob: +91 7034085013 e-mail: linsamthomas@gmail.com



OBJECTIVE:

To become a Registered Nurse where I can use my education and clinical experience to care for patients and expand my skills and knowledge.

EDUCATIONAL QUALIFICATION:

- Bachelor of Science in Nursing (2012 - 2016)
Aditya College of Nursing, Kakinada
- Board of Higher Secondary Examination (2012)
St. Johns Higher Secondary School, Mavelikara
- Secondary School Leaving Certificate Examination (2010)
Govt. HSS For Girls, Mavelikara

PROFESSIONAL REGISTRATION:

- Name of Nursing Council : The Andhra Pradesh Nurses, Midwives, Auxiliary Nurse-Midwives and Health Visitors Council
Nurse Reg. Number : 179921
Midwife Reg. Number : 179474
Year of Registration : 19-04-2017
- Name of Nursing Council : Telangana Nurses, Midwives, Auxiliary Nurse-Midwives and Health Visitors Council
Nurse & Midwife Reg. Number : 15895
Year of Registration : 16-08-2018
- Name of Nursing Council : Kerala Nurses And Midwives Council
Nurse & Midwife Reg. Number : KL04202200941
Year of Registration : 16-03-2022

CERTIFICATION:

- BLS certified through KIMS Hospital in January 2017

PROFESSIONAL EXPERIENCE:

Krishna Institute of Medical Science (KIMS) Secunderabad NABH, NABL and ISO9001:2008 certified 750 bedded multi speciality hospital (18.January.2017 to 06.May.2021)

Staff Nurse in Neurosurgical OR:

- Worked in Operating Room of Krishna institute of medical sciences ,which is a 750 bedded multi specialty Hospital .
- Assisted in Neuro Cases like Burr hole, E.V.D, Shunt(V.P & T.P), Stereotactic Biopsy (STB), Endoscopic Third Ventriculotomy(ETV), Endonasal Pituitary Surgeries, all kind of Craniotomy such as Decompression, Craniotomy and Excision of Tumour, Navigation Guided Craniotomy, Arteriovenous Malformation(AVM), ACF Craniotomy, Laminectomy and Excision of Tumours, Discectomy, Spinal Fixation, Bone Flap replacement, F.M.D, Micro Vascular Decompression(MVD), Aneurysm Clipping and Epilepsy cases, Anterior Cervical Discectomy & fixation (ACDF)
- Follow all hospital protocols, regulation, proper hygiene and cleanliness of the ward and OR
- Perform assessment, checking physician instruction, consent and check list
- Pre & Post-Operative nursing management of surgery patient and Infection Control
- Prep OR, arranging Instruments, stock supplies prior to surgery and ensured all equipments functioning properly
- Assisting Anesthetist for giving anesthesia and Resuscitation procedure
- Informing Surgeon and circulating nurse about correct count of Instruments, articles , sponges
- Replacing the articles back , Sterilizing the equipment's and the area
- Perioperative /Intraoperative care and management
- Post care management and Intensive care for patients after surgery.
- Assess patient and perform physical examination
- Develop effective plan of care, provide appropriate therapy and care as per physician's order
- Manage documentation work right from patients first visit to discharge
- Taught patients on managing daily living activities independently
- Communicate with interdisciplinary team constantly and ensure effect patient care
- Participate and initiate new and effective process in patient care meetings

CLINICAL EXPERIENCE:

As a Student Nurse, Rotation Included : Medical-Surgical, OBG, Oncology, Adolescent & Adult psychiatries, Geriatrics, Operating Room, MICU, SICU, Neuro ICU, Burns & scalds, Outpatient clinic and Community Health Nursing.

Student nurse in Government General Hospital Kakinada AP , INDIA

- **Nursing Foundation (475 hours)**
- **Community health nursing (490 hours)**
- **Child health nursing (450 hours)**
- **Mental health nursing (400 hours)**
*Including psychotic disorder, neurotic disorder, substance abuse, ECT, Psychotherapy, Occupational therapy, Behavioral therapy, Recreational therapy, psychotherapeutic drugs administration, MSE
- **Growth & development including nutrition (30 hours)**
*Assessment of growth &development, Assessment of nutritional status in various group, Diet planning for any age group

- **Obstetrics & gynecology nursing (650 hours)**
*including Labor & delivery unit, Mother & baby care, Domiciliary midwifery, Antenatal, Intranatal, Postnatal, deliveries conducted, Newborn care
- **Medical- surgical nursing (1550 hours)**
*including General surgery, General medicine, Cardio thoracic, MICU, SICU, NICU, PICU, Neuro ICU, Endoscopy, Dialysis, OR, Oncology unit

PERSONAL DETAILS:

Date of Birth : 10-12-1994
Gender : Female
Marital Status : Married
Religion : Christian
Nationality : Indian
Languages Known : English, Telugu, Malayalam

REFERENCE:

Dr. Manas Panigrahi
M.Ch., (NIMHANS)
Senior Consultant Neurosurgeon
Fellow, Cerebrovascular & Skullbase Surgery
Wayne State University, USA



Date: 06-05-21.

TO WHOM SO EVER IT MAY CONCERN

This is to certify that **Mrs. Linsa M Thomas** with ID No: 90109796 employed as **Female Staff Nurse(Registered Nurse)** in **KIMS Multi Speciality Hospital** from **18.01.17** to **06.05.21**. She is very sincere & hard working person.

Krishna Institute of Medical Sciences is NABH, NABL accredited 750 bedded multi speciality hospital specialities like Cardiology, Cardiac Surgery(Adult & Pediatrics), Neurology, Neurosurgery, Orthopaedics, Gastroenterology(Medical & Surgical), Nephrology, Urology, Endocrinology, Rheumatology, Obstetrics, and Gynaecology, Pediatrics, Oncology, Transplant surgery (Liver, Kidney & Pancreas), Nuclear medicine, Robotic surgery etc. KIMS Multi Speciality Hospitals is well equipped with sophisticated services & provides 24/7 Emergency services.

She has worked as a Scrub Nurse & Floor Nurse in **NEUROSURGERY Operation Theatre**, she has assisted neuro surgical procedures like De compressive Craniotomy, Craniotomy and excision of tumor, Navigation guided Craniotomy, ATL AH, C.P Angle tumor excision, A.V.M, Aneurysm clipping, Endo nasal pituitary surgeries, Endoscopic third ventriculostomy, ACF Carpeting, Laminectomy & Excision of tumors, Discectomy, Spinal fixations, Bone flap replacement, Micro vascular decompression, F.M.D, Stereotactic biopsy, Shunt(V.P & T.P) E.V.D, Burr hole etc. She is also a computer literate and I found her to be a good nurse in regards her approach towards the critically ill as well as her knowledge of nursing care. Her relationship with her colleagues, Doctors and Para-medical staff has always been professional. Her character and conduct are good.

I wish her the best in her future endeavours and I am sure that, she will be an asset to any Organization she wishes to join.

Manas
Dr. Manas Panigrahi
M.Ch.,FACS
Senior Consultant Neurosurgeon
Reg No. 78921

Krishna Institute of Medical Sciences Limited
Master Road, Secunderabad - 500 003, Telangana, India
+91 40 274488 5184 +91-40-27840980 kimshospitals.com
CIN : U55101TG1973PLC040558

Dr. R. Chandra Sekhar Naidu
MS., MCh
Consultant Neurosurgeon



Date: 06-05-21.

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Dr. R. Chandra Sekhar Naidu
M.S. MCH
Consultant Neurosurgeon
KIMS

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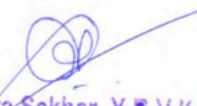
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Dr. Chandra Sekhar Y.B.V.K
Dr. Y.B.V.K.Chandrasekhar
Fellow, Yamagata University, Japan,
Consultant Neurosurgeon,
Regd. No. 16583
Krishna Institute of Medical Sciences Ltd
Minister Road, Secunderabad - 500 003

Sensitivity: Internal & Restricted

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Dr. Sujit Kumar Vidiyala

M.Ch. (NIMS), FSBS (WFNS)
Senior Consultant Neurosurgeon
Fellow Skull Base Surgery
KEIO University Tokyo Japan
Special Interest: Minimally Invasive
Brain & Spine Surgery, eg. key hole discectomy
E-mail: neurosujit@yahoo.co.in
For Appointment: 8978737377



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Dr. Sujit Kumar Vidiyala
M.Ch. (NIMS), FSBS (WFNS)
Senior Consultant Neuro Surgeon
Fellow Skull Base Surgery
KEIO University Tokyo Japan
Special Interest

Minimally Invasive Brain and Spine Surgery, eg. Key hole discectomy
Mob: 98495 29636, e-mail: neurosujit@yahoo.co.in

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Dr. Sai Kalyan S

MS(General Surgery), M Ch (Neurosurgery),
Clinical Fellow, Cerebrovascular & Skullbase Surgery,
Fujitha Health University, Nayoga, Japan,
& Junior Consultant Neurosurgeon.

DECLARATION:

I Hereby declared that the above given information are true to the best of my knowledge.

(Linsa M Thomas)