

CURRICULUM VITAE

PERSONAL DETAILS

Name : Ms. Tincy M Thomas
Father's Name : Mr.M Thomas.
Gender : Female.
Permanent Address : Roni Bhavan Nallila (Po) Nallila Kollam Kerala 691515 E -
Mail ID : tincymthomas94@gmail.com
Mobile No. : +918848321533

VITAL INFORMATION

Religion : Christian.
Date of Birth & Place : 11/03/1994 \$ kerala Marital Status : Married
Nationality : Indian.
Languages Known : English, Hindi, Malayalam,

PASSPORT DETAILS

Passport no :R1117171
Date of Issue : 17/05/2017
Date of Expiry : 16/05/2027
Place of Issue : Kollam.

ACADEMIC QUALIFICATION

Exam Passed	Name of Institute	Board	Year of Passing
S.S.C	Little flower high school	Kerala	2008
H.S.C	Govt Higher secondary school	Kerala	2010

PROFESSIONAL QUALIFICATION

Qualification	Institution	University	Year
B. Sc.Nursing	Azeezia medical college of	Kerala	2012-2016

	nursing		
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PROFESSIONAL REGISTRATION

Name of Nursing Council	Name of Nursing Council
Kerala Nursing Council India	KL03201701664

PROFESSIONAL EXPERIENCE

Institute	Department	Period of working
P.D.Hinduja National Hospital & MRC	Cardiac I CU	Oct 2018-Oct 2021

CAREER OBJECTIVE

Compassionate nursing professional seeking opportunity requiring exceptional organizational skills and talents in patient relations, education and advocacy; can offer outstanding abilities in assessment, formulating diagnosis, establishing goals, implementing interventions, and evaluating outcomes. To be a part of Dynamic Organization, where I will be able to utilize my skills and contribute directly to the growth of the organization and in turn develop my career.

WORK EXPERIENCE

- Total Experience :3 years as a staff nurse

CASES SEEN IN THE ICU

- Coronary Angiogram
- Coronary Angioplasty
- Cardiac Disorders
- Craniotomy
- Head injury

- Stroke
- SDH, SAH, Intracranial hemorrhage
- Meningitis
- Aneurysm
- Shock
- COPD
- Asthma
- Pulmonary embolism
- Pneumothorax, Hemothorax
- Pleural effusion
- Obstructive sleep apnea
- Tuberculosis
- Trauma
- Cancer
- Hepatic encephalopathy
- Peptic and duodenal ulcers
- Hernia and liver diseases
- Type I and type II diabetes
- Hyperthyroidism
- Renal failure
- Hemodialysis
- Urinary tract infection
- Renal calculi

DUTIES AND RESPONSIBILITIES

- > Perform Nursing Assessment: Plan, Implement, and evaluate nursing care rendered.
- > Complete Pre operative preparation (investigations, reservation of blood components, checking of due consents, ensuring permission from financial department etc).
- > Nursing documentation in brief, accurate and complete manner.

- > Working in coordination with other health professionals.
- > Obtain E.C.G, I.V Cannulation and Insertion of Urinary catheter, Naso Gastric tube, Wound dressing and Blood Transfusion.
- > Assist Physician during procedure like Central Venous Catheterization, Arterial Line Insertion, IABP Insertion, Dialysis Cannula Insertion, Endo Tracheal Intubations, Intercostal tube insertion, Percutaneous Tracheotomy, Pleural tapping, Lumbar Puncture.
- > Maintenance of intake output chart (e.g. Urine Output, RT feeds, Chest drainage) and monitoring central venous pressure and cardiac output.
- > Collection of specimens (eg.Serum, ABG, Urine, Sputum).
- > Management of intravenous fluids and inotropes.
- > Initiate CPR, defibrillation during cardio pulmonary arrest.
- > Maintaining personal hygiene (eg.Nail care, Hair care, Mouth care, Bowel and Bladder care).
- > Prepare the patient for various procedures (e.g. X-ray, CT scan, MRI, ECG, LITrasonography, Echocardiography etc.)
- > Check narcotic drugs at each shift duty and register, setting up the crash cart with all emergency drugs.
- > Impart health education to the patient and relatives
- > Supervision and orientation of student and trainees, participation in staff training programmes.

Equipment and operation skills

- Mechanical Ventilator

- Infusion Pump
- Defibrillator, Cardiac Monitor
- Pulse Oxymeter, Ambu bag
- Laryngoscope
- Oxygen Flow Meter
- ECG Machine
- Suction Apparatus
- CVP Scale
- Glucometer
- Nebulizer
- Peripheral Doppler
- Otoscope
- Ophthalmoscope
- Arterial blood gas machine
- Intra aortic balloon pump machine
- Patient control analgesia pumps
- Dialysis machine

STRENGTHS

Confident, optimistic, hardworking, adjust with any circumstances and honest

REFERENCE

Ms.Phalakshi Manjrekar

Director of Nursing

P.D.Hinduja National Hospital and MRC

Mahim

Mrs. Sholly Varghese

Asst. Nurse Manager

P.D. Hinduja National Hospital & M.R.C. Mumbai. Ph.no: 09869565425 /

022-26666465.

DECLARATION

I do hereby declare that all the information furnished above is true and correct to the best of my knowledge and belief.

Date : 04/08/2021

Place : MUMBAI