



# JINU P YOHANNAN , REGISTERDED NURSE

[jinupyohannan@gmail.com](mailto:jinupyohannan@gmail.com)

| +91 7306078396 |

Pattullil House

Thiruvaniyoor, Ernakulam-682308, Kerala, India

Dear Sir/ Madam,

As a **highly skilled Operation Theatre Registered Nurse**, I am pleased to write you this letter regarding my application for the **nursing positions (Care Assistant / Qualified Nurse)** at your health care sector. **My education and experience aligns well, with the qualifications that you are seeking for.** In particular, **my role as a Operation Theatre Registered Nurse or as a Staff Nurse** at VKM (Vijaya Kumara Menon) Hospital, and I am certain I would make a valuable addition to your organization.

With more than **5 years of experience as a OT Registered Nurse and as a Staff nurse**, I am adept in **pre-operative support, post-operative care and surgical assistance.** **Moreover, while my current job experience has afforded me a well-rounded skill set, including abilities of first rate leadership, teaching, also I was task with evaluating medical conditions of up to 20 patients.**

I excel at:

- >Performing assessment and charting conditions.*
- >Leading other nursing staff via procedural updates, training, and over sight.*
- >Administrating medications, managing IVS and providing one on one support.*
- >Educating patients and families about proper discharge care.*

In addition to my experience and personal qualities, **I have a solid educational foundation and a passion for quality patient care.** **My experience adds in developing and directing a rotational system to manage the care of the patients and coordinate work force management.** I am extremely enthusiastic about your health care sector focus on community health and would welcome the opportunity to contribute to the companies growth.

I believe a relationship with your company would be mutually beneficial, **as I am seeking a challenging work environment where I can exercise my skills to the full extend.** **I am looking forward to hear from you. So kindly find all the attached resume and documents.**

Thanking you for your consideration,  
Sincerely,

**JINU P YOHANNAN**



# JINU P YOHANNAN, REGISTERED NURSE

[jinupyohannan@gmail.com](mailto:jinupyohannan@gmail.com) | +917306078396 | Pattullil House  
Thiruvaniyoor, Ernakulam-682308, Kerala, India

## RESUME / Curriculum Vitae



### PERSONAL INFORMATION

Name	<b>Jinu P. Yohannan</b>
Gender	<b>Female</b>
Date of Birth	<b>29.03.1988</b>
Religion	<b>Christian</b>
Marital Status	<b>Married</b>
Nationality	<b>Indian</b>
Languages Proficiency	<b>English, Malayalam &amp; Telugu</b>

### PASSPORT DETAILS

Passport No.	<b>T5007237</b>
Date of Expiry	<b>10/04/2029</b>
Place of Issue	<b>Kochi (India)</b>

### REGISTRATION CERTIFICATES DETAILS

ANDHRA PRADESH (State), (India) Nurses, Midwives, Auxiliary Nurse-Midwives & Health Visitors Council:

- For Nurse >Registration No **91715**  
(15/3/2010 to 14/3/2025)
- For MidWife >Registration No **91284**  
(15/3/2010 to 14/3/2025)
- For Public Health Nurse >Registration No **10003**  
(15/3/2010 to 14/3/2025)

KERALA (State),(India) Nurses & Midwives Council:

- For Nursing & Midwives >Registration No **14625**  
(11/10/2011 to 10/10/2022)



# JINU P YOHANNAN, REGISTERED NURSE

[jinupohannan@gmail.com](mailto:jinupohannan@gmail.com) | +917306078396 | Pattullil House  
Thiruvaniyoor, Ernakulam-682308, Kerala, India

## EDUCATIONAL QUALIFICATION

<i>Course</i>	<i>Institution</i>	<i>Board/University</i>	<i>% of Marks</i>	<i>Year</i>
B Sc Nursing (4YDC)	SVS College of Nursing A.P	NTR University of Health Sciences, A.P Vijayawada	1 <sup>st</sup> Year-68% 2 <sup>nd</sup> Year-66.8% 3 <sup>rd</sup> Year-70.5% 4 <sup>th</sup> Year- 78%	November 2009
Plus Two/ Higher Secondary	GOVT Higher Secondary School, Mulathuruthy	Board of Higher Secondary Examination, Kerala	69.83%	March 2005
SSLC	RMHS School Vadavucode	Board of Public Examinations, Kerala	72 .5%	March 2003

## ENGLISH LANGUAGE ABILITY

I am proficient in handling the English language, both in Speaking & Writing. I have also achieved 60 percentage in English Ability test.

## CAREER OBJECTIVE

To handle challenging role in a fast growing organization, which provides both growth potential and wide exposure with the latest technologies where I can utilize my skills and abilities.

Being professional Nurse I would like to dedicate myself to those who need help, and I wish to improve my professional knowledge & participate in establishing & maintaining equitable working condition in nursing.

## PROFESSIONAL EXPERIENCE

<i>Name of the Hospital</i>	<i>Designation</i>	<i>Duration</i>	<i>Beds</i>	<i>Department</i>
<b>Vijaya Kumara Menon Hospital Sinc 1980</b> (Certified and NABH Accreditation Hospital) Tripunithura, Cochi, Kerala	<b>Operation Theater Registered Nurse / Staff Nurse</b>	6 <sup>th</sup> August 2018 to still working	100	<b>Operation Theater</b>



# JINU P YOHANNAN, REGISTERED NURSE

[jinupyohannan@gmail.com](mailto:jinupyohannan@gmail.com) | +917306078396 | Pattullil House  
Thiruvaniyoor, Ernakulam-682308, Kerala, India

<b>Lakeshore Hospital and Research Centre Ltd.,</b> (ISO 9001-2008 Certified and NABH Accreditation Hospital) Nettoor, Kochi, Kerala,	<b>Operation Theater Registered Nurse / Staff Nurse</b>	18 <sup>th</sup> January 2010 to 31 <sup>st</sup> May 2012	350 plus	<b>Operation Theatre</b>
---	---	--	----------	--------------------------

**VKM (Vijaya Kumara Menon) Hospital was opened in 1980 in Tripunithura, a certified and NABH Accreditation Hospita. Over the past 30 years, the hospital has established itself as a source of total healthcare for people in and around Tripunithura. With quality healthcare and an affordable fee structure, the institution has withstood the test of time and prospered into a quality health care unit.**

With over 30 doctors in 16 diverse departments, VKM now provides comprehensive and specialized care for people across all age groups. The hospital provides 24 hour emergency services, including advanced Radiology services, a specialized Trauma Intensive Care Unit.

The centre proudly owns a specialized Surgical and Orthopedic unit, which covers both basic and advanced surgical procedures including advanced Laparoscopy and Joint Replacement. The Surgical and Orthopedic units are backed by specialized ICU's and fully modern operating rooms. VKM also caters to your medical needs in various other departments including Obstetrics and Gynaecology , Paediatrics and Neonatology, Cardiology, ENT, Ophthalmology, Palliative care. The latest addition to our services is a Nephrology department with a Dialysis Unit.

**Lakeshore Hospital and Research Centre is a 350 Bedded Tertiary Multi Super Specialty Hospital with ISO 9001-2008 Certified and NABH Accreditation with all modern facilities.**This hospital have 10 operation theatres. Gastroenterology, Gastrointestinal Surgery, Medical and pediatric Oncology, surgical Oncology, Urology,Nephrology,Interventional Radiology, Organ Transplantation, Endocrinology, Diabetes Center, Family Medicine, Internal Medicine, Nutrition, ENT and Head and Neck Surgery, Ophthalmology, Dental Science, Facial maxillary surgery, Orthopedics, Cardiology and cardiac surgery,

Neurology, Neuro Surgery, Psychiatry De addiction, Trauma Center, Pulmonology Pathology, Critical care, Dermatology,

Rheumatology, Spine Surgery, Plastic Surgery, Obstetrics gynecology, Fertility Center, Pediatrics, Neotology, Infection control, Imaging Service, Nursing Service, Laboratory service, Transfusion Medicine and all other facilities required by the patients and their family.

### TYPES OF CASES ATTENDED

#### **Urology Surgeries:-**

Renal Transplant, Nephrectomy, Hydrocelectomy, TURBT, TURP, PCNL, ESWL, URS, Orchidectomy, Circumcision, Pyeloplasty, Endoscopic cases etc.



# JINU P YOHANNAN, REGISTERED NURSE

[jinupyohannan@gmail.com](mailto:jinupyohannan@gmail.com) | +917306078396 | Pattullil House  
Thiruvaniyoor, Ernakulam-682308, Kerala, India

## **Gastro\ Intestinal Surgeries:-**

Laparotomy, Lower Anterior Resection, LPJ, Wipple's PD, Gastrectomy, Appendectomy, Gastro jejunostomy, Cholecystectomy, Laparoscopy, Herniorrhaphy, Inguinal, Umbilical and Incisional Hernia, Excision and I & D, Thyroidectomy, Hepatectomy, Mastectomy and Haemorrhoidectomy etc.

## **Gynaecological Surgeries:-**

L.S.C.S, Abdominal and Vaginal hysterectomy, Laparoscopic sterilization, lap ovarian cystectomy, diagnostic laparoscopic cases.

## **Onco Plastic Surgeries:-**

Thyroidectomy, Parotidectomy, MRM, Breast Reconstruction, Hemiglossectomy  
Radical Neck Dissection

## **Plastic Surgeries:-**

Liposuction, Abdominoplasty, Gynecomastio correction, Breast reduction surgery, Hair Transplant.

## **Laparoscopic Surgeries:-**

Nephrectomy, Cholecystectomy, Appendectomy, NISSEN Procedure, Sleeve Gastrectomy, Pyeloplasty, Splenectomy, TV Ligation, Sterilization etc.

## **Neurological Surgeries:-**

Craniotomy, Burhole, Laminectomy, Posterior Stabilization and discectomy etc.

## **Post-operative ICU:-**

Post operative care such as medications, wound care, sponge bath, vital signs checking, mouth care also I can provide to the patient.

## **JOB DESCRIPTION**

### **In Anesthesia Room**

- Receiving and Identifying Patients.
- Providing Psychological and moral Support
- Providing safety and comfort measures
- Ensuring that the pre operative orders have been carried out.

### **As a Circulatory Nurse**

- Preparation of OT.
- Ensuring proper functioning of equipments.
- Assisting in intubations and Anesthesia



# JINU P YOHANNAN, REGISTERED NURSE

[jinupyohannan@gmail.com](mailto:jinupyohannan@gmail.com) | +917306078396 | Pattullil House  
Thiruvaniyoor, Ernakulam-682308, Kerala, India

- Maintaining aseptic technique.
- Preparation of trolley as per the case.
- Ensuring completions of survey without hindrance.
- Supervision of subordinates
- Providing safe environment
- Stripping of theatre after cases.
- Assisting in reversing anesthesia
- Maintaining Records
- Good communication with team members.

## **As a Scrub Nurse**

- Maintaining aseptic technique and universal precautions throughout the surgery.
- Arranging and providing instruments in the order of use
- Cover the sterile articles on the sterile table with a sterile towel until the patient is anaesthetized and the surgeon is ready to drape the operating field.
- Providing safe environment
- Anticipation of needs
- Proper handling of specimens.

## **Symposium & Seminars Attended**

- Wound care
- BLS
- Role of a nurse in infection control
- Effective communication
- Pain management
- Moving and handling patients.
- Fire and Safety
- Blood transfusions
- Central Line care.

## **EQUIPMENTS HANDLED**

Ventilator, C-ARM, Defibrillator, ECG Machine Cardiac Monitor, ABG Machine, Pulse Oxymeter, Glucometer, Laparoscopic Monitor, Drill, Laryngoscope, Nebulizer, Syringe Pump, Infusion Pump, Suction Apparatus, Cautery Machine.

## **FOR EMERGENCY SITUATION**

Patient care including vital signs checking, fluid administration, Ryles tube insertion, suctioning, O<sub>2</sub> administration, assisting for intubation, lumbar puncture, chest tube insertion, blood sampling for all blood insertions. Handling cardiac monitor, pulse-oxymeter, ventilator and tubing etc. Blood transfusion, catheterization, pre-operative preparation & Post operative managements & Sterilization of equipments, autoclaving, fumigation of theater also I can do very well.



# JINU P YOHANNAN, REGISTERED NURSE

[jinupyohannan@gmail.com](mailto:jinupyohannan@gmail.com) | +917306078396 | Pattullil House  
Thiruvaniyoor, Ernakulam-682308, Kerala, India

## Skills

- Good management & communication skills
- Languages known – English, Hindi, Tamil and Malayalam
- Ability to perform effective assessment and analysis of health care situations and to take prompt and appropriate decision
- Act proactively and conscientiously during performance of my job.
- Increase further knowledge of my colleagues by presenting in services.
- Responsible, Hardworking and polite
- Perfect attendance
- Good skills in computer

## REFERENCE

Mrs. Capt. Salena Rohal  
Nursing Superintendent  
VKM Hospital Thripunithura, Cochin, Kerala, India  
Phone: +91 7736120667

In Charge Nurse, (Operation Theatre)  
Lakeshore Hospital & research centre  
Cochin, Kerala, India  
Phone: +91 484 2701032-33

## DECLARATION

I hereby declare that, the statements made above are correct and true to the best of my knowledge and belief

JINU P. YOHANNAN