

JYOTHILEKSHMI J

Staff Nurse

2 +91-9995985641, +91 -8590149296

NAME Jyothilekshmi J

ADDRESS

Namboonazhikathu Vadakkethil Manady P.O Mannady Pathanamthitta Kerala India

HOBBIES

- Listening Music
- Reading Books
- Watching Movies

LANGUAGE SKILL

✓ English✓ Hindi✓ Malayalam

PASSPORT DEATILS

PASSPORT NO: V3050203
PLACE OF ISSUE: TRIVANDRUM
DATE OF ISSUE: 12-10-2021
DATE OF EXPIRY: 11-10-2031

AREAS OF INTEREST

- EmergencyDepartment
- OperationTheatre
- Medical & Surgical ward
- Labour Room
- ICU

OBJECTIVE

Seeking a position as a nurse in a reputed hospital where i could serve to the patient and help the organisation in building good image. Applying for the position of a Nurse with credentials in gerontology as well as having diverse background in patient care also bringing clinical competencies to the job .

PERSONAL SKILLS 🖎

- Polite and soft in nature
- Good sense of humour
- Can manage the problems easily
- Good decision maker
- Loyal towards my work and duties

PERSONAL PROFILE ©

Name : JyothiLekshmi J
Date of Birth : 10 -07-1997
Sex : Female
Marital Status : Married
Nationality : Indian

EDUCATION

Bsc Nursing [2015 -2019]
Kerala University of Health Science
(vijaya College of Nursing kottarakkara)

HIGHER SECONDARY [2015]

Board of Higher Secondary Education (MKGAM higher secondary School ,Mannady)

SSLC [2013]

Board of Public Examination Kerala (HS &VHSS,Mannady)

72 %

77 %

REGISTRATION DETAILS

REGISTRATION NUMBER: KL03202002959

REGISTRATION BOARD : Kerala Nurses and Midwives council

DATE OF REGISTRATION : 17- 01-2020

WORK EXPERIENCE

I worked as a staff Nurse at General Hospital, Adoor from 09-10-2020 to 31-10-2021

DUTIES AND RESPONSIBILITIES

- Admitting the patient according to the rules and regulations.
- > Assessing planning and implementing nursing care.
- > Nursing care of patients with medical surgical emergencies.
- > Resuscitation procedures.
- Infection Control.
- > Pre and post operative nursing care.
- Maintenance of patient record like admission and discharge detail, record of treatment from the day of admission till discharge. Consent for operative and invasive procedures for medico legal purpose.
- > Nutritional and eleminational needs of the patient
- ➤ Health education to the patient and family members
- > Preparing patient for investigations.
- Coordinating with other health personnel's like physician's technicians and other health workers to.
- > Provide better health care to the patient.
- > Assessing management of emergency unit in the capacity of the staff nurse.

OTHER NURSING PROCEDURE

- > IV Cannulation
- Medicine administration
- > Insertion of Nasogastric tube and feeding
- > Urinary catheterization
- > Gastric lavage, blood transfusion, blood glucose monitoring
- Vital signs monitoring

- > Oxygen therapy, Nebulization, steam inhalation, cold & hot application
- Wound dressing
- > Sponge bathing, Mouth care
- > Stoma care
- > CPR
- > Phototherapy

EQUIPMENTS HANDLED IN DEPARTMENT

- ✓ Thermometer, stethoscope, BP apparatus
- ✓ Glucometer one touch and Accucheck
- ✓ Pulse oxymeter
- ✓ Doppler Machine
- ✓ Suction Apparatus
- ✓ Syringe pump
- ✓ Dressing & Suturing material
- ✓ Laryngioscope, Ambubag with reservoir
- ✓ Ryles tube
- ✓ IV Cannula
- √ Foley's catheter
- ✓ Central line
- ✓ Splints
- ✓ Plaster casts
- ✓ ECG machine

PROCEDURES ASSISTED WITH PHYSICIANS

- Central line insertion, Arterial Insertion
- Plaster casts
- Lumbar puncture

- Abdominal tapping/ Pleural Tapping
- Dressing and Suturing under aseptic technique
- * Assisted for diagnostic procedures like CT- Scan, X-ray, MRI
- ❖ ICD Insertion
- ❖ Nasogastric/ Nasojejunal tube insertion.
- Endoscopy
- Bronchoscopy

I hereby declare that the above given information are true to the best of my knowledge and belief and can be supported by relevant certificates/documents when required.

| Date: | |
|--------|------------------|
| Place: | JYOTHILEKSHMI. J |