



## **Rintu John**

Olickal House  
Kannankulangara  
Thripunithura P O  
Pincode:682301  
Mobile number : 7025827190,9497205675  
Email ID : rintujohn1997@gmail.com

### **Personal Details**

- Fathers name : O J John
- Mothers name : Ruby John
- Age : 24years
- Sex : Female
- Date of Birth : 22/05/1997
- Nationality : Indian
- Languages known : Malayalam, English  
Tamil, (Basics)

### **Professional Qualification**

Bachelor of Science in Optometry (Bsc.Optomety) at Amrita Institute of Medical Sciences & Research Centre (2015-2019)

### **Academic Record**

SSLC(St.Josephs C.G.H.S.S Thripunithura)	2012-2013
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Plus Two(Sacred Heart HSS Thevara)	2013-2015
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### Career Objective

To succeed in an environment of growth and excellence and earn a job which provides satisfaction and self development and help me achieve personal as well as organization goals. To seek challenging assignments and responsibilities, with an opportunity for growth and career advancement as successful achievements.

### Experience Details

Clinical experience gained during the duration of 4 year course including 1 year internship program.

4 months training at Chaithanya Eye Hospital and Research Institute Trivandrum.

Short Term Fellowship in Clinical Optometry from RCM Eye Hospital Tripunithura.(2020 Sep-2021 Feb)

Currently working as an Optometrist at Dr.Jacob's Eye Care Hospital Kaloor.

### Studies Done

Retrospective Analysis Of Patients With Optic Nerve Pathologies.

### Career Synopsis

- Refraction include both objective and subjective method
- Paediatric vision and Cycloplegic Refraction
- Retinoscopy (Streak)
- Lensometry
- Diplopia Charting
- Squint work up
- Contact Lens Clinic
- Orthoptic Assessment

- Schirmers Test
  - Tonometry (Both contact and non-contact)
    - Visual field testing (Humphrey field analyser)
  - Exophthalmometry (Hertels Exophthalmometer)
  - Low vision management
  - Operating Optical Coherence Tomography
  - Fundus photography with both mydriatic and non mydriatic fundus cameras
- Anteriorsegment evaluation( pachymetry, keratometry, specular microscopy, Corneal topography, aberrometry ,AS-OCT)
- A Scan- Applanation and Immersion

### *Camps and Conferences Attended*

- Participated in Walkathon for Glaucoma Awareness on March 2016, 2017, 2018 & 2019 at Marine Drive and Fort Kochi organised by Department of Ophthalmology, Amrita Institute of Medical Sciences under aegis of glaucoma society of India as part of World Glaucoma week.
- Had attended several School Screening programmes and around 50 eye camps conducted by Amrita Institute of Medical Sciences, Kochi

### *Personal Highlights*

- Hard working & sincere.
- Good time management & communication skill. .
- Patience & optimized decision making
- Leadership skill.
- Ability to provide quality patient care to our patients
- Ability to work independently as well as in a team. .

### *References*

- Dr. Meenakshi Dhar (MS)  
Consultant & Professor of ophthalmology,  
Amrita Institute of Medical Sciences & Research Centre, Cochin.
- Dr. Gopal.S.Pillai (MD,DNB,FICO,FRCS)  
Professor & Chief Vitreo Retinal Surgeon  
Amrita Institute of Medical Sciences & Research Centre, Cochin
- Dr Natasha Radhakrishnan (MS, DO, DNB, MRCOphth)

Associate Professor-vitreo retinal services  
Amrita Institute of Medical Sciences & Research Centre,Kochi

• Dr. Sujithra.H (DO,DNB),  
Assosiate Professor,Department of Ophthalmology,  
Amrita Institute of Medical Sciences & Research Centre,Cochin.

### Declaration

I hereby declare that the above information given by me is correct and true to the best of my knowledge.

If I were placed in your esteemed concern, I will perform my duties with the most sincerity and to your full satisfaction.



**Rintu John**