

Anugraha, T.C 78/4288, Vettucadu, Trivandrum-07. Mob: +91 9567241439

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## **OBJECTIVE**

Pursue a dynamic career as a physiotherapist to promote my internal skills in a wider scope and to grow with the organization as well.

# **PERSONAL INFORMATION**

Date of Birth : 31/10/1998 Nationality : Indian

Languages Known : English, Malayalam and Hindi. Hobbies : Football, Cricket, Reading, Music,

Traveling, biking.

# **ACADEMIC QUALIFICATION**

- Bachelor of Physiotherapy from Bethany Navajeevan College of Physiotherapy, Trivandrum, Kerala
- Passed 12th from Sarvodaya Vidyalaya, Trivandrum.
- Passed 10<sup>th</sup> from Sarvodaya Vidyalaya, Trivandrum.

#### **PROJECTS**

• "EFFECTIVENESS OF PROPRIOCEPTIVE AND STRENGTHENING EXERCISE FOR CHRONIC ANKLE INSTABILITY: A CASE STUDY"

### **EXPERIENCE**

- Having Two years of clinical exposure as student in Bethany Navajeevan College of Physiotherapy, Trivandrum, Kerala.
  - 1.KIMS HEALTH, Trivandrum.
  - 2. Ananthapuri Hospital, Trivandrum.
  - 3. Sree Ramakrishna Mission Hospital, Trivandrum.
  - 4. Arumana Hospital, Trivandrum.
  - 5. ArchBishop Mar Grigorious Snehaveedu, Trivandrum.

### Completed 6 months Mandatory Internship at:

1.Kims Health, Trivandrum - 3 months

2.VPS Lakeshore Hospital, Kochi- 3 months

### **SKILLS**

- Pain Management
- CCU/ICU Management
- Stroke and Brain injury Rehabilitation
- Orthopedic and sports injury Rehabilitation
- Strong Verbal Communication
- Decision Making
- Leadership
- Problem Solving

### **CONFERENCE ATTENDED**

- Physio Submit 2016, International Physiotherapy Conference. Organized by Bethany Navajeevan College of Physiotherapy, Trivandrum.
- International Physiotherapy Conference, Significant Medical Educational Program Organized by Christian College of Physiotherapy, Colachel, Dr. MGR Medical University, Chennai.
- Manglore Physiocon 2018, International Physiotherapy Conference Organized by South Canara Physiotherapy Teachers Association.

#### REFERENCE

#### ANDREWS MILTON

Bethany Navajeevan College of Physiotherapy, Trivandrum.

**Principal** 

therapistandrews@gmail.com | +91 8547489838

#### HARI KRISHNAN

Kims Health, Trivandrum. Head of Department Physiotherapy hari.mk@kimsglobal.com | +91 9847062714

#### LITTO P THOMAS

VPS Lakeshore Hospital, Kochi. Head of Department Physiotherapy <a href="mailto:litopthomas40@gmail.com">litopthomas40@gmail.com</a> | +91 8921671645

## **DECLARATION**

I hereby declare that all information provided in this document is true to the best of my knowledge and belief.

Yours Sincerely,

GIBBY.G. PEREIRA