

# ARDHRA SEBASTIAN

REGISTERED NURSE



# ABOUT ME-

Hard-working Nurse committed to bringing over 1.7 years of experience within a hospital setting to clinical practice. Seeking to apply the skills gained from working in an emergency room which include quick problem-solving skills and strong emotional intelligence



# CONTACT ME-

- +918330076846 +918086754734
- ndhrasebastian3@gmail.com
- Mangalathil (h)
  Chengome
  Kannur, Kerala pin 670674



# PERSONAL PROFILE-

Date of Birth : 03/01/1998
Gender : female
Nationality : Indian
Marital Status : Unmarried
Passport No : U2217771
LANGUAGE KNOW

English Malayalam Kannada



# REFERENCE.

#### Dr Prakash

Anesthetic and critical care unit Aster cmi hospital. Bangalore

### Mrs Uma I

Principal Nanjappa institute of nursing sciences, Shimoga Karnataka Contact no: 91 828226<u>7381</u>

## **EXPERIENCE**

hospital)

Staff Nurse | Aster Medcity hospital
 Ernakulam, Kerala, India | June 2021 to October 2021
 Department: Operation theater (650bedded super specialty)

#### • Staff Nurse | Aster CMI hospital

Hebbal Karnataka, India | December 2019 to March 2021 Department: MICU and COVID ICU (500 bedded super specialty hospital)

## **EDUCATION**

 BSc Nursing | Nanjappa Institute of nursing sciences Shivamogga

Rajiv Gandhi university of health sciences, Karnataka, India Duration: 2015-2019

# CREDENTIALS AND CERTIFICATIONS

 Kerala nursing and midwives' council KL04202103289

## CORE COMPETENCIES

#### **DUTIES AND RESPONSIBILITIES**

- Co-ordinate patient's care with various health team members.
- Helps the doctor in Diagnosis and Treatment
- Administration of medications
- Maintaining records and reports
- Observes changes Inpatient's condition and Records, taken necessary action and report to the Concerned Authority

#### PROCEDURE ASSISTED

- Endotracheal Intubation
- Tracheostomy
- ECMO Cath Insertion
- Covid ECMO Cath and ICD Insertion,
- Pleural Tapping, Ascitic Tapping, Lumbar Puncture,
- Paracentesis
- Intercostal drainage, Central Line & Arterial Line Insertion
- Local aspiration, Endoscopy & Bronchoscopy
- Dialysis.

## INSTRUMENT HANDLED

- Cardiac monitor
- Pulse oximeter
- Oxygen cylinder
- Nebulizer
- Nelson's inhaler
- Suction apparatus
- ECG machine
- ECMO, ACT Analyzer
- Syringe pump
- Infusion pump
- Glucometer
- Humidifier
- Alpha bed
- AMBU
- Warmer
- Laryngoscope