



AGINA JOSEPH

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Mulakkara House Thundathumkadavu Varapuzha p.o Ernakulam



OBJECTIVE

I seek challenging opportunities where I can fully use my skills for the success of the organization.



PERSONAL DETAILS

Date of Birth : 18-12-1998

Marital Status : Single

Nationality : Indian



SKILLS

- Diet counselling
- Diet planning
- Good communication skill
- Leadership quality
- Teleconsultation
- Dietary knowledge
- Video consultation
- Weight management
- Screening



ACHIEVEMENTS & AWARDS

- Participated in the international Webinar on ' Dietary cholesterol : current state of evidence
- Participated in AYUSH for immunity quiz organised by ministry of AYUSH and My Gov
- Poshan Abhiyaan quiz organised by MyGov, MoE and MOWCD
- Attended the orientation training for post graduate students of public health and nutrition for online module on infants and young child feeding
- Attended the national webinar on "Nutrition : Recent Trends and challenges"
- Participated in the online quiz competition conducted by vellalar college for women during "World breast feeding week"
- Participated in webinar on "Use heart to beat heart "
- Participated in STIP2020 quiz organised by My Gov and STIP 2020
- Participated in Dekho Apna Desh webinar quiz
- Participated in Dekho Apna Desh webinar quiz organised by Ministry of tourism and My Gov
- Participated in national seminar on food prints for future: NUTRITIONAL GENOMICS AND GO GREEN INITIATIVES
- Attended international webinar on COVID-19 understanding the real threat to human



CURRENT STATUS

Working as dietitian at City hospital

Persuing Msc in food and nutrition



EXPERIENCE

- Completed course of cardiopulmonary resuscitation and trauma care conducted by department of emergency medicine, Amrita school of medicine
- Apollo Adlux hospital, Angamaly**
Dietitian
01-03-2021 - 01-06-2021
15 days of clinical posting in department of biochemistry, microbiology, histopathology, haematology, ENT and ophthalmology in MOSC Medical College hospital, Kolencherry
- Three months experience in vaccination coordinator at Apollo Adlux hospital, Angamaly
- One week hotel internship at which was conducted on virtual platform by hotelier's connect, Chennai Amirta bengaluru.



EDUCATION

- 2019-2021 **St Teresa's college, Ernakulam**
Pg diploma in clinical nutrition and dietetics
- 2016-2019 **Union Christian college, Aluva**
Bsc in Biological techniques and specimen preparation
- 2014-2016 **GVHSS kadamakudy**
Higher secondary
- St Joseph's GHS varapuzha**
High school



COMPUTER PROFICIENCY

- Excel
- Word
- MS office



DECLARATION

I here by declare that the information stated above are true to the best of my knowledge

Participated in national seminar on the topic "nutrition care process:systemic approach".