

# **Shiny Thomas**

Staff Nurse

Phone: +91 9495736872 E-mail: shinythomas997@gmail.com

## **Objectives**

Intend to structure my growth in pace with the ever-changing corporate environment. Make my learning curve to move in a linear fashion along with the growth of my functional skills coupled with overall personality development in order to face the challenging times ahead. Take up responsibilities with the assurance of putting the best and consistent efforts to come up with effective results. Being a fast learner, I can quickly adapt to the surroundings, which a new job offers. To be associated with a progressive organization where I can implement my skills and knowledge to work on diversified and challenging task in a competitive and collaborative environment. So that I can unite my motives towards the organizational goals.

## **Personal skills**

- · Ambitious and always keen to do well
- Excellent verbal and written communication skills, Ability to deal with people diplomatically, willingness to learn, team facilitator, comprehensive problem-solving abilities.

· Capable of remaining focused even in adverse situations. Self-motivated, well-disciplined and

responsible moreover dedicated to professionalism.

- Good communication and inter personalization skills.
- Ability to work in a team and towards organizational goals.
- · Eagerness to learn new things and imbibe new skills.
- Work & achieve in the challenging environment of a slowdown.
- Building good rapport among colleagues.

## **Key strengths**

- Administration of Medicines
- Oxygen therapy
- Transfusion and Infusion therapy
- Urinary catheterization
- Cardio pulmonary resuscitation
- Total patient nutrition
- Chest physiotherapy
- Oral suctioning
- Monitor Vital signs
- Collection of specimen and Blood sampling
- · Attending hygienic needs of patient
- Nebulization, Steam inhalation and back care
- Management and care of unconscious patient
- Maintaining and checking inventory

#### **Career Experience**

| Institution                                   | Department    | Period                  |
|---|---------------|-------------------------|
| Bharati Hospital and Research center,<br>Pune | Pediatric ICU | June 2019 - August 2021 |

# As a staff Nurse

- Receiving and administration of patient
- Data collection
- Assessment of vital signs
- Physical exanimation and diagnostic evaluator
- IV needle insertion
- Continuous monitoring of patients
- Following physical rounds and carrying to orders prescribed
- Assisting for diagnostic therapeutic procedure
- Planning and implementation of patient care
- Health education
- Discharge and follow-up care
- Maintaining record and education
- In-service education

#### **Education**

- B.Sc Nursing (2019) : Bharatiya Vidyapeeth University, Pune
- Senior Secondary (2015) : Kerala State Board, Kerala, India
- Higher Secondary (2013) : St. Teresa's School, Ernakulam Kerala, India

# **Personal Details**

| Gender                   | : | Female                                |
|--------------------------|---|---------------------------------------|
| Marital Status           | : | Single                                |
| Date of Birth            | : | 20-12-1997                            |
| Passport                 | : | T5581236                              |
| Language of proficiency  | : | English, Malayalam, Hindi             |
| Father's / Mother's name | : | Thomas Stephen, Sherly Thomas         |
| Address                  | : | Pettakathanath House, Kambivelikkakam |
|                          |   | Kakkanad, Kochi, Pin code: 682030     |
|                          |   | Kerala, India                         |