

CURRICULUM VITAE

ARDHRA SEBASTIAN

MANGALATHIL (H)

CHENGOME

KELAKAM (PO)

KANNUR (DST)

KERALA- 670 674



Career Objective:

To find a challenging growth in an oriented position in an organization where my skills can be utilized towards the organization success.

Personal Details:

Name : Ardhra Sebastian

Father's Name : Mr.Sebastian

Date of Birth : 03/01/1998

Religion : Christian

Nationality : Indian

Sex : Female

Marital Status : Single

Languages Known : English, Tamil, Malayalam & Kannada

Permanent Address :MANGALATHIL (H)

CHENGOME

KELAKAM (PO)

KANNUR (DST)

KERALA- 670 674

Mob.No. : +918330076846/+91 8086754734

Email Id :ardhrasebastian3@gmail.com

Academic Qualification:

Name of Examination	Institution Board	Year of Passing
SSLC	St.Thomas HSS Kelakam Kerala Board	2013
12 th	Santhome HSS, Kolakad Kerala Board	2015

Professional Qualification:

Name of Examination	Institution	University	Year of Passing
B.Sc Nursing	Nanjappa Institute of Nursing Sciences, Shivamogga	Rajiv Gandhi University of Health Sciences	2015-2019

Professional Registration:

Registered Nurse & midwife No.103611 from Karnataka Nursing Council

Total Experience:

1 Year 3 Month Experience as a Staff Nurse in ICU

Working Experience

1year 3 months of experience in MICU and Covid ICU

Name of The Hospital:

Worked in Aster CMI Hospital, Hebbal Bangalore from December 2019 till March 2021 Bed : 500 Bedded

Department : MICU/Covid ICU

Designation : Staff Nurse

Capacity of Ward : 20

Casual no. of Patient : 16-18 Patients /

Patient Ratio : 1:2

Education Programs:

Workshop for nurses, weekly classes on Friday for all staff nurses. Free camps to outpatients in rural areas, monthly seminars for doctors and nurses.

Range of Services in Hospital:

Intensive Surgical Care Unit, Coronary Care Unit, M.I.C.U., C.T.V.S. , Neurology & NeuroSurgery Unit , Nephrology Unit, Gastroenterology Unit , Orthopedics, Plastic Surgery, Psychiatry, Physiotherapy, M.R.I., C. T. Scan , X-Ray UltraSound , Echo Pathology Lab , Ophthalmology, Dental Surgery , Blood Bank, C.S.S.D , Pharmacy , Laundry , Canteen, Mortuary, Store, Record Section Ward, Billing Section. Reception , Maintenance Department , Library, Security, Parking area, Mobile Ambulance Service, Dietary Services and Housekeeping Department.

Types of Cases Managed:

Hypertension & Hypotension , ARDS, Covid Pneumonia, Respiratory failure, GI Bleeding , Acute myocardial infarction , Pulmonary edema , Renal failure, ARF , CRF (Chronic Renal Failure) , Liver disease , Post Operative Patient , Care of patient with Septic & Hypovolemic shock , RTA , Liver Abscess , CerebroVascular Accident , poison .

Equipments Handled:

AMBU BAG , LaryngoScope, Cardiac Monitor, Ventilators, Syringe Pump, Infusion Pump, Warmer, Center Oxygen, Nebulizer, Glucometer, Incubator , Suction Apparatus, ABG Analyzer, Pulse Oxymeter, Thermometer, Dialysis machine, ECMO, ACT Analyzer,

Procedure Assisted

Endotracheal Intubation , Tracheostomy , ECMO Cath Insertion, Covid ECMO Cath and ICD Insertion, Pleural Tapping, Ascitic Tapping , Lumbar Puncture , Paracentesis , Intercostal drainage , Central Line & Arterial Line Insertion , Local aspiration , Endoscopy & Bronchoscopy and Dialysis .

Duties & Responsibilities:

Maintain strict Aseptic condition in ward
Maintain Distance between the cot
Prevention of Cross Infection
Receiving the patient from G.T. & Casualty
Handling over and taking over the patient
Care of Ventilator Patients
Vital signs & oxygen saturation
Cardiac monitoring
Open Care system
Give comprehensive nursing care of patient
IV Cannula Insertion
Foleys insertion
Dialysis
Investigation and Report Collection
Administration of Emergency Drugs
Meeting Nutritional needs by IV , Nasogastric , Oral
Maintain Fluid and electrolytes balance
Care of Central line
Preparing for emergency intubation
Preparation of the patient for CT Scan , EEG , USG , ECHO, ECMO
Maintaining interpersonal relationship to patients , doctors , Co-workers ,
Other Hospital Staff
Maintaining and recording ward indents Inventory medical stores ,
Emergency Medicines
Management of Emergency Condition
Death care of the patient
Perform and assist doctors with the transfer , discharge procedure
Assist in day to day running of the Hospital Health education to
parents Pre & Post Operative Care
Care of ECMO Patients

Reference:

Dr Prakash Anesthetic and critical care unit HOD

Aster cmi hospital

Hebala, Bangalore

Declaration: I hereby declare that all the above mentioned Facts are true to the best of my knowledge and belief.

Place:

Name: Ms.ARDHRA SEBASTIAN

Date :

Signature: