

RESUME

RESHMA S V ANAND

Kavalampilly House
PRRA 119B,
Paradise Road
Vytila
Ernakulam
Pin Code - 682019
Mob: 7907750393
E-Mail ID: reshmasanandopto@gmail.com

Career Objective

To apply my knowledge and skills to the best of my ability in the field of my work in reputed organization and share the responsibility for developing and enhancing growth of the organization.

Education Qualification:

Master of Science in Optometry (2019)

Mugavari Eye Hospital & Research Institute, Chennai

Bachelor of Science in Optometry (2011-2015)

Grace collage of Health and Management
Kaliakavilai, Kanyakumari Dist.

RADIOLOGY TECHNICIAN (Radio diagnosis and Radiotherapy) (2009-2011)

St George Paramedical Institute, Kattakada

Higher Secondary (2009)

VHSS Manacaud, Tvm

SSLC (2007)

BRMHS Elavattom, Tvm

WORKING EXPERIENCE

- ***Position : Optometrist***, Working at Dr. Agarwal Eye Hospital, Tirunelveli, Tamilnadu, 25 January 2016 - Feb 2017
- ***Position : Sr Optometrist (HOD)***, Working at Dr. Agarwal Eye Hospital, Trivandrum, Feb 2017 - 17 August 2020

PROFESSIONAL EXPERIENCE

- *Clinical Internship in Optometry*, Dr. Agarwal's Eye Hospital, Tirunelveli, Tamil Nadu (13 November, 2014 to 12 November, 2015)
- *Trainee in Optometry*, Dr. Agarwal's Eye Hospital, Tirunelveli, Tamil Nadu (19 May 2014 to 19 July, 2014)
- *Trainee in Optometry*, Vasam Eye Care, Thiruvananthapuram. (05 August, 2013 to 05 September, 2013)
- *Trainee in Optometry*, Clear Vision Care Eye Care Hospital, Thiruvananthapuram.

DUTIES:

Examining eyes and visual system
Refraction, both with Streak Retinoscope and Auto refractometer.
Diagnose problems or impairments
Prescribe corrective lenses

AREA OF EXPERTISE

- **REFRACTION**
 - Retinoscopy examination
 - Normal muscle balance
 - Squint evaluation
- **DIGITAL ANGIOGRAPHY (SPECIALISED)**
 - Fundus photography (3 field, 7field): 25 per day
 - Fluorescein Angiography: 5 per day
 - Able to diagnose CSR, Macular Edema, Macular hole, CSCR, ARMD, PDR, NPDR, CNVM, Retinal Detachment, Drusen, Exudates
- **OCT**
 - Able to diagnose CSR, Macular Edema, Retinal detachment, Glaucoma-RNFL Thickness, Physiological cupping, Macular hole, Lamellar hole, ARMD, CSCR, Coloboma of Retina & Choroid, ERM, CNVM
- **ORBSCAN**
 - Able to diagnose KERATOCONUS
- **ABERROMETRY**
- **KERATOMETRY**
- **A SCAN**
- **B SCAN**
 - Able to diagnose Retinal detachment, Vitreous Hemorrhage, PVD, TRD, Choroidal detachment
- **PACHYMETRY**
- **VISUAL FIELD TESTING**
- **SPECULAR MICROSCOPY**
- **IOP MEASUREMENT**
- **CONTACT LENS MANAGEMENT**
- **COMMUNITY OPTOMETRIST IN MASS SCREENING EYE CAMPS**
- **Assisted Eye Enucleation**

DEMONSTRATED CAPABILITIES:

Ability to carry out accurate and precise work
Willing to take extra responsibilities to get the work done.
Good communication skills
Patient and caring
Computer skills (intermediate level)

PERSONAL PROFILE

Name : RESHMA S V ANAND
Father's Name : Vivekanandan S
Spouse Name : Sachin Satheesh K S
Sex : Female
Age & Date of Birth : 30yrs, 22nd –July – 1991
Marital status : Married
Religion : Hindu
Nationality : Indian
Languages Known : Malayalam, English, Hindi and Tamil
Permanent Address : Vishnugiri,Paruthippally
Paruthippally P O
Thiruvananthapuram
Pin Code - 695574
Present Address : Kavalampilly House,PRRA 119B,Paradise Road
Vytila
Ernakulam
Pin Code - 682019
Contact No : 7907750393, 7907678061
Email : reshmasanandopto@gmail.com

DECLARATION:

I hereby declare that all the information given above are true & correct to the best of my knowledge and belief.

Place: VYTTILA

Date: 28-02-2021

RESHMA SV ANAND