# Sankar Ram R

DR —

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CAREER OBJECTIVE

I am an MBBS graduate seeking opportunity to work as medical professional and to join a reputed and growth oriented Health Organization/ Hospital to challenge my skills and techniques, to work with various types of patients and to enhance my reputation as an excellent medical practitioner.

# PRIMARY MEDICAL QUALIFICATION

A.J INSTITUTE OF MEDICAL SCIENCES/ RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES

- M.B.B.S
- JUL 1995-JUN 2000

## **INTERNSHIP**

General Hospital, Ernakulam

Rotatory Internship | Oct 2018-Oct 2019

- Did community medicine posting at Community Health Centre, Pane Mangalore, Karnataka
- Assisting senior doctors during rounds, including superspeciality departments such as Nephrology, Cardiology, Pulmonology, Neurology and Neurosurgery
- Diagnose clinically common diseases as encountered in practice and make timely decisions for referral to higher levels whenever required
- Periodically meeting the patients, observing their improvements and further management of the same
- Handled case record keeping and maintenance of necessary registers, for better patient care and to understand medico-legal implications
- Management of emergency cases
- Perform minor procedures such as suturing, catheterization, RT insertion, administering injections, episiotomy
- Assistance in general surgeries such as hernias, appendicectomies, soft tissue swellings as well as Craniotomy, laparoscopic surgeries, caesarean delivery, orthopedic surgeries, angioplasty.

## WORK EXPERIENCE

#### National Health Mission, Ernakulum, Kerala

- Medical Officer | Aug 2020- Present
- COVID-19 related activities
- Posted for COVID First line treatment centers,
- COVID-19 ICU and In Tele-Medicine department for home quarantine patients.

#### Microbiology Department, Al Azar Medical College, Todupuzha, Kerala

- Lecturer | Nov 2019-Feb 2020
- Taking classes for 4th term M.B.B.S students from Bacteriology.

## PROCEDURES PERFORMED

### 1. <u>General Medicine Department:</u>

- Pleural tapping, Ascitic tapping under specialist assistance
- Assisted in Angiogram and Angioplasty

### 2. <u>General Surgery Department:</u>

- Lipoma excision under specialist observation
- Assisted in procedures like Appendicectomy, Laproscopic Cholecystectomy and Craniotomy
- 3. Obstetrics and g enecology Department:
- Assisted in C-Section, Hysterectomy and Normal Delivery
- 4 Anesthesia Department:
- Endotracheal Intubation under specialist assistance
- Assisted in Lower Spinal Sub Arachnoid Blockade

### 5. ENT Department:

• Assisted in Tonsillectomy, FESS, Ear Lobe Repair Surgery.

## **CPD CERTIFICATIONS**

- 1. Induction to NHS and UK General Practice, ABMA
- 2. Optimising the Ocular Surface in Primary Care and Beyond, ABMA
- 3. Endocrinology A Discussion of Clinical Cases (Part 2), ABMA
- 4. Induction to NHS for Overseas Doctors and Career Guidance in UK, ABMA
- 5. Cows Milk Protein Allergy in Primary Care, ABMA
- 6. COVID-19 related Dermatology & A Quick Guide to the Red Face, ABMA
- 7. Menopause Cafe HRT Menu, ABMA
- 8. Prescribing Scenarios in T2DM: A Case based look at Diabetic Drugs, ABMA
- 9. Cardio-Renal Axis In Type 2 Diabetic Patient, ABMA
- 10. Dermatology Update & Skin Manifestation, ABMA
- 11. Understanding & Managing Heart Failure in Primary Care, ABMA
- 12. Beyond Glycemic Control, ABMA
- 13. COVID 19 Updates, ABMA
- 14. COVID 19 Anosmia & Allergic Rhinitis Symptoms, an ENT Perspective, ABMA

## CONFERENCES, EVENTS & WEBINARS

- 1. Introduction to NHS, IMG Webinar, BAPIO Training Academy
- 2. AMRITACON-2020, AMRITA International Public Health e-Conference, Amrita Institute of Medical Sciences and Research Centre
- Medical and Flood Relief Camps conducted by General Hospital, Ernakulam during Kerala floods 2018.
- 4. Public Health Conference, Amrutha institute of Medical Sciences
- 5. Blood Donation Camp, National Service Scheme, December 2019
- 6. Conducted COVID-19 Awareness Programme in M S M College, March 2020