

Dr. Midhu V Nadh

Anaesthesiologist

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CAREER OBJECTIVE

To work in a challenging environment that encourages continuous learning and creativity, provides exposure to new ideas, simulates personal and professional growth contributing towards the betterment of the organization and the society at large.

SKILLS

- Expertise in delivering safe and appropriate pre-operative medications for patients who will undergo surgery
- Excellence in providing patients with safe and accurately-computed anaesthetic agents during operations
- Expertise in prescribing effective pain medications for post-operative clients and terminally-ill cancer patients
- Annually updated with the newest trends and innovations in anaesthesiology and pain treatment
- Familiarity with the newest anaesthetic or pain management procedures
- Familiarity with latest trends in critical care
- Familiarity with ICU procedures and interventions.
- Commendable interpersonal skills (with fellow physicians, nurses, OR techs and other healthcare personnel.)
- Attention to detail
- Innate passion to excel in chosen field
- Promptness and discipline
- Good written and verbal communication skills.
- Quick learner.
- Extremely motivated towards career
- Flexible and adaptable.
- Eager to expand knowledge and skill.

EXPERIENCE

- Assistant Professor (**Sree Narayana Medical College, Ernakulam**)
March, 2021 to Present
- Senior Resident (**Govt. Medical college, Trivandrum**) September, 2019
to September, 2020
- Anesthesiologist (**General Hospital, Trivandrum**) – August 2019

EDUCATIONAL QUALIFICATIONS

DEGREE	INSTITUTE/UNIVERSITY	YEAR
DNB –Anaesthesiology	Kerala Institute of Medical Sciences (KIMS), Trivandrum.	2016
M.B.B.S	Govt. Medical College, Alappuzha	2008
X11	SNMHSS Moothakunam, Ernakulam.	2007
X	OLF GHSS Mathilakam, Thrissur.	2005

RESPONSIBILITIES:

- Provided preoperative sedatives and medications for patients scheduled for surgery.
- Provided general/regional for various types of surgery and patients (paediatric, adult and geriatric)
- Performed numerous endotracheal intubations for emergency/Trauma patients
- Prescribed pain medications for post-operative patients
- Prescribed pain treatments for terminally-ill Cancer patients
- Counseled patients with chronic pain conditions regarding the best type treatment
- Oversaw the performance of newly-certified Anaesthesiologists
- Prescribed pre-operative medications to decrease the anxiety of patients scheduled for surgery
- Delivered accurate and safe amounts of anaesthetic drugs to patients undergoing surgery through different methods

- Gave local anaesthesia for patients who opt for outpatient surgery
- Performed endotracheal intubation
- Prescribed pain relievers for post-operative clients
- Invasive monitoring procedures.
- Spearheaded the Pain Management Counseling Program of the hospital
- Followed up on patients who participated in the aforementioned counselling program
- Anaesthesiologist (Resident), 2016-2019
- 2 months of posting in multi-disciplinary ICU in KIMS
- Consulted with pre-operative patients regarding their pain management plans
- Provided anaesthesia for patients undergoing surgery
- Assisted consultants during anaesthetic and pain management procedures
- Provided pain medications for post-operative clients
- Monitored the conditions of patients in the Post Anaesthesia Care Unit

RESEARCH

DNB thesis - Comparative study between efficacy of intraperitoneal instillation of 0.2% ropivacaine over 0.125 % levo bupivacaine with same adjuvant 0.3mg buprenorphine for postoperative analgesia in patients undergoing **laparoscopic gynecological surgeries**.

ACADEMIC ACHIEVEMENTS

- Merit seat received for both undergraduate and post graduate courses.
- Cleared primary DNB exam in first attempt.

Kodungallur

Dr Midhu V Nadh

7 Mar, 2022