

# CHICKU JOSEPH

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## Objective

Registered nurse with seven and half years of experience in medical and surgical unit and labour room .Knowledgeable about EMR charting, medication administration and interdisciplinary collaboration focused on optimizing patient care and support. Quality-focused and efficiency-driven leader.

## Experience

- **Welcare Hospital, Vyttila** February 2017 - November 2021  
Medical and surgical nurse
  - Created warm, supportive atmosphere to keep patients feeling safe and comfortable immediately before and after surgery.
  - Documented procedure plans, surgery notes and progress updates to facilitate communication among healthcare providers.
  - Provided exceptional care to high-acute patients needing complex care such as ventilator management, extensive wound care and rehabilitation.
  - Administered different therapies and medications in line with physician orders and treatment plan.
  - Adhered to strict safety measures by carefully determining proper dosages before administering medications.
  - Performed triage on incoming patients and determined severity of injuries and illnesses.
  - Provided skilled, timely and level-headed emergency response to critically-ill patients.
  - Advocated for and strived to protect health, safety and rights of patient.
- **Amrita institute of medical science** May 2010 - February 2012  
Labour and surgical oncology care nurse
  - Responded to emergency situations such as pre-eclampsia, early labor and fetal distress.
  - Supported physicians in both planned and emergency Cesarean section procedures.
  - Participated in education activities, including evidence-based practice project implementation, nursing competency development and nursing simulation activities
  - Conducted ongoing monitoring and evaluations of behaviors and conditions, and updated clinical supervisors with current information.
  - Demonstrated ability to advocate for and strive to protect health, safety, and rights of patient.
  - Administered epidural and patient controlled analgesia to block pain from labor contractions and during birth.
  - Conducted thorough post-operative patient assessments to determine patient condition and readiness for discharge.
  - Managed patients recovering from medical or surgical procedures, including facilitating wound care, ostomy care, pressure ulcer prevention and pain management.

- **KMCT Medical collage Hospital**

Emergency room and delivery room nurse

- Teamed on trauma and emergency interventions involving serious head injuries, gunshot wounds and thoracic trauma.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Communicated openly and collaboratively with all healthcare staff to organize successful patient care.
- Vaccinated patients to protect individuals from measles, pneumonia, influenza and other illnesses of concern.
- Promoted patient and family comfort during challenging recoveries to enhance healing and eliminate non-compliance problems.
- Performed frequent checks on life support equipment and made necessary adjustments to preserve optimal patient conditions.
- Participated in evidence-based practice project implementation, nursing competency development and nursing simulation activities.
- Offered exceptional care and support to individuals recovering from acute incidents and dealing with chronic conditions.
- Assisted obstetricians and midwives with deliveries and cared for newborns directly after birth.
- Coordinated care of low and high-risk laboring women of childbearing age and immediate stabilization of newborn following delivery
- Administered different therapies and medications in line with physician orders and treatment plan.

## Education

- **Rajarajeswary collage of nursing** 2015  
Post Basic Bsc nursing  
64.2%
- **KMCT School of nursing** 2009  
Diploma in general nursing and midwifery  
68%

## Skills

- \* Understanding of medical ethics \* Medical and nursing coordination \* Pre- and post-surgical care \* Surgical procedures and support \* Medical terms and procedure knowledge \* Standard medical equipment \* Medical/surgical nursing \* Pre- and post-surgical counts \* Planning and Organization \* Understanding of safety \* Understanding of medical terminology

## Languages

- \* English \* Hindi \* Malayalam

## Personal Details

- Date of Birth : 07/05/1988
- Marital Status : Married
- Nationality : Indian
- Passport Details : Passport no : U4555956 ,Date of expiry : 10/05/2030 Place of issue : Cochin
- Skype ID: : chicku joseph

## Add On Course

- Foundation course in palliative nursing from Institute of palliative medicine, Kozhikode - 2008

## Reference

- **Ms. Minu A N - "Welcare Hospital, Vyttila "**  
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- **Brahmcharini Sai Bala - "Amrita Institute of Medical Sciences"**  
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- **Mrs. Reena A P - "KMCT Medical Collage Hospital"**  
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