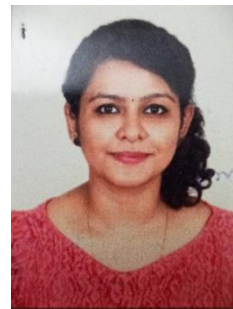


ELVISHA GERVASIS

BA SOCIOLOGY | MSW- Medical and Psychiatry



DOB: 23/07/1997

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OBJECTIVE:

Resourceful Individual with an eagerness to accept challenges while learning and gaining experience from them. To obtain a position in an institution that will allow me to utilize my skills and experience to make a difference.

EDUCATIONAL QUALIFICATIONS

QUALIFICATION	YEAR OF PASSING	UNIVERSITY/SCHOOL	UNIVERSITY/BOARD
MSW	2021	Alvas College, Mangalore, Karnataka	Mangalore University
BA SOCIOLOGY	2018	Jesus and Mary College, Delhi	Delhi University
12 th	2015	St. Mary's Senior Secondary School	CBSE

VOLUNTEER EXPERIENCES

- Volunteered for NGO work as part of AICUF society at Chetanalaya and NAB Centre for blind Women and Disabilities for 30 hours each during 2016 and 2017.
- Interned at Kusumagiri Mental Health Centre from (1 month) 2021.
- Interned at Narayana Health City (1 month), 2021
- Interned at Chaitanya Institute for Mental Health (1 month), 2022

PROFESSIONAL DEVELOPMENT

- ❖ Participated in one day national Conference on "SOCIAL WORK PRACTICE- ALUMNI PARADIGM- 2019"
- ❖ Participated in one day workshop on "HOLISTIC MANAGEMENT OF SUBSTANCE USE DISORDERS" 2021
- ❖ Participated in one day workshop on " GRIEF THERAPY "
- ❖ Attended one day national webinar on "INTERNATIONAL GIRL CHILD DAY" 2020
- ❖ Participated in 10 hours International Virtual workshop on "COUPLE THERAPY" - 2021
- ❖ Participated in webinar on "MEDICAL SOCIAL WORK SCOPE OF PSYCHO SOCIAL INTERVENTION" 2021
- ❖ Completed a Reuters Training certificate course on "DIGITAL JOURNALISM"

- ❖ Completed certificate course on " MIND CONTROL: MANAGING YOUR MENTAL HEALTH DURING COVID19" 2020

PROJECTS

A study on "Perception of youth towards gender stereotyped portrayal of women in media and it's psycho social impact on youth"

SKILLS

- Effective Communication Skills
- Active Listening skills
- Counselling skills
- Leadership Abilities
- Team Worker
- Teaching skills
- Presentation skills
- Research Skills
- Strong Organisational Skills
- IT Skills
- Detail oriented
- Case assessment

Microsoft Packages: (Ms Word, Ms Excel, Ms PowerPoint Presentation)

EXTRA CURRICULAR ACTIVITIES

- Photography
- Travelling
- Reading

PERSONALITY TRAITS

- Dedicated and Hardworking
- Honest
- Open to work
- Flexible in nature
- Enthusiastic to learn new things
- Multitasking

LANGUAGES KNOWN

- English - Fluent
- Malayalam - Fluent
- Hindi - Fluent

"I hereby declare that the above written are true to the best of my knowledge and belief"

Elvisha Gervasis