

RESUME

MRS. MOBYMOL JAMES

PARAPPALLY HOUSE

NEENDOOR PO

KOTTAYAM

KERALA 686601

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OBJECTIVE:

A position that would help me to improve my skills, learn and execute advanced nursing practices and give me the scope for an upward movement of my nursing profession.

EDUCATION:

- 10th grade (80%) in the year 2006 from St. Joseph's Girls Higher Secondary School, Changanacherry.
- 12th grade (73%) in the year 2008 from St. Teresa's Higher Secondary School, Vazhappally, Changanacherry.
- Basic BSc nursing (batch 2008-2012) (67.8%) completed from Father Muller College of Nursing, Kankanady, Mangalore under Rajiv Gandhi University of health science.
- Saudi Prometric (Health practitioner) exam passed

REGISTRATION:

Registration : Life Member of Karnataka Nursing Council 2013
Registration Number : 051133
Registration : Life Member of Kerala Nursing Council 2014
Registration Number : 4500

DUTIES AND RESPONSIBILITIES:

- Responsible for execution of Doctor's orders within the framework of practice act and hospital policies.
- Report significant observations to the physician immediately and prioritize the needs of each patient
- Update nursing care plan, document accurately and completely the outcomes of care in patient's chart
- Administer IV fluids and give a blood transfusion, monitor the progress of infusion including TPN, IV medication and treatment
- Attending patients with cardiac monitor
- Perform CPT, Suctioning, NGT insertion, Blood glucose monitoring, Foley's Catheter insertion for female patients etc.
- Responsible for maintaining ward inventories and stocks as per hospital policies
- Reports verbally and in writing the progress of patient's condition at each shift changeover
- Initiates First Aid measures in case of an emergency while waiting for medical assistance and equipment that later be required
- Pre-operative preparation of the patient & management of the patients in the recovery stage
- Accompanies doctors and attending rounds and implement treatment as required
- Monitor and evaluate nursing care plan
- Check and control available drugs at each shift by hospital policies
- Maintain patient's records & respect patient's privacy and confidentiality
- Knowledgeable in assisting doctors in performing diagnostic and therapeutic procedures
- Assessment of patient's physical and psychological needs
- Preparing and monitoring patient's diet record
- Prepare the patient for diagnostic procedures and ensure that all routine laboratory works
- Attending lectures and seminars
- Monitor and record blood and blood products transfusion for untoward reaction.
- Collection of Blood samples for laboratory examinations
- health education to patients and relative

Equipment used and familiar with:

- AMBU bag
- Defibrillator
- ECG Machine
- Glucometer
- Pulse Oximeter
- Suction apparatus
- Oxygen cylinder
- Nebulizer
- Infusion pump
- Crash cart
- Sphygmomanometer
- Digital and oral thermometer

SPECIAL EXPERTISE:

- Emergency Management
- ABG Blood collection
- Resuscitation procedure and infection control

WORK EXPERIENCE:

- Father Muller Medical College Hospital, Mangalore(**NABH** accredited 1250 bedded Multispecialty Hospital)(**16th January 2013 to 21st March 2014**)

❖ **Role**

Staff Nurse (Medical Surgical Private Ward)

- Father Muller Medical College Hospital, Mangalore(**NABH** accredited 1250 bedded Multispecialty Hospital)(**20th October 2014 to 15th December 2017**)

❖ **Role**

Staff Nurse (Medical Surgical Private Ward)

- Armed Forces hospital Jizan, Saudi Arabia

❖ **Role**

Staff Nurse (Medical Surgical Ward) (**7th February 2018 to 7th February 2020**)

PERSONAL PROFILE:

Father's Name: James TJ
Date of Birth: 5th June 1991
Gender: Female
Marital Status: Married
Religion: Roman Catholic and Christian
Nationality: Indian
Language Known: English, Malayalam, Kannada& Arabic
Passport Number: M0014514

REFERENCES :

- ❖ **Dr Col. Arunachalam**
H.O.D of General Medicine
Fr. Muller Medical College Hospital
Kankanady, Mangalore
- ❖ **Dr Leo Tauro**
H.O.D of General Surgery
Fr. Muller Medical College Hospital
Kankanady, Mangalore
- ❖ **Sr. Janet**
Nursing Superintendent
Fr. Muller Medical College Hospital
Kankanady, Mangalore

DECLARATION:

I hereby declare that the information given above is true to the best of my knowledge and belief.

Place: Kottayam

MRS MOBYMOL JAMES

Date: 11th January 2022



