

## **CURRICULUM VITAE**



**MARIA SAIMON**

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**VAZHEPPARAMBIL HOUSE**

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## **CAREER OBJECTIVE**

To use my specialties in caring for mothers to be and newborn by work as a delivery room nurse in your hospital and provide care throughout the pregnancy cycle.

## **SKILLS**

- ❖ Highly skilled in operating and monitoring medical equipment or apparatus.
- ❖ Outstanding knowledge of Assisting in medical procedures.
- ❖ Able to manage medications and treatments as prescribed by a physician or in keeping with well known policies and protocols.
- ❖ Capability to assess patients to recognize correct nursing interventions.
- ❖ Knowledge of monitoring, assessing document and report symptoms and changes in patients conditions.
- ❖ Excellent in operating hospital management information system.

## **PERSONAL SUMMARY**

- ❖ Acquaintance of medical terminology and disease control standards.
- ❖ Understanding of age specific development factors, explicit to adult and aged residents.
- ❖ Hard working, self motivation, Leadership qualities, ability to manage groups in a better way, interest to learn new things, Patience.

## EDUCATION

- **Bachelor of Science (Nursing)**  
SCS College Of Nursing Sciences, MANGALORE. 2013-2017  
RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCE
- **Board of Higher Secondary Examination (+2)** 2013  
P V G H S S Pampady, Kerala
- **Secondary School Leaving Certificate Examination** 2011  
Muslim Higer Secondary School Kangazha, KERALA

## DETAILS OF PROFESSIONAL REGISTRATION

- Registered under Karnataka Nursing council in the year 2017 as registered Nurse.  
KNC Reg. No. 87481
- Registered under Kerala Nurses and Midwives Council in the Year 2019 3<sup>rd</sup> July KNMC Reg. No. KL 04201901676

## EMPLOYMENT/WORK EXPERIENCE

- Sahyadri Super Speciality Hospital Nagar Road, Pune : 12<sup>th</sup> Feb.2018 to 30<sup>th</sup> July 2018.
- Malik Deenar Charitable Hospital Kasaragod : 12<sup>th</sup> Oct. 2018 to 12<sup>th</sup> Oct 2019
- Govt. Taluk Head quarters Hospitals Pampady : 23<sup>rd</sup> June 2020 to 23<sup>rd</sup> Dec. 2020
- Job Title : Staff Nurse

## MAJOR JOB RESPONSIBILITIES

- ❖ Total patient care based on nursing process approach.
- ❖ Preparation of the Unit
- ❖ Admission & Discharge
- ❖ Comprehensive nursing care
- ❖ Providing psychological support to minimize patients anxiety.
- ❖ Vital signs monitoring and recording
- ❖ Management of surgical & Medical patients
- ❖ Excellent obstetrics skills with ability to nurse newborn
- ❖ Comprehensive knowledge of Labor, delivery ,and postpartum nursing care
- ❖ Experienced in controlling infection and sterile technique practice
- ❖ Ability to provide care to Mothers to be before and during pregnancy
- ❖ Adept in preparing delivery room for child birth.
- ❖ Strong communication skills with attention to detail
- ❖ Maintenance of records & reports

## SKILLS ABLE TO PERFORM

- ❖ Monitor fetus and mother during labor
- ❖ Perform vaginal examination of ready to deliver women
- ❖ Administer IVF to women and prepare them for cesarean if needed
- ❖ Take vital signs and weight of newborn.
- ❖ Assisted doctors during delivery process
- ❖ Assisting vaccum delivery and D&C procedure
- ❖ Sterilized medical equipment required in the delivery room
- ❖ Provide postdelivery nursing care to mother and baby.
- ❖ Prepared delivery rooms and patients.
- ❖ Cardio pulmonary resuscitation
- ❖ Foleys catheterization
- ❖ Wound suturing & dressing
- ❖ Medication administration
- ❖ Monitor vital signs
- ❖ Blood transfusion
- ❖ IV cannulation ( newborns & adult)
- ❖ Ryle tube insertion & NG tube feeding
- ❖ Analyzing of ECG Rhythms
- ❖ Arterial blood gas analysis
- ❖ Positioning of patients
- ❖ Collection of specimens.

## LANGUAGES KNOWN

English, Malayalam , Kannada , Hindi

## PERSONAL DETAILS

Father's Name	:	Saimon Chacko
Date of Birth	:	20.05.1996
Gender	:	Female
Marital Status	:	Married
Blood Group	:	A+ve

## DECLARATION

I hereby declare that the above written particulars are true to the best of my knowledge and belief.

Place :

Date :

**MARIA SAIMON**