

HAREESH .K



CONTACT

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PUTHANKULATHUR HOUSE KAN
NANKULAGARA TRIPUNITHURA 6
82301

SKILLS

1. Assigning Cases 2. Discharge Planning 3. Treatment Planning 4. Patient Assessments 5. Pain Prevention 6. Coordinating referrals 7. Staff training 8. Document Management 9. Emergency Response Procedures 10. Movement Restoration

OBJECTIVE

Looking for a role of a Senior Physiotherapist to capitalize the extensive knowledge and experience of working with patients suffering from different kinds of injuries & train and mentor junior physical therapists in the hospital.

EXPERIENCE

ASTER MIMS CALICUT

25 - 04 - 2013 - 30 - 04 - 2016

CARDIAC PHYSIOTHERAPIST

1. Cardiac Rehabilitation
2. Exercises to improve strength and return back to Functionality
3. Patient Counselling on pre and post Rehabilitation
4. Created and Implemented treatment plans based on patient Assessments
5. Devised methods that could be tailored to specific need of patient
6. Reviewed patient' s medical history and referral notes from medical practitioners to better understand the patient health issues and recommend a Physiotherapy regimen to help with daily activities
7. Demonstrated proper form and kept an eye on patients during exercises
8. Was in charge of overseeing and coordinating the work of interns , and students
9. Rehabilitated patients undergone CABG, VALVE REPLACEMENTS, CARDIAC TRANSPLANTION, BENTALLS , PTCA, PULMONARY CONDITIONS.
10. Kept track of and evaluated the progress of patients in relation to their treatment goals
11. Evaluated effectiveness of treatment plans and Implemented modifications

ASTER MEDCITY

02-05-2916 - Present

SENIOR PHYSIOTHERAPIST

1. Manages and Supervises departmental Workflow with chief Physiotherapist
2. Active Member in Revising Departmental Manual and policy with JCI/ NABH standards
3. Leadership and guidance is provided to colleagues for NABH/ JCI Audits and worked as **QUALITY OFFICER** In physiotherapy department.
4. Implemented Cardio_pulmonary Rehabilitation
5. Rehabilitated **SCI, TBI, STROKE** Patients with international guidelines
6. Was in- charge of overseeing and coordinating the work of Physiotherapists, interns and Students
7. Demonstrated advanced therapeutic handling skills that required dexterity, coordination, and palpation for accurate patient Assessments, treatment and handling.
8. Planned and efficiently supervised the operations of PMR Department
9. Followed the physiotherapy departments equipment policy and reported any repairs or maintenance issues to Biomedical Department

EDUCATION

University of Medical Education, Thevara

2012

BPT

First class

Government Higher Secondary Tripunithura

2007

HSE

85%

SNDP HSS Udayamperoor

2005

SSLC

80

PROJECTS

Case study on Review of Literature on Periarthritis of Shoulder

Case study on Head Injury and Review of Literature

Community based Research on Diabetic population and correlation with balance and quality of Life

REFERENCE



Dr. KM Mathew - "Aster Medcity"

Lead Consultant- PMR Department

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Gireesh Kumar. B - "Aster Medcity"

Chief Physiotherapist

99466 87990

Dr. Murali Vettath - "Aster MIMS, Calicut"

Chief Cardio vascular Surgeon

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