

VAISHNAVY PRAKASH



CONTACT

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Mazhuvancheriyil (H),
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Idukki (Dist.), Kerala.

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vaishnavyprakash1998@gmail.com

LANGUAGES

- English
- Malayalam
- Hindi
- Tamil

HOBBIES

- Drawing
- Singing
- Hearing music

SUMMARY

Well trained dietitian with background to work with diverse populations to improve community health. Wellversed and up to date with the research and applications for nutrition. Detail oriented nature and skills in public speaking, nutritional education and organization ensure that I am capable of helping patients achieve their health goals.

EXPERIENCE

1. **Bangalore Baptist Hospital, Bangalore, Karnataka**

6 months internship. Consulted 10 different Case Studies about various disease conditions and Diet Counselling

EDUCATION

Msc. Clinical Nutrition And Dietetics

Alphonsa College, Pala - 2019 - 2021

Bsc. Family And Community Science

Morning Star Home Science College, Angamaly - 2016 -2019

Higher Secondary

St Mary's Higher Secondary School, kajirapally - 2014- 2016

S. S. L. C

GVHSS kumily - 2014

TECHNICAL SKILLS

- Diabetic Diet Counselling
- Renal Care Counselling
- Oncology Nutrition
- Nutritional Assessment of Patients
- Obesity Counselling for Weight Loss
- Cardiac Health Care Counselling

PERSONAL DETAILS

Date of birth: 27-6-1998

Sex: Female

Marital status: Single

Nationality: Indian

Religion: Hindu ezhava

REFERENCE

Chittranjan Yadav

Senior Dietitian

*Bangalore Baptist Hospital,
Bangalore, Karnataka*

*E-mail:
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Mrs. Rajeswari

Dietitian

*Bangalore Baptist Hospital,
Bangalore, Karnataka*

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KEY SKILLS / STRENGTH

- *Ability to effectively communicate with people inside and outside the organization.*
- *Highly adaptable, active, resilient, self-motivated.*
- *Good leadership quality and negotiation skills.*

PROJECT

- *The different between traditional and modern food habit of school going student in rural area.*
- *Different between nutrient intake in south Indian and north Indian food consumed by individuals in tertiary care hospital.*

SEMINAR

- *Attend Webinar on "Immunonutrition - A Unique Approach in Cancer Treatment"*
- *Attend Webinar on "Grains for Gut Microbiome Health - A Dietary Perspective"*

DECLARATION

I hereby declare that all the statement made in the application are true and correct to the best of my knowledge and belief, and can be supported by relevant documents.

Place:

VAISHNAVY PRAKASH

Date: