

CURRICULUM VITAE

MS. HELNA GEORGE

Oliyapurath House

Chuvannamannu P O

Thrissur District

Pincode 680652

Kerala, INDIA

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OBJECTIVE

To work in a medical facility, where my registered nursing profession is an advantage in catering quality healthcare and humanitarian services to its general clientele.

IN SEARCH OF

A Registered nurse position, where professional along with personal skills can help maximize spiritual growth in the service of God and humanity with complete dedication to my work.

PERSONAL DETAILS

Father's Name	:	Mr. OK George
Mother's Name	:	Mrs. Daly George
Date of Birth	:	19 th June, 1995
Marital Status	:	Single
Religion	:	Christian
Nationality	:	Indian
Languages Known	:	English, Hindi, Malayalam

PASSPORT DETAILS

Passport No.	:	T1825553
Date of Issue	:	26 December 2018
Date of Expiry	:	25 December 2028
Place of Issue	:	COCHIN

PROFESSIONAL QUALIFICATION

Year	Qualification Awarded	Institution / University	Score
2018	B Sc Nursing	Aswini College of Nursing, Thrissur, Kerala, INDIA	66%

ACADEMIC QUALIFICATION

Name of Course	Name of Institution	Name of Board / University	Year of Passing	Percentage
S S L C	St Clares GHSS, Thrissur, Kerala, INDIA	Kerala Board of Secondary School Leaving	2010	75 %
PLUS TWO	Deepthi HSS, Thalore, Thrissur, Kerala, INDIA	Kerala Board of Higher Secondary Education	2013	73 %

REGISTRATION DETAILS

Nursing Council	Date of Registration	Reg. No.
Kerala Nurses And Midwives Nursing Council	06 February 2019	KL03201903588

PROFESSIONAL EXPERIENCE

Period	Institution	Designation	Department
07/01/2019 - 05/03/2021	Max Super speciality Hospital, Saket, New Delhi, INDIA	Staff Nurse	Medical ICU

DESCRIPTION OF THE HOSPITAL

Name of the Hospital : Max Super Speciality Hospital
Location : Saket, New Delhi
Size of Hospital : 532 Bedded
Range of Service : Multispecialty Hospital
Department of Working : Medical ICU

(Medical ICU, Surgical ICU, Multi Transplant ICU, Neuro ICU, Stroke ICU, Neonatal ICU, Pediatric ICU, CCU, CTVS, ICU, Cardiac Cath Lab, Emergency, General Ward Labor Room, Oncology, Day Care, High Dependency Unit, Radiology, CT Scan, MRI Nuclear Medicines, ECHO, Cardiac 07, Neuro 07, Ortho 07 and General OT).

PERSONAL STRENGTH & QUALITIES

- A practical and systematic approach
- Ability to accommodate myself with any joint endeavor
- Ability to motivate and inspire confidence in the team
- Enthusiastic and dedicated to the company's objectives
- Ability to perform under pressure and against targets/deadlines
- Dedicated, work smart
- A 'can do' attitude, a strong aspiration to grow within the institution
- Good communication and interpersonal skills, self-motivated

KNOWLEDGE AND SKILLS

Equipment Skills:

Ventilator, Cardiac Monitor, Defibrillator, Syringe Pump, Infusion Pump, Pulse Oxymeter, Glucometer, Laryngoscope, Suction Apparatus, ECG Machine, Alpha Bed, Digital Blood Pressure Instrument, Digital Thermometer, Nebulizer, BIPAP.

TRAINED TO PERFORM THE FOLLOWING PROCEDURES & FUNCTION

- Cardiopulmonary Resuscitation
- Administration of Medication (Oral, Injection)
- Oxygen Therapy
- Transfusion and infusion Therapy
- Venipuncture
- ECG
- Ryle's Tube Insertion
- Urinary Catheterization (Male, Female)
- Total Parental Nutrition

PROCEDURE

- Endotracheal intubations
- Defibrillation
- Central Line Placement
- C.V.P Monitoring
- Intercostals Drainage
- Percutaneous Tracheostomy
- Insertion of Arterial Cannula

DETAILS OF WORK EXPERIENCE

- Receiving and admission of patient
- Assessment of Vital Signs
- Physical Examination & Diagnostic Evaluation
- Continuous Monitoring of Patients
- Following Physical rounds and carrying out the instruction prescribed
- Assisting for Diagnostics & therapeutic procedures
- Planning and Implementation of patient counseling
- Health Education, Discharge and follow up care
- Maintaining Records and Reports
- In service education

MANAGERIAL SKILLS

- Orientation for patient and relative about the hospital and its functioning of co-ordination.
- With interdepartmental and intradepartmental activities
- Preparation of emergency drugs
- Maintenance of Environmental Hygiene
- Asepsis and infection Control
- Maintenance of Records and Reports
- Maintenance ward inventory and indents
- Supervision of sub-Ordinates
- Laryngoscope with different size of blades, airways, ET tube & tracheostomy tube.

REFERENCE

Mr Shiju K K

Nursing Supervisor, Max super speciality hospital

Saket, New Delhi, INDIA Pin :- 110017 - Ph No:- +91 9711510366

DECLARATION

I hereby declare that the above mentioned information is correct up to my knowledge and I bear the responsibility for the correctness of above mentioned particulars.

Date :

Place :

Helna George