

Resume

STEPHY.P.S

Phone: 8921614440

Alternate: 9495693149

Email:stephyp1998@gmail.com

Address:

Parayil (H)

Nadavaramba. P.O

Thrissur (Dist) Pin: 680661

Education

MSW -Medical and Psychiatry from Christ College (Autonomous), Irinjalakuda, Thrissur.

PG Diploma in M.Voc in Mobile Phone Application Development at CUSAT.

3 Years Bachelor of Vocation in Software Development (B.Voc). From Carmel College, Mala, Thrissur, Kerala (Calicut University, Kerala)

2 years Higher Secondary Education (Class XII) from GMHSS BOYS Irinjalakuda, Board of Higher Secondary Education, Kerala.

2013 S SLC with 85% at GMVHSS Nadavaramba from Broard Examination, Kerala

Technical Skills

Programming Languages	C, JAVA , C#.NET ,J2EE,PHP
Platforms	ANDROID , DotNet
Other Skills	MySQL

Projects

Created a Web site (Discussion Forum) for an IT company in second semester using HTML, CSS, C#.net

Created a Web Application (Online E-learning System) in Fourth semester using JAVA.

Created an Application in Online Doctor Booking Application (QuickDOC) using ANDROID and PHP.

Experience

Worked as PRO at Almas Hospital, Kottakkal in Gynaecology Department and Homecare Department.

Social Work Trainee:

Medical Social Work Trainee in PRS Hospital, Trivandrum

Company name Irinjalakuda municipality

Description Evaluated the structure, function and responsibilities of panchayat, provided psychosocial support to the people after the flood. Provided psychological support to both children and elderly based on Anganwadi. Conducted and coordinated various activities such as awareness classes for children and elderly. Coordinated a programme for the Differently abled children named "Thalir 2019". Coordinated programmes for "PMAY & NULM government projects.

Institute Name National Institute Of Physical and Medicine and Rehabilitation.

National Institute of Physical Medicine and Rehabilitation provides very comprehensive rehabilitation in the areas of physical disability as well as speech and hearing disorders through team assessment and evaluation covering case history, Physiotherapeutic needs assessment, Speech, Language Hearing assessment, considering their Special educational, intellectual and developmental needs. Special school for the systematic development of the kids with special needs. A comprehensive plan made on basis of evaluation, goals are set according to function level and achievement plan made by the rehabilitation team. Attended the training session and therapies in NIPMR.

Company Name Snehitha Gender Help desk - Kudumbashree District Mission

Description

*Management of case history, practice counselling techniques, provide psychological support to both children and women.

*Understood the people especially the children and women who are facing, violence, discrimination, exploitation and abuses.

*Study the state of mind of both children and women.

*Provide support to their family

* Reported their case in logical and appropriate manner.

Medical and Psychiatric social work Trainee: Louise Mount Hospital, Wayanad

Description: * Coordinated and helped the patients, family and other team members, maintain liaison with the hospital team, to make the patient and his family understand the medical problem or disability he is suffering from, in a language patient and his family can understand. * Expertise in taking their case history *Work as a member in

multidisciplinary team * provided and created an awareness about the conditions that they have suffering from.

Counselling

Kerala State youth commission:

Counselling for Covid patients and daily follow-up in Thrissur district.
Covid patient follow-up and patient counselling in Irinjalakuda Municipality.

Programs

Ancy Memorial endowment is instituted by department of social work, Christ college (Autonomous) Irinjalakuda since 2021 in memory of Ancy Varghese(was the student of 2019-21 batch. She bid goodby to the world in a bus accident on Oct 6th 2019 while returning from the 5 day rural camp in Malakapara.). This endowment award is intended for the best emerging social worker of the department of social work every year.

Interests

- x Archery
- x Listening to Music
- x Reading magazines
- x Watching Entertainment programs
- x Backing.
- x Have an interest in working with vulnerable groups especially the street children, and the tribals.
- x Have much interest in identifying people and families in need of help and thereby assess clients' needs, situations, strengths, and support networks to determine their goals.
- x Interest to work with individuals, families or groups,
- x Interest in advocating and develop plans to improve clients' well-being.
- x Interest to help clients adjust to changes and challenges in their lives, such as illness, divorce, or unemployment.
- x Have interest in travelling
- x Have an interest in studying psychiatric illness

Achievement's

5th rank in All India archery competition, Orissa, Bhubaneswar

National conference coordinator, Christ College (Autonomous),Irinjalakuda

NSS best camper from Carmel College, Mala

Social work department -Christ College (Autonomous)Irinjalakuda Got a great opportunity to be the best camp coordinator of a 5 day rural camp organized by Department of Social Work, Christ College (Autonomous)Irinjalakuda on October 2019. Got a memento for the best cam coordinator.

Student coordinator

Social Work Department -Christ College (Autonomous),Irinjalakuda

Selected as a student coordinator for Ancy Memorial Endowment 2020-21.

Personal Profile

Date of Birth : 22-02-1998

Nationality : Indian

Sex : Female

Religion : Christian

Languages Known : English and Malayalam, Hindi, Tamil

Personal Skill : P ositive Attitude, Responsible, Efficient, Self C onfidence a nd G reat Patience Skill in coordinating different activities, Technical skill, Leadership skill, Strong Work Ethic, Problem solving skill.

Permanent Address : Parayil (H)

Nadavaramba PO

Thrissur 680661

Mobile: 8921614440, 9495693149

Email : stephyp1998@gmail.com

References

Saijith N. S

Assistant Professor

+919995463935

saijithnsasidharan@gmail.com

Christ College (Autonomous), Irinjalakuda