# **ARYA SUBANTHU**

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# **OBJECTIVE**

To grow with a leading organization that utilizes my abilities to the fullest extent possible, helping me realize and develop my potential and be a part of a team that scales great heights through continuous learning process and dedication.

# EDUCATIONAL BACKGROUND

| Qualification  | Board, University and year                                  | Institution  |
|--|---|--|
| MASTER OF PHARMACY (PHARMACY PRACTICE) (GPAT QUALIFIED -97.7%) | Kerala University of Health Science (KUHS) (2019-2021)      | GOVT. COLLEGE OF<br>PHARMACEUTICAL<br>SCIENCES ,GOVT<br>MEDICAL COLLEGE<br>KOZHIKODE |
| BACHELOR OF PHARMACY   | Kerala University of Health<br>Science(KUHS)<br>(2015-2019) | MAR DIOSCOROUS COLLEGE OF PHARMACY SREEKARYAM P O, TVPM                              |
| 12 <sup>TH</sup> CBSE  | CBSE (2015)   | MGM MODEL<br>SCHOOL ,AYROOR<br>VARKALA PO ,TVPM                                      |
| 10 <sup>th</sup> CBSE  | CBSE (2013)   | MGM MODEL<br>SCHOOL ,AYROOR<br>VARKALA PO ,TVPM                                      |

# **PROFESSIONAL EXPERIENCES**

## > GOVT MEDICAL COLLEGE .KOZHIKODE

- Performed **Tablet dilution for paediatric patients** for 2 years in the pharmacy practice lab
- Completed posting in various clinical pharmacy services, Store management, Patient counselling, ward postings, Case analysis, ADR management, causality assessment, Dispensing

• Performed data entry and various other duties in wake of covid-19 at **Medical** college and covid control room

#### > COSMOPOLITAN HOSPITAL TRIVANDRUM

- Received an opportunity for training as a pharmacist *Cosmopolitan hospital*, *Trivandrum* in various fields such as
- Dispensing
- Store Management
- Patient counseling and leaflet preparation
- **BABA DRUG HOUSE ,KOZHIKODE**
- Previously worked as Purchase Incharge at Baba drug house , Malaparamba Kozhikode, Kerala

#### SKILLS AND ABILITIES

- ➤ Skilled in Medication error reporting, ADR monitoring, Causality assessment, Detection of Drug interactions, Dispensing medicine
- ➤ Knowledge in Various medical data bases
- Medication reconciliation, Prescription Auditing, Antibiogram preparation
- > Interested in Antibiotic stewardship
- ➤ Computer Basics.
- ➤ Microsoft (Word, Power point, Excel).
- ➤ Well versed with internet browsing and Good Typing skills
- ➤ Good communication and interpretative skills

#### **PROJECTS**

- PROJECT B PHARM "ANTICANCER ACTIVITY OF WITHANIA SOMNIFERA" as
  a part of the requirements for the completion of degree course.
- PROJECT M PHARM "KNOWLEDGE ATTITUDE AND PRACTICE ON COVID -19 AMONG STUDENTS AND HEALTH WORLERS
- ➤ ACHIEVEMENTS
- Qualified **GPAT** 2019 with 97.7 percentage

## **SYMPOSIUM ATTENDED**

- A three day workshop on **Research methodology and bio-statistics using SPSS software** (2020) organized by National college of pharmacy, Mannassery in association with GITS academy, Bangalore
- A two day National level online conference on "innovations in pharmaceutical and biologicals sciences" organized by sydus publishing, kerala ,India in assosciation with kallinga biomedical research institute and training establishment ,sabalpur ,odisha

- ➤ One day webinar on "ROLE OF PHARMACISTS IN PREVENTING DRUG ABUSE" organized by Marri laxman reddy institute of pharmacy
- ➤ "Two days workshop on the occasion of pharmacovigilance week 2021" organised by ACPI AND climed research solutions in assosciation with NIPER ,Hajipur

### PAPERS PUBLISHED

- COVID-19:A REVIEW ON POST COVID-19 MANIFESTATIONS AND COMPLICATIONS, published in journal of drug delivery and therapeutics, volume 09, issue06,2021
- COVID -19 :A REVIEW ON COVID -19 VACCINES IN INDIA , published in journal of drug delivery and therapeutics, volume 09,issue 09,2021
- A REVIEW ON CONSEQUENCES OF SELF MEDICATION, published in journal of drug delivery and therapeutics, volume 09,issue 06,2021
- BREAST CANCER: A REVIEW ON THE ROLE OF MiRNAS IN DISEASE PROGRESSION AND DRUG RESISTANCE, published in journal of drug delivery and therapeutics, volume 09, issue 06,2021
- A REVIEW ON IMPACT OF PSYCHOLOGICAL STRESS IN IMMUNOLOGICAL RESPONSES IN DIFFERENT PSYCHOLOGICAL AND PATHOLOGICAL CONDITIONS, published in journal of drug delivery and therapeutics, volume09, issue06,2021
- OBESITY AND COVID-19-TWO INTERCONNECTED PANDEMICS, published JDDT, volume 09, issue 06, 2021
- A REVIEW ON CHILDHOOD OBESITY, published in JDDT, volume 09, issue 06, 2021
- A REVIEW ON VARIOUS GASTRO INTESTINAL EFFECTS OF MENTAL STRESS AND MANAGEMENT, published in JDDT, volume 09, issue 06, 2021

#### AREA OF INTEREST

- Clinical Pharmacist
- Dispensing pharmacist
- Production and manufacture
- Pharmacovigilance ,regulatory affairs ,quality control
- Clinical research

## PERSONAL TRAITS

- Optimistic
- Quick learning
- Adaptability
- Helping Mentality
- Leadership quality

#### PERSONAL PROFILE

Name : Arya subanthu

Father's Name : G subanthu
Date of Birth : 29/10/1997

Gender : Female

Blood group : O negative
Marital Status : Unmarried

Nationality : Indian
Passport number : P0621591

Permanent Address : Krishna mandiram Esi junction

Parippally po kollam, kerala

Pin: 691574

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## References

• **Mr. Sreejith k**, Assistant professor, college of pharmaceutical sciences, government medical college Kozhikode, Kerala, India

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# LANGUAGE PROFICIENCY

Speak : English, Malayalam

Read & Write: English, Malayalam & Hindi

## **DECLARATION**

I assure the details provided by me are true to the best of my knowledge.

**ARYA SUBANTHU**