

CURRICULAM VITAE

SHAHINA. K
KORATTIYIL (HOUSE)
PULAMANTHOLE (PO)
MALAPPURAM (DT)
PIN – 679 323, KERALA, INDIA
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OBJECTIVE

To be able to work in a highly specialized hospital and to promote my own professional development in terms of education, skills and attitude as to maintain current trends and practices.

PERSONAL DETAILS

Age & Date of Birth : 37Yrs, 15-04-1984
Sex : Female
Father's Name : Mohammed .K
Nationality : Indian
Marital Status : Married
Religion & Caste : Islam, Muslim
Languages known : English, Hindi & Malayalam
Pan : BVSPS2022N
Adhar No : 543067509782
Passport No : V5017212
Passport Date of Issue : 08-12-2021
Passport Date of Expiry : 07-12-2031

PRESENT RESIDENCE ADDRESS : Quarter No: A9/35. Hindustan Newsprint Limited, Newsprint Nagar P.O, Velloor Kottayam, India, Pin – 686616

PERMANENT ADDRESS : Korattiyil House, Pulamanthole P.O Malappuram Dts, Kerala, India Pin - 679323

EDUCATIONAL QUALIFICATIONS

: **PBBSC Nursing** (November -2020) NETAJI COLLEGE OF NURSING, MANGALORE, RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALORE, KARNATAKA – 560041

: **Diploma in Nursing (GNM)** AL- SHIFA School of Nursing, Perinthalmanna, Malappuram, Kerala.
Board of **Kerala Nurses and Midwives Council**, Thiruvananthapuram

- : Passed **Plus two** from P.T.M.Y.H.S.S
Eduppalam, Palakkad, Kerala.
- : Passed **S.S.L.C** from Govt. H.S.S Pulamanthole,
Malappuram, Kerala.

PROFESSIONAL ELIGIBILITY

- Registered Nurse : Registration with Indian Nursing Council and
Kerala Nursing Council.

PROFESSIONAL EXPERIENCE

1. AL. SHIFA HOSPITAL (PVT) LIMITED, PERINTHALMANNA, MALAPPURAM, KERALA, INDIA from 7th February 2005 to 28th April 2007.

- Period of Work : From 7th Feb 2005 to 28th April 2007
- Concerned Department : Neuro Medical intensive care unit (2 years),

2. HINDUSTAN NEWSPRINT LIMITED HOSPITAL, INDIA FROM 30TH MAY 2007 TO TILL THE DATE.

- Period of Work : 30th May 2007 to 6th November 2018
- Concerned Department : HINDUSTAN NEWSPRINT LIMITED (INDUSTRIAL
HOSPITAL, DEPARTMENT CASUALTY

3. Post Basic BSc Nursing has no experience.

EQUIPMENT USED

✚ Ventilator	x	ECG
✚ Pulse Oxymeter	x	Infusion pump
✚ ICU monitor	x	Steam Inhaler
✚ Defibrillator	x	Glucometer
✚ CVP monitor	x	Humidifier
✚ Suction Apparatus	x	CPAP machine
✚ Nebulizer	x	Ambu
✚ Computer	X	Closed suction system
✚ ABG Machine	x	AED
✚ NIBP	x	Splints

JOB DESCRIPTION

As a Staff Nurse:

- Asses the physical, surgical, neurological & psychological condition of the patient.
- Maintenance of good nurse – patient relationship including orientation of patient to the unit or room and patient family education
- Patient assessment of intravenous fluids and inotrops (e.g. TPN, Dopamine and NTG etc)
- Administration of medications in time (e.g. OD,BID, TID, QID, State SOC)
- Monitoring CVP
- Central line Care
- Tracheotomy care of the patient (e.g. Suctioning, Tracheotomy dressing)
- Care of pressure sore (EG. Frequent back care and positioning)

- Maintenance of Physical, Social, Psychological, Spiritual and rehabilitative needs of the patients(e.g. Religious guidance)
- DVT prophylaxis
- Colostomy care
- GCS monitoring and close neuro observation
- Steam inhalation
- Nash Gastric and PEG tube feeding
- Traction care
- Care of ICD drainage
- Blood transfusion
- Gastric – gavage / Lavage, catheterization, continuous bladder irrigation, rectal
- Wash, enema, bladder wash, surgical dressing, care of EVD drain.
- Sample collection (E.g. Blood arteries, Veins, Urine Sterile /routine,/24 hours, Throat etc)
- Supervision & orientation of student& new trainees

PROCEDURE ASSISTED.

- Endotracheal intubation
- Defibrillation
- Echo cardiogram
- Central Line Insertion
- ICD insertion
- Lumbar puncturing
- Bronchoscope
- Bone marrow aspiration
- Temporary pase maker implantation
- Ultrasound Guided Aspiration
- M.R.I, C.T. Scan
- Suprapubic Catheterization
- Endoscopy

CASES HANDLED

Neurology & Neuro Surgery
 Emergency & Cardiac Care
 Nephrology
 Gastro Enterology
 Orthopedics
 Urology

SEMINARS / MEDICALS TRAINING

BASIC LIFE SUPPORTS

September 2005
 Malabar Institute of medical Science, Kozhikode, Kerala, India.

PROFESSIONAL REFERENCE

1. Dr. NJ LATHA
Chief Medical Officer
Hindustan Newsprint Limited Hospital, Velloor, Newsprint Nagar,
Kottayam, Kerala, India.

2. Dr. K.K Latha
Senior Medical Officer
HNL Hospital
Newsprint Nagar, Velloor
Kottayam, Kerala, India.
PH: 04829 256211
Mob: +91 9446042555

DECLARATION

I hereby declare that the above particulars are true and correct to the best of my knowledge and belief.

Place: Velloor

Date: 18-02-2022

SHAHINA. K