



# MEENU NIXON

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## OBJECTIVES

College graduate seeking a position with an opportunity for professional challenges in the field of Nutritionist, Dietitian, Food Safety and Hygiene, Food Quality Control and Assurance.

## EXPERIENCE

9/2019 - 10/2019

### Internship

At **Merit Biolabs**

Hand in experience in food and microbiology lab in the field of Microbiology, Biotechnology and Biochemistry techniques.

5/2020 - 6/2020

### E-Internship

At **Institute of Health Intelligence And Research**

• E-Internship program in Clinical Nutrition which help enhanced many nutritional aspects. • Provided case study on different areas of nutritional concerns

9/2021 - Present

### Observer Trainee in Clinical Nutrition and dietetics

At **Rajagiri Hospital**

## QUALIFICATIONS

6/2016 - 3/2019

### BSc. Home science

From **St. Teresa's College**

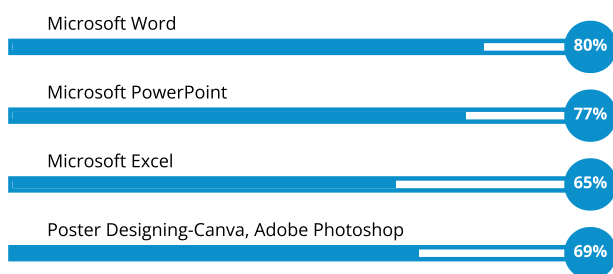
6/2019 - 3/2021

### MSc. Food Science and Nutrition

From **St. Teresa's College**

## SKILLS

### Technical Skills



### Management Skills

- Time Management
- Punctuality
- Team work
- Listening and Communication
- Leadership

## PROJECTS

10/2018 - 3/2019

### Gadget addiction among college students and means to curb there addiction

Objective of the study is to find the effect of gadgets on family, social life and academics and means to curb there addiction

10/2020 - 5/2021

### Study on the consumption pattern of millets in South India

[http://www.ijaresm.com/uploaded\\_files/document\\_file/Ms.Meenu\\_Nixon\\_Dr..Anu\\_Joseph\\_uNpH.pdf](http://www.ijaresm.com/uploaded_files/document_file/Ms.Meenu_Nixon_Dr..Anu_Joseph_uNpH.pdf)

The present study was carried out as part of the post graduate dissertation with the objective of determining the current trend in the consumption pattern of millets in different regions of South India, consumer acceptability, awareness on the availability and the health benefits of millets. This paper is published in the International Journal of All Research Education and Scientific Methods (IJARESM).

## ACHIEVEMENTS

2/2021

### Diabetes Educator

From **Dr. Mohan's Diabetes Education Academy (DMDEA), Indian College of Physicians (ICP) & Indian Academy of Diabetes (IAD) for Diabetes Educator**

Completed and received certificate for the 6 month online training under National Diabetes Educator Program (NDEP) to qualify as Diabetes Educator.

2/2021

### Highfield Level 3 Award in HACCP for Food Manufacturing (RQF)

From **Highfield Qualifications**

2/2021

### Manufacturing (Level 2) & Covid-Food Safety Supervisor

From **FSSAI- FoSTaC**

Training in Food Safety Supervisor conducted by Kerala Food Technologist Association (KEFTA)

10/2020

### Public Health and Nutrition on IYCF

From **Ministry of Women and Child development Government of India. (National Institute Of Public Cooperation and Child development).**

Successful completed and secured A grade and certificate in online certificate course on Infant and Young Child Feeding

10/2020

### FSSAI Covid-19 FoSTaC Training on Food Safety Awareness and Training Organisation

From **FSSAI**

Received fssai certificate for participation online training on guidelines for food handlers

7/2020

### Prevention of Type 2 Diabetes

From **IDF School of Diabetes**

Acquired 1 European CME credit certificate

8/2020

### Adolescent Nutrition and Anaemia Course

From **Nutritional International**

5/2020

### Nutrition and lifestyle during pregnancy

From **Early Nutrition Academy**

Participated and complete unit in e-learning activity in Nutrition and lifestyle during pregnancy, maternal and fetal growth and development and received 2 Europe CME Credits and 3 German CME Credits

## LANGUAGES

- English**  
Intermediate
- French**  
Basic

- Malayalam**  
Expert

## INTERESTS

- Art and Craft Work
- Indoor and outdoor games
- Travelling
- Stitching and Embroidery
- Reading books

## PERSONAL INFORMATION

<b>Father's Name</b>	Thomas Nixon	<b>Date Of Birth</b>	4/5/1998
<b>Nationality</b>	Indian	<b>Religion</b>	Christian
<b>Marital Status</b>	Single	<b>Website</b>	<a href="https://www.linkedin.com/in/meenu-nixon-a61056190">https://www.linkedin.com/in/meenu-nixon-a61056190</a>

## REFERENCES

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