

NANDU KRISHNA E B

PHYSIOTHERAPIST



PERSONAL SKILLS

Positive attitude in the face of adversity
Good communication skills
Good patient handling skills
Highly self motivated
Hardworking
Leadership qualities
Strong clinical assessment skills
Innovative

CONTACT

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REFERENCES

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Mr. SIJU MON

Chief Physiotherapist
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CAREER OBJECTIVE

To strive for excellence in the field of physiotherapy with dedication, focus, proactive approach, positive attitude and passion and to utilize my knowledge and skills in the best possible way for the fulfillment of organizational goals.

EDUCATION

BACHELOR OF PHYSIOTHERAPY -

Kerala University of Health Sciences
Medical Trust Institute of Medical Sciences, Kochi
Secured 61%
(2016-2021)

HIGHER SECONDARY -

Board of Higher Secondary Examination,
Kerala Viveka Chandrika Sabha higher secondary
school, Puthenvelikkara Kerala, India
Secured 88%
(2016)

HIGH SCHOOL -

State Board of Secondary Education, India
Viveka Chandrika Sabha higher secondary school, Puthenvelikkara,
Kerala
Secured 87%
(2014)

EXPERIENCE

RENAI MEDICITY HOSPITAL KOCHI

Intern (August 2021-November 2021)

MEDICAL TRUST HOSPITAL KOCHI

Intern (December 2021 -February 2022)

Being part of the personnel and experienced in state of the art diagnostic and medical equipment in a multi speciality hospital covering different specificities and departments including general medicine, intensive care in specified departments on neuro-cardio-and orthopaedics, participated as medical staff for a variety of sports oriented tournaments including Indian super league, La Liga (held in India) etc.

CERTIFICATIONS

- Participated in Symposium on PHYSIOTHERAPY UPDATE IN CRITICARE 2019, conducted at MTIMS.
- Participated in symposium on "OVERVIEW OF RECENT APPROACHES AND ITS EVIDENCE IN NEURO REHABILITATION" held at KMCT KOZHIKODE 2019.
- Participated in a 2 day HANDS-ON workshop on "Therapeutic Taping for Common Musculoskeletal Conditions" held at MTIMS College of Physiotherapy, Kochi on 7th- 8th February 2020.

OTHER EXPERIENCE AND ACHIEVEMENTS

- During clinical postings got hands on experience in managing "DIFFERENTIALLY ABLED CHILDREN OF JANEY SPECIAL SCHOOL, EROOR".
- Expertise in examining, diagnosing and planning treatment programs during various Medical Camps conducted by Medical Trust Hospital.
- Part of on field medical team for various International/National/State level sports events.
- Toyota Yaris LaLiga World Football Tournament 2018
- Hero Indian Super League 2017-2018
- Hero Indian Super League 2018-2019
- Kerala Premier League football 2018
- Kerala Premier League football 2022
- Spice Coast Marathon 2017 & 2018
- Ernakulam District Badminton Championship 2018
- Kerala Football under 19 Youth League 2017-2018
- "MUNSHI" CBSE athletic meet 2018
- Cochin Premier League Football 2018
- DUSKATHON Marathon race Kuzhupally 2018
- 10`th All India Police Badminton Championship-2017
- Pro Volleyball Tournament 2019
- Done a project on "Effect of Resistance Exercise on Generalised Anxiety Disorder Among College Students"

MODALITY KNOWLEDGE AND EXPERIENCE

- Therapeutic taping
- Exercise therapy regimens and group exercise programmes including aerobics and strengthening exercises.
- Competent in administering wide range of physical therapy skills and programmes.
- Electrotherapy modalities and modality based rehabilitation.

ADDITIONAL

- Enthusiastic towards sports, enjoys travelling, engaging in different cultures, experiencing everything life has to offer while at the same time being humble and morally bound.
- Fluent in English, Malayalam, Hindi and Tamil.

PERSONAL DETAILS

- DOB 06 July 1998
 - Age 23
 - Address- Erezhath House, Puthanvelikkara PO, Ernakulam, Kerala, India - 683594
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